

Union Depot, Winnipeg, Man.



CN Pensioners Association of Manitoba

www.cnpensioners.ca

Winter 2011

Special Points of Interest:

- Outreach Report
- Family Day 2011
- Message from Harvey
- CNR Golf Tournament at Gilbert Plains & Memorial Fountain
- Christmas Luncheon

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President's View—Ron Davis

A recent assessment of the Defined Benefit Pension Plans in Canada, such as our pension plan, indicates that more than 80% of these plans are in a deficit position. As of December 31st, 2010, our pension plan has a solvency ratio of 101%. Simply put, this means that the Pension Plans assets exceed its liabilities at the valuation date.

The CN Pension Committee meets at least four times a year to oversee the activities of the CN Pension Plan. The committee's main duties are to review the financial, actuarial, and administrative aspects of the CN pension Plan. The Committee also approves the amount of, and eligibility for all pension benefits to which plan mem-

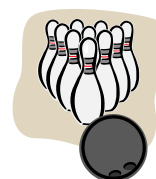
bers and eligible spouses are entitled under the pension plan rules. The Committee also makes recommendations to the CN Board of Directors relating to the use of any balance available in the Escalation Account in excess of 10% of the pensioners' and other Inactive Members' actuarial liabilities, for the benefit of pensioners. Actuarial liabilities are the funds required to meet all future pension plan benefits (pensions) due Plan members and their survivors. As well the Committee makes recommendations to the Board of Directors relating to the use of any balance available in the Improvement Accounts for the benefit of active employees.

Change of Address

If you have recently moved, please contact the CN Pensioners Help Line at 1-800-361-0739 to give them your new address. Please have your PIN / SRB ready.

You can also call our Membership Chair, Wayne Zaharia at 694-5133 to update our local records. However, it will still be necessary for you to contact The Help Line.

Bowling— CNPA Mixed 5-Pin League every Thursday at 10:00 at Mosienko Lanes. To join or to spare, please call Marge Jacobson at 222-6012.





Executive Council 2011—2012

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National Council Directors

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Janet Lewis Anderson
Ron Davis, Past President

Membership Report—Wayne Zaharia

As of November 7th, 2011 membership is as follows:

Payroll Deduction	3,625
Fees Paid by Cheque	187
Total Paid Membership	3,812

Welcome to the following new members:

Berry, Heather	Hutchings, Linda	McKay, Bob
Bonin, Gloria	Jensen, Kris	Michasiw, Gerry
Czarnecki, John	Kane, Ian	Penner, Mary
Egan, Mabel	Kreamer, Bruce	Plamondon, Odile
Gardner, G. E (Betty)	Krysko, Ivan	Richard, Norma
Gieze, Randy	Kuzina, Gordon	Scarff, Helen
Hooper, Glenn	Legros, David	Stanger, Eileen J.
Husak, Stan	Lucko, Florence	Uhrich, Darrell
	Mankoo, Tarsem	Yarema, Ron

It's that time of the year for cheque paying members. Your 2012 fees are due. I would appreciate you signing up for pension cheque deduction of \$1 a month. This makes it easier for me by saving time inputting data into our membership data base, taking cheques to the bank and informing National Council of members paying by cheque. It saves you time in not having to make out application, envelope and buying stamps but most importantly you don't have to wonder did I pay my membership or not. It's quick and easy to do – just give me a call at 694-5133 and I will make the necessary arrangements for you. Thanks very much.

REMEMBER, if you move please let me know.

Special Events Report—Linda Schram

Wednesday, December 7th, 2011 (Merry Christmas)—Christmas Luncheon at the Masonic Centre. Tickets are \$18.00 and are available by calling Linda at 255-5636. Cutoff for ticket purchase is November 29th.

Note: There will be no meeting at the Norwood Legion in December.

Wednesday, January 4th, 2012 (Happy New Year)—Regular meeting. The topic for our speaker will be the Manitoba Primary Caregiver Tax Credit.

Wednesday, February 1st, 2012—Regular meeting. Our guest speaker will be from Manitoba Hydro.

National Council 2010-2011

President—David Simpson

1st V.P.—Reg Hebert

Treasurer—Bruce Peacock

Secretary—Wayne Greenland

Past President—Ron Davis

Liaison Officer—Peter Maslak

Editor—Sandra Barnes

Directors:

Atlantic Region

Reg Hebert, 1st VP—Mctn

Walter Agnew— Moncton

Bruce Peacock, Treasurer—Mctn

Wayne Greenland - Mount Pearl

Quebec Region

Jean-Noel Cloutier, VP— Jonquiere

Claude Lyonnais—St. Hubert

Yves Bourdon—Boucherville

Ontario Region

James Houston, —Sarnia

David Simpson—Stirling

Peter Maslak—London

Prairie Region

Carson Hull, VP—Wpg

Gary Heasman—Saskatoon

Janet L. Anderson—Wpg

Mountain Region

Butch Whiteman, VP—Edm

Chuck Lewis— Coquitlam

Sig Poeppel— Kamloops

Publicity Chair—Harvey Hosfield

Family Day—Saturday, Sept 17th, 2011

Family Day at Symington 2011 was a smashing success again. With no rain to mar the festivities, many guests were on hand to enjoy all the activities.

CN's "Obie" was on hand again to chauffeur guests. Vans and a school bus were also available to take folk where they wanted to go. Two diesel units which ran from 11:00 to 16:00 hours, ferried people from 'M Building' to Marion Street. The Silent Auction included 135 gift bags of fabulous prizes as well as a round trip for 2 to Toronto donated by VIA Rail valued at \$5,000. Other tours included the opportunity to use the 'belt pack' to control a switching engine, or you could listen to a live band near the tented area or visit the display put on by the CN Police. CN Shopping bags and 500 soccer balls were handed out as well as CN cups and more for those waiting at M. Building.

There were 2,700 meals served, catered again by 'Danny's Whole-Hog', 1,104 candy floss, coffee, soft drinks and water along with ice cream, and was enjoyed by all.

125 active volunteers were on hand to help set up the huge tent as the wind tried to take it away. 25 retirees also lent a hand where needed. Volunteers were needed to set up 100 tables plus chairs had to be set up for the hungry crowd as well as for the silent auction. Everything had to be broken down and stored for future events so the younger hands were necessary and welcomed.

Congratulations to Georgina Fraser, winner of the VIA Rail trip!

\$8,750 was raised for the Children's Hospital Foundation of MB as well as \$3,250 for the United Way of Winnipeg. Many thanks to CN for hosting this fabulous event!

Note: Family Day is not open to the Public, only the immediate family members of the actives their children also the retirees and their grand-children are welcome.



Thanks to all the Pensioners who helped make this year's Family Day another rousing success: Janet L. Anderson, Bert Andrews, Bill Cameron, Philip Carol, Rose Chapman, Lyle Corbet, Gary Davis, Ron Davis & wife Velma, Myrtle DeReuck. Chris Evans & Betty Thiessen, Harvey Hosfield, George Lintick, Mel Martin, Patrick McMullin, John Mozol, Chontel Paterson, Bill Reilly, Mel Rusiecki, Gordon Stein, Henry Telenko, Brent Tingey, Roger VandeVyvmere, Diane Walton, John Yarema, Flo Lucko. My apologies if I have left anyone out.

Harvey

Outreach Chair's Report—Rose Chapman 832-1105



Outreach Committee

Hank Gosselin	255-2722	George Lintick	254-1032
Linda Ksionzek	669-8308	Mel Rusiecki	255-1361

Please contact any member on the Outreach Committee with information on pensioners who are hospitalized, or ill at home, and on those who have had or will be celebrating special birthdays or milestone anniversaries.

To those previously mentioned on our Sick List, we hope that you are feeling much better. To those who are currently ill or still experiencing health problems, please know you are in our thoughts. The membership joins us in extending Best Wishes for a speedy recovery.

We have received reports and updates on the following Pensioners since the last newsletter: (* denotes member)

- John Almdal* has had a complete right shoulder replacement. He is doing well.
- June Brychka, wife of Bill Brychka* of Dauphin is home from hospital and is feeling better.
- Brian Croxford* had quadruple bypass surgery this spring. He is home and doing well.
- Harry Cummine* had heart bypass surgery in early November.
- Eila Gill, wife of Bob Gill* is home from hospital and doing as well as can be expected.
- Gary Kesterke* had hernia surgery in mid-October. He is recuperating at home.
- Larry Lange* is recuperating at home after emergency heart surgery. He is doing well.
- Karl Olafson* is home after a lengthy stay in hospital. He is feeling much better.
- Mike Prokopchuk* suffered a stroke recently and is now in Deer Lodge Centre.
- Donna Stevenson* is still recovering from gall bladder surgery, but is feeling better.
- Roger VandeVyvere* was in hospital due to breathing problems. He is feeling better.

A reminder: For those who need immediate health care for minor accidents, pain and illness, to keep in mind that the Misericordia Health Care Centre at 99 Cornish Avenue, has an Urgent Care Walk-in Clinic that is open 24 hours a day, 7 days a week. The switchboard number is (204) 774-6581. Also, if you aren't sure what you should do when a medical problem arises, call the 24-Hour provincial Health Links-Info Santé number for advice at 788-8200, or toll free 1-888-315-9257.

Birthdays and anniversaries:

Do you know of a Pensioner who will be turning 100 years old? CN will now automatically be sending out a card or letter in honour of the birthday. However, if a special event is planned to celebrate this milestone birthday, please contact anyone of the National Council Directors well in advance of the event. He/She will in turn contact CN to arrange for a special gift from the CN Pension Committee.

Birthday of the Month Winners:

August—Jeannette Grzadka; September—Elmer Pawliuk; October—Mike Dubeck; November—Dennis Brown.

50/50 Winners: June: Linda Schram, Garth Pidhirney, Mel Martin, Gary Taylor.
September: Jeanette Grzadka, Don McKenzie, Roger Comte, Frances Boon
October: Gene Milani, Bill Riley, Tom Nicholl, Sarah Scott

Birthdays and Anniversaries: Congratulations and best wishes for many more years of good health and happiness to the following:

Wilfred Dickey*	celebrated his 89 th birthday on September 3 rd
Nick Hanuschuk*	retired locomotive engineer, celebrated his 75 th birthday on August 2 nd .
Bonnie Kasper	celebrated her 70 th birthday on October 24 th .
Wayne Kasper*	celebrated his 70 th birthday on October 20 th .
Nellie Serofin*	celebrated her 95 th birthday on September 13 th .
Bill Saydak*	celebrated his 85 th birthday on October 19 th .
Stan Siwik*	will celebrate his 85 th birthday on October 8 th .
Dennis* & Beverley Archer	will celebrate their 50 th wedding anniversary on December 15 th .
Dale* & Carol Brown	celebrated their 50 th wedding anniversary on June 24 th .
Sid* & Cathy Garvie	celebrated their 50 th wedding anniversary on September 29 th .
Kal* & Marilyn Juvonen	celebrated their 50 th wedding anniversary on November 3 rd .
Wayne* & Bonnie Kasper	celebrated their 50 th wedding anniversary on October 14 th .
Jack* & Isobel Melville	will celebrate their 50 th wedding anniversary on December 9 th .
Stan* & Leona Siwik	celebrated their 63 rd wedding anniversary on October 1 st .

Obituaries: The following pensioners have passed away since the last report (* denotes member of the Manitoba Pensioners' Association).

Allan Baerr*	Jack Hicks	John Prendergast*
Tony Baricz	Basil Hodgson*	John Pronovost*
Ron Baron, son of Archie Baron*	Cal Hunter*	Kenneth Redding*
Len Bonin*	Teresa Kanowicz	Germaine Ruta
Joseph Boros	Ilona Kaposi	Eric Rydman*
Harold Burgess	Irene Kashak*	Domenico Silvani*
John Bzovey*	Harold Kelly*	Ada Smart
Margaret Caux*	Rudolph Kristalovich*	Thomas Smeall
Frank Cechvala*	Olbert Langrud, (father-in-law of Ernie Borowski*)	Gordon Stanger*
Olga Chorney*	Evelyn Malashewski*	Lillian Stewart
Agnes Collier*	Ethel Man	Alma Stordeur*
John Conway*	Pauline Marshall*	Shirley Swanson
Norman Anderson*	Lorraine McArthur, (wife of Don McArthur*)	Laura Switzer*, (sister of Willaim Carroll*)
Murray P. Crellin*	Beatrice McKenzie	Jaroslav (Russ) Sych
Annie Cychmistrak	W. Henry McMillan*	Nellie Tanchuk
Murray Devenny*	Allistor Mills*	Robert Thomas*
Gwen Dunn	Leonard Morgan	Walter Tyshko*
Henry English*	Jim Paradis*	Mary Wachal
Audrey Foot*	Clinton Park*	Helen Wojtowicz
Elizabeth Gibb*	Elise Pedersen	Peter Wowchuk*
Walter Goshulak*	Onufrey Pekarsky	Evelyn Wynes*
Mary Gunn	Yolanda Pielli	Kateryna Zahoroda
John Hall*	E. Sid Piper*	John Zieminski*
Fred Harvey*		Anna Zubatyi

The CN Pensioners Association of Manitoba extends our sincere condolences to the family and friends of the deceased.



From The Editor's Desk—Janet Lewis Anderson

Well here it is—my first newsletter since taking this task over from Harvey Hosfield. I do hope you enjoy it — I have taken the liberty to make a few visual changes. Your suggestions are always welcome of course. I would be remiss if I didn't extend a huge thank you to Harvey for his many years of dedicated service—especially in putting this newsletter together. It doesn't just happen, but instead takes a lot of work. So thank you Harvey for a job well done!

A further note about our Bursary Winners 2011. We are delighted to have received a photo of one of our winners — Amy Stenhouse. Thank you Amy and again congratulations and continued success!

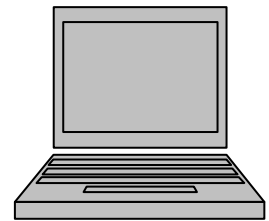
We hope to have a photo of our other winner, Melissa Cavanagh in our next edition. Melissa is the granddaughter of Alice Bugera, widow of the late Pete Bugera of Vita, MB. Congratulations and Best Wishes to Melissa!

Newsletter On Line—www.cnpensioners.ca

Wondering how to access the newsletter on our website? Go to our website then click on the Publicity page. On the right hand side of this page, you will see a link to "Members Only". Click on that. A pop up screen will appear requesting a username and password. Username name for everyone is: cnpamb; Password for everyone is: newsletter. Once you hit enter, it will take you to the Members Only page with links to several editions of the newsletter. If you wish to see an older version that is not shown, please just contact Janet.



Amy Stenhouse
Bursary Award Winner 2011



The Travel Corner

- Shooting Star Casino Trip Feb 2012— Contact Albert Delbaere at 256-8419 for details.
- Caribbean Cruise with Janet & Bruce Anderson March 18th—April 1st, 2012.
- Mediterranean Adriatic Cruise with Ken & Liz Carroll May 30th—June 12th, 2012.
- New Zealand & Australia Cruise with Ken & Liz Carroll January 27th—March 4th, 2013.

For more information about the above 3 cruises, contact Bev Harbour at Carlson Wagonlit Travel, 336-7240 or toll free at 1-800-661-3193.

Sub Group Get-Togethers

- The CN Locomotive Engineers meet for breakfast at the Canad Inn, Elizabeth Road at 8:15 a.m. First Wednesday of the month. Call Don Bailey at 284-3516.
- The Carmen breakfast group meets on the first Wednesday of each month at the Canad Inn Transcona at 8:00 a.m. Contact Stuart Dunlop at 453-2330.
- Transcona Car Dept Supvr's lunch is the last Tuesday of the month at the Belgian Club. Contact Butch Tideman at 222-2804.
- More info can be found in the Fall 2011 Newsletter or our website.

Dauphin Connection

The annual CNR Golf Tournament was held at the Gilbert Plains Country Club in Gilbert Plains this past August. The event consisted of 46 golfers which included CN employees, 13 retirees, families and friends. As usual, there were many good old railroading stories shared amongst the players bringing back some wonderful memories. Everyone enjoyed the day, the golf course, and an excellent meal!

At the tournament this year, a beautiful fountain was presented in memory of Jeff Van Alstyne, a retired CNR Conductor and one of the organizers of the annual CN Tournament. The fountain is a great addition to the beauty of the course and a very special honor to the memory of Jeff. Marilyn Van Alstyne and Family wish to thank all the CN employees and CN organizations who made this fountain a reality.



A Note From Harvey Hosfield

I'd like to take this opportunity to thank all of you for letting me come into your homes by this Newsletter.

The Executive members of our local organization who so generously contributed their monthly reports that made this Newsletter acceptable to so many of you out there.

It's been an honour to be able to express my views on issues that affect us CN Pensioners and by representing you as a Director of the National Council of CN Pensioners Association for many years.

It's been not only interesting for me, but a learning experience and a chance to meet many CN Pensioners from all over the country.

On one occasion having lunch in the CN President's dining room in Montreal and "hob-nobbing with the movers and shakers" of CN at the highest level.

I couldn't have met a nicer group of people coming from as far away as Newfoundland to Vancouver Island and I found that as a CN pensioner we had a lot in common.

Having lunches and dinner with most of the group of 17 N.C. Directors one would think a person would get tired of seeing each other. **Not so!**

Thanks again Harvey

For recipients of U.S. Railroad Retirement monthly benefits:

In the Fall Edition of this newsletter I had a lengthy article on how I got my wife's and my U.S.R.R. monthly cheques direct deposited to our bank account. After some 25 years of trying I can report that our September 2011 cheques were deposited in our T/D account. The correct procedure for recipients is to apply to the U.S. Railroad Retirement Board, 844 Rush St., Chicago, Il 60611-2092 (Attn: Mary Bartik, Opns Analyst). Her phone is 312-751-4704. Fill out the form—the 5 boxes A to E and have your financial institution fax it to Mary at 312-751-7157.

Also, as info, every 3 years the U.S.R.R. Board sends out a questionnaire asking the recipient if they are receiving an annuity and if they want to have the U.S. Social Security portion tax exempt. If no reply, the tax will be applied. You call the toll free number in Fargo to inquire about tax relief. If I can help, give me a call at 204-489-6257. Harvey

**CN Pensioners
Association of Manitoba**

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We're on the Web—
www.cnpensioners.ca

Letters to the Editor are much appreciated. If you have something of interest with other CN pensioners I'll be happy to pass it along. Email jelretired-mama@hotmail.com. Be sure to identify CN Pensioners in the subject line. Mail address—55 Four Oaks Cove, Winnipeg MB R3K 0V7.

The newsletter is mailed out quarterly by your local Assoc. Total cost of the mail-out is born by the Assoc.

Email Fraud? Report any Email fraud / phishing to the RCMP at www.rcmp-grc.gc.ca/scams-fraudes/index-eng.htm.

Report Phone / Telemarketing Fraud to the FTC at www.ftc.gov/bcp/edu/microsites/phonefraud/report.shtml.

CN Pensioners Association of Manitoba

Volunteers in Mailing

Lyle Corbett, Fred Dagg, John Doerksen, Myrtle DeReuck, Lorne & Myrna Gardiner, Hank & Verona Gosselin, Eleanor Gray, Marge Jacobson, Lloyd Lovie, Tom Nicholl, Chontel Paterson, Ron Poersch, Alban Prejet, Bill Reilly, Mel Rusiecki, Gerry Savoie, Peter & Jean Sokol, Gord Stein, Diane Walton, Linda Ksionzek, Ron & Donna Yarema, plus the Executive Members and Wives.

Thanks to You All

Harvey.

Frequently Called Numbers

The CN Pensioners Help Line 1 800 361 0739. Always have your PIN to better identify you when making inquiries. If you move, advise the above number. If you are married at the time of retirement, make sure that CN has your spouse's name on file. Changing banks, with direct deposit, never close your old account until the cheque shows up in the new account.

Change of Address	1-800-361-0739
Canada Pension & Old Age Security	1-800-277-9914
Canada Custom & Revenue Service	1-800-959-8281
Blue Cross, contract number 93115	775-0161

Phone numbers for International Employees:

U. S. Railroad Retirement—Fargo	1-877-772-5772
U.S. Social Security—Grand Forks	1-701-772-5518

The Book Store

Looking for gift ideas? Stocking Stuffers for Christmas? How about one of the books authored by one of our fellow pensioners? To obtain a copy of one of these books and for an interesting read check out the following:

- In One Lifetime: by Theresa Shanoha, 774 -390.
- A Sentimental Journey: by Karl Olafson, 256-5221.
- Through the Window of a Train: by Barbara Lange, 667-8521.
- In The Arms of The Angels—Our Journey Through the Darkness of Dementia: by Janet Lewis Anderson, 275-0482.
- Events in the Life of Kei: by Gerrit Boonstra, 204 268-3998.

Scholarships and Bursaries

For information about the *CN Scholarship Program*, please visit www.cnpensioners.org or www.cn.ca.

For information about the *Bursary Program sponsored by the CNPA of MB*, please visit www.cnpensioners.ca.

