

*Union Depot, Winnipeg, Man.*

Meetings held at 1:30 p.m. on the 1st Wed of the Month at the Norwood Legion, 134 Marion St., Winnipeg except for the months of July, August and December

June 2015

- Rail Safety Week
- Meet Patrick McMullin
- Meet Rose Chapman
- Meet Gerrit Vanerklok
- Belated Birthday Greetings to Emma Norris

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## ***Rail Safety Week—April 27th to May 3rd, 2015***

From April 27th to May 3rd, ***CN has again this year joined forces with Operation Lifesaver*** to promote public rail safety to communities throughout our network during ***Rail Safety Week***. We encourage everyone to think safety not just during the official "Rail Safety Week", but every week.

## Here are 10 tips that could save your life.

1. Never walk or play on train tracks. It's dangerous and illegal. Also never play or stay near a stopped train.
2. Be prepared to stop at crossings.
3. Cross train tracks at designated highway/railroad crossings.
4. Look for the crossbuck sign, lights or gates at crossings.
5. Listen for warning bells and whistles.
6. Obey the signals.
7. Wait for the train to pass through the crossing, then wait again, to be sure that a second train is not approaching on another track in the same or opposite direction.
8. Obey the directions of a police officer or member of a train crew directing traffic at a crossing.
9. Cross the tracks in low gear; do not change gears while crossing.
10. Stalled vehicle? Get out quickly and move away from the vehicle and tracks.

## Reporting Hazards:

Report hazardous conditions at highway-railroad crossings or on railroad rights-of-way. Railroad emergency numbers are generally posted prominently at crossings, on either crossing posts, behind a crossing sign or on a signal box. You may want to keep the toll free number for CN Police handy. ***Should you witness any unsafe situation near the railroad, please call 1-800-465-9239. If you are unable to locate this number immediately, call 911 or the local emergency number. Take the Safety Pledge at [www.mysafetypledge.com](http://www.mysafetypledge.com), share these safety tips with family and friends, and act as a role model for all. We encourage everyone to support CN's community-education program, All Aboard for Safety.. Never walk or play on train tracks. It's dangerous and illegal. Also never play or stay near a stopped train.***

## Earl Symonds—Model Railroad

Check out Earl's model railroad and his Operation Life-Saver flat car that travels the rails of the Manitoba 7 Northwestern Model Railroad in Sandy Lake, MB. His model railroad is 30' X 40' in size with 2000 feet of track including 500 engines, and 2000 freight cars. Check out more photos on our website.



***SAVE THE DATE: Wednesday, June 3rd General Meeting***  
***Mike Cory—Senior Vice-President, CN Western Region will be***  
***out guest speaker (barring any last minute schedule changes).***  
***Please come out, meet Mike and learn about CN today.***



## Executive Council 2013—2014

(Precede all MB numbers  
with 204)

### President

Ron Davis, 204-489 4485  
ronvel@mymts.net

### Past President

John Mozol, 204-885 6031  
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### Vice President

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### Secretary

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pmcmullin@shaw.ca

### Treasurer

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### Committee Chairs

#### Publicity

Jack Moore, 204-224-1019  
jem5351@yahoo.ca

#### Hospitality

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#### Special Events

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#### Outreach

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#### Webmaster & Editor

Janet L. Anderson, 204-275-0482  
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#### Member At Large

Albert Delbaere, 204-256-8419; albert1a@mymts.net

### National Council Directors & Officers

Linda Schram  
Janet Lewis Anderson  
Carson Hull  
Ron Davis, Past President

## Membership Report—Wayne Zaharia

Total paid membership	3976
Pension Cheque deduction	3871
Fees paid by cheque	105

**Welcome to the following New Members. Hope to see you out at the meetings. We look forward to your participation in the Association!**

Aminot, Denis	Frykas, Sylvia	Rice, Ed
Atamanchuk, Arthur	Fulton, Mabel	Roseberry, Wayne
Ayiles, Prudencio	Gamache, Lila Joan	Rozmus, Lorraine
Barry, Brian	Gill, Barbara	Ryan, Dorothy
Bazelewich, Karen	Harley, Gord	Sawchuk, Frank
Bernard, Joseph	Hryhoryshen, Della	Sedo, Lucia
Borges, Clotilde	Lalonde, Richard	Sim, George
Bravo, Carlos	Lamoureux, Terry	Smadella, Ed
Brown, David	Lewkiw, Sandra	Smith, Suzanne
Bugera, Boris	Mangin, Albert	Smythe, Bill
Bynkoski, Glen	May, Ethel	Strachan, Florence
Carr, Douglas	McEwan, Heather	Trotz, Orest
Cava, Frances	Mendez, Jesus	Tynski, Mike
Charles, Robert	Oman, Monelle	Veldhuisen, Arnold
Chick, Eileen	Paskaruk, Victoria	Vermette, Laura
Chody, Dianne	Perron, Gerry	Wesley, Kent
Dopson, Valerie	Pitt, Keith	Zest, Patricia
Dudar, Lawrence	Prokopchuk, Jessie	
Frykas, Sidney	Pytpowich, Alex	

Currently there are 36,314 CN pensioners/survivors in Canada of which 22,548 are members of our Association. Manitoba's number is 4,960 pensioners/survivors of which 3,970 are members of our Local. As our membership is decreasing every month (25 in month of April) we need your help in signing up new members from the 990 who are not members.

***Following members have moved and if anyone knows where they have moved to please let me know so I can keep our data base up to date. Thanks.***

Baker, Tina; Boucher-Tapping, Helen; Earl, A. R; Dryden, John G; Marino, Mary, McLaughlin, Hector; Mitchell, Joan; Moore, Mary D; Smith, Daniel, Spooner, Beverly; Stuart, Mary; Swain, John

**NB: Remember our new mailing address is 301 – 270 Fairhaven Rd., Winnipeg, MB, R3P 0A9**

### First Time Attendees & New Members

A hearty welcome to all new members and an especially warm welcome to those who have attended their first General Meeting where they received a Pensioners' pin. **March:** Paul Lussier, Lorne Anderson, Tom A. McDougall, Roland Demarcke, Mike Kraynyk, Dave Brown, Alice Hastings, Henry Pietkiewicz, Dave Wronski, Louis St. Amand; **April:** Dominic Cerasani, Jeff Reid, Jim Warbeck, Louis Cormier; **May:** Rory Simpson, Eric Oman.

Hope to see more new faces at our June meeting!

## Special Events Report—Linda Schram

Our meetings are held the first Wednesday of the month at the Norwood Legion on Marion Street and commence at 1:30 p.m. Many arrive earlier to have coffee, donuts and a visit. If you are interested in helping out in any way please contact Linda at 204-255-5636. *Visit our web-site often at [www.cnpensioners.ca](http://www.cnpensioners.ca) for updates, announcements and to view our newsletters.*



### *Guest Speakers for Upcoming Meetings:*

**June 3rd—Mike Cory**, CN Senior Vice-President - Western Region

(Please follow our Facebook page and Website for any important updates should Mike's schedule change at the last minute).

**NOTE:** *NO meetings held July and August. September meeting on Wednesday, September 2nd.*

*Guest Speaker - Lori Yorke from Snowbird Mediquote*

## Annual Picnic In The Park—Thursday, June 11th, 2015

Once again, we will be having our annual picnic in Assiniboine Park by the White Tent close to the Conservatory. It will be held on Thursday, June 11th from 11:30 to 3:00 and will include our usual lunch, Bocce Tournament and prizes. Tickets remain at \$5.00 per person and will be available at the May and June General Meetings or by calling Linda at 204-255-5636. This is a fun event for all so please mark it on your calendars and come out for a great day (rain or shine). **PLEASE:** bring your own lawn chairs.

## Publicity—Jack Moore

### Annual Golf Tournament

The Pensioners' Annual Golf Tournament will be held on Tuesday, June 23rd at Kingswood Golf & Country Club, La Salle, MB. Cost to play golf, share a cart, and enjoy a BBQ Steak dinner is \$84.25 per person. Please contact Ron Davis at 204-489-4485 or email at [ronvel@mymts.net](mailto:ronvel@mymts.net).

### CN Family Day At Symington

The date for this year's Family Day has been moved to Saturday, June 27th so mark your calendars accordingly. Please follow our Facebook Page at [www.facebook.com/cnpensionersmanitoba](http://www.facebook.com/cnpensionersmanitoba) or visit our website frequently at [www.cnpensioners.ca](http://www.cnpensioners.ca) for updates. Volunteers are required, so if you are interested in volunteering please contact Margaret Baker at 204-258-5737, cell 204-805-3515 or email at [Margaret.baker@cn.ca](mailto:Margaret.baker@cn.ca). Please be aware that volunteer positions can be very physically demanding, so please take this into account if you have any health or mobility issues. *Tickets should be available at the June 3rd meeting. Limit 4 per family.*

### CN Campus Blood Donor Clinic

CN Campus is proud to have been approved as an official blood donor clinic site for Canadian Blood Services. They will be having the first donor clinic on campus on Tuesday **June 30th, 2015** from 1030-1530. **First time donors** should be between the ages of 17 – 61. To book an appointment, please call 1-888-236-6283. When booking your appointment, please state that this is for the CN Campus Clinic on June 30<sup>th</sup>. More details to follow, so please watch our website [www.cnpensioners.ca](http://www.cnpensioners.ca) or our Facebook page at [www.facebook.com/cnpensionersmanitoba](http://www.facebook.com/cnpensionersmanitoba) for updates.

**Outreach Chair's Report—Rose Chapman** 204-832-1105

(Mail Outreach info to 186 Windham Rd, Wpg, R3J 3B8 or email  
rchapman17@shaw.ca)

**Outreach Committee**

George Lintick 204-254-1032

Linda Ksionzek 204-669-8308

Albert Delbaere 204-256-8419

Mel Rusiecki

Bob Gill

Jack Moore

204-255-1361

204-256-3897

204-224-1019



Please contact any member on the Outreach Committee with information on pensioners who are hospitalized, or ill at home, and on those who have had or will be celebrating special birthdays or milestone anniversaries. **Remember—please keep us informed!**

**Happy Birthday Wishes To:**

June Brychka	83	June 7
Dale Campbell	85	June 24
Joe Chester	100	June 17
Albert Delbaere	75	June 7
George DeSerranno	75	July 19
Charlotte Desrochers	70	April 1
Francis Desrochers	75	April 1
Georgette Fiola	74	August 15
Roland Fiola	73	April 25
Jack Kemp	90	March 9
Doug Knapp	85	April 9
Jean Koralewicz	84	July 21
Norman Lilley	90	March 24
Isobel Melville	73	April 10
Jack Melville	75	May 18
Gordon Moore	84	April 1
Amiela Neyedly	100	June 16
Emma Norris	101	February 26
Harold Prystie	81	March 4.
Bill Salamon	88	March 22
Rory Simpson	60	April 7
Ollie Skolrood	85	March 8.
Doug Small	86	June 24.
Florence Small	84	March 19
Bill & June Brychka		65th June 7

**Happy Anniversary To:**

Francis & Charlotte Desrochers	50th	June 4
Eldon & Bernice Dimond	50th	June 5
Roland & Georgette Fiola	53rd	July 28
Bob & Eila Gill	64th	July 7
John & Margaret Gregorash	53rd	May 26
Elwood & Betty Henderson	40th	April 12
Doug & Joan Knapp	55th	July 15
Peter & Jean Koralewicz	63rd	June 7
Adam & Ann Kwiatek	50th	June 5
Jack & Bev Moore	37th	June 3
Vern & Margaret Peterson	65th	May 27
Mel & Kathy Rusiecki	55th	July 16
Doug & Florence Small	63rd	April 26
Larry & Marilyn Stubbe	45th	July 11
August & Olga Wagner	64th	June 30
Ed & Mary Anne Yagilashek	55th	May 30
Ernie & Gwen Yakiwchuk	34th	June 13
Wayne & Mary Zaharia	50th	June 19

**Birthday Draws:** **March:** Donna Bremner, **April:** Gerald Prejet, **May:** John Yarema

**Door Prize:** **March:** Tom McDougall, Alice Claeys, Harold Prystie, Janet Lewis Anderson  
**April:** Bill Noble, Ernie Yakiwchuk, Victor Ratte, Lucky McLeod  
**May:** Gerrit Vanderklok, Alice Claeys, Janet Lewis Anderson, Dean Danforth

**Attendance Prize:** **March:** Gary Taylor – tool kit, Bryan LaBarge – pensioner's golf shirt  
**April:** Jeff Reid – pensioner's jacket, Jim Warbeck – pensioner's golf shirt  
**May:** Margaret Hoppensack - ball cap, Dean Danforth - ball cap

To those previously mentioned on our Sick List, we hope that you are feeling much better. To those who are currently ill or still experiencing health problems, please know you are in our thoughts. The membership joins us in extending Best Wishes for a speedy recovery. We have received reports and updates on the following Pensioners since the last newsletter: (\* denotes member).

### Sick List:

John Almdal\* is holding his own and the cancer is stable. He is also dealing with COPD, uses a walker, and cannot walk far. He sends his regards to the members.

Don Anthony\* was in hospital recently. He is recuperating at home.

Allan Bockstael\* had triple bypass surgery on April 9th. He is feeling good and doing really well.

Gary Davis\* is in St. Boniface Hospital undergoing tests.

Michelle, wife of Sean Derrig\*, underwent knee surgery in January. She suffered a stroke recently, is undergoing physiotherapy as well as occupational therapy in a rehab hospital and is improving.

George DeSerranno\* recently had knee surgery. He is recuperating at home.

Ameila Neyedly is in Deer Lodge Centre

Evelyn, wife of Allan Robertson\*, fell recently and had hip surgery. She is still in the hospital.

Gordon Stein\* suffered a stroke recently. He is now in Deer Lodge Centre.

Buck Tiderman\* had eye surgery recently.

George Van Wynsbergh\* is not doing well. He is at home.

**Obituaries:** The following pensioners have passed away since the last report (\* denotes member of the Manitoba Pensioners' Association). *The CN Pensioners Association of Manitoba extends our sincere condolences to the family and friends of the deceased.*

Agnes Aikens  
 Archie Baron\*  
 Aaron Beardy  
 Shirley Betts\*  
 Edward Beyer\*  
 Anna Bilous  
 Lucille Bonot  
 Olga Boyko\*  
 Robert Bruce\*  
 Evelyn Buckels\*  
 Rocco Bueti\*  
 Allan Burnell\*  
 Douglas Busch\*  
 Robert Bydak\*  
 Frank Cherneski\*  
 Brian Closen  
 Jack Da Silva\*  
 Edward Dasilva\*  
 Assunta Deluca\*  
 Clara Demarchi  
 Thelma Donnett\*  
 Joseph Ducharme\*  
 Phyllis Dumas\*  
 Gordon Edye\*  
 Mabel Egan\*  
 Joseph Feszczak  
 Alice Finley\*

Minnie Finley  
 Ida Fleury\*  
 Pierre Fournier\*  
 Patrick Frain\*  
 Henry Franchuk\*  
 Edward Gibbons\*  
 Thomas Gill\*  
 Roger Girard\*  
 Roy Gorkoff\*  
 Leonard Gower  
 Dorothy Greer\*  
 Frederick Hadaller\*  
 Marie Hart  
 Florence Hayes\*  
 Rudolph Hill\*  
 Alberta Hodgins\*  
 Violet Hrynkow\*  
 Yvette Leblanc\*  
 Kathleen London\*  
 Orise MacIntyre\*  
 Tatiana Matwijiw  
 Beryl McDiarmid  
 Edward McEwan  
 Dorothy McGee\*  
 Joseph McLeod\*  
 Bill Milliken\*  
 Barbara Moran\*

Michael Perchaluk\*  
 June Phillips\*  
 Bernice Porter  
 Marlene Porter\*  
 Metro Rewniak\*  
 Noreen Rioux, wife of Earl  
 Rioux\*  
 Philias Ritchot  
 Marcella Rootsart\*  
 Ken Seligman\*  
 Alex Shewchuk\*  
 Edith Shuper\*  
 Fred Skogsberg\*  
 Ann Sokoliuk\*  
 John Southall  
 Beverly Small\*  
 Naomi Smith\*  
 Robert Strickland  
 Bruno Swieszko\*  
 Regina Taylor\*  
 Fred Unwin\*  
 William VanToever\*  
 Anthony Vermette\*  
 Margaret West  
 Harold Westberg\*  
 Kathleen Wrightson\*

## Harvey Hosfield Bursary Program 2015

The CN Pensioners Association of Manitoba is continuing to offer a Bursary Program to the grandchildren or great grandchildren of members of the CN Pensioners of Manitoba who are members in good standing and in receipt of a CN Pension as outlined in the Terms and Conditions of this program. **Deadline for applications is August 15th.** We want to remind all new applicants as well as those **who were NOT successful recipients in previous years**, that as long as your application meets all of the Association criteria, you can re-apply for the current year. The application requirements can be found at [www.cn pensioners.ca](http://www.cn pensioners.ca). Please note that eligible applicants may also apply for the National Council Scholarship Program.

## National Council Scholarship Program 2015

The National Council of the CN Pensioners' Associations will once again be offering a Scholarship Program. After reviewing the results of last year's program, we are pleased to advise that we have made some enhancements to the program. We have increased the number of awards to five \$1,000 Scholarships for each of the 5 Regions across Canada (Atlantic, Quebec, Ontario, Prairie and Mountain). Please note that only applications completed in full and typed format will be accepted for review. Deadline for applications for the 2015 program will again be **August 15th**. For more information, and to download the Application, Terms and Conditions, visit [www.cn pensioners.org](http://www.cn pensioners.org) and then click on the Scholarships tab. Children, grandchildren and great grandchildren of CN Pensioners who are members in good standing and in receipt of a CN Pension are eligible.



### Meet Your Fellow Pensioner: "There is What in Your Blood"

As a CNR pensioner I have been subjected to many medical tests, both for my job and by my own doctor. Never have they ever found railroading in my blood, but it is there. I am a third generation railroader like many others. My grandfather was a locomotive engineer for the Nederlandse Spoorwegen [Netherlands Railway]. In 1956 we, my mom, dad, my sister and I, immigrated to Canada. My dad had worked for Phillips in The Netherlands as an electrician, but Canada did not recognize his translated papers. He eventually found work as an electrician's helper, and after serving four years in the trade he was allowed to write the journeyman's exam. After working in construction, mostly away from home, in Manitoba's north, he found work at the CNR when they opened Symington Yard in 1962. Little did I know that after a grade 12 electrical course and my time in the north in construction I would follow in his footsteps.

I was hired by CNR as an electrician in 1971 and my dad took great pleasure in the fact that everyone at Symington diesel shop thought we were brothers. He looked younger or I looked older.

Just a year before I had resumed a childhood hobby of model railroading, and now I could climb all over the real thing and take measurements and pictures for modelling. In Holland I had a 1/48 scale live steam engine and cars. My first train was a 1/120 scale windup train for my 8th birthday. My new interest in trains came when I saw the fairly new "N" 1/160 scale at a friend's house. It became my choice scale because of my space restriction in my new home. My interests in trains didn't just lie in modelling, but also in photography and memorabilia. I found a Toronto supplier of tiles with pictures of both CN and CP locomotives on them. When I proudly showed these off at work my nickname of "chooch" was coined. Others were also interested in these tiles, so I took orders and brought them in by CN express. Eventually my sales were such that I gave it over to Midwestern Rail Museum as a fund raiser. This organization had just started up in 1974 and they were allowed to sell some souvenirs on board the then fairly new Prairie Dog Central. We sold postcards and more tiles aboard the Prairie Dog Central. I became vice president of restoration and was involved in the restoration of the Miami Manitoba railway station and its associated structures. They included the station, water tower, which had just received paint, as it was still used by local farmers, and his and her out-houses.

In 1977, I transferred to the Work Equipment Shop in Transcona. In the spring of 1978, being junior on the seniority list, I started working out on the road with the steel gang. When I was working at Symington in 1971, I had worked the Search machine to test locomotives. This gave me the ability to know our engines inside and out, as far as electrical troubles were concerned. Trouble shooting is what I did so when in the spring of 1978 I was at Kenville Manitoba, just west of Swan River, with the steel gang repairing their machines, I had a two watt radio and I could hear the engineer at Swan River in trouble with his 4200 series GP9s. He said that with one engine dead he could not make it to Dauphin. I told my gang supervisor that I might be able to help him so he picked up his microphone for his 30 watt radio and told the operator at Swan River that I could fix his engine.

Con't on page 7

Con't from page 6

My gang supervisor must have been impressed with my work from that job, because the next day he sent me to Saskatchewan on the same subdivision further west to repair an air compressor circuit on a diesel electric crane. The air circuit was not electrical and disassembly of the pressure regulator and a good wash to get rid of rust fixed the problem. My ability as a trouble shooter started to be known. Because of this work took me from Kingston Ontario to Smithers and Kitimat in northern British Columbia and down to the DWP in Virginia Minnesota.

It has been an exciting career and since I retired in 2001, I have kept up my rule card and have been volunteering as conductor on the Prairie Dog Central from 1999 until 2007. This year I am starting all over again with rules and medical to resume my role as passenger train conductor on the Prairie Dog Central.

In my time between 2007 and now I have also filled the position of President and board member of The Dutch Canadian Society of Manitoba. My position on the board gave me the opportunity to repair and operate a 1911 Dutch street organ. Most of the organ is made of wood and leather. It is air operated and hand driven with an optional motor attached. Last winter I replaced the bellows, crankshaft bearing and the leathers on 14 valves. This year a couple of oak block bearings needed to be replaced and the flywheel needed extra weight and the handle to reposition. Each winter the organ needs some repair and parts have to be handmade.

Like so many other retirees I wonder where did we ever find time to work? My wife just asked what I was doing today and I said I'm doing nothing. She said you did that yesterday, yes but I wasn't finished. Keeping active keeps me young, feeling young keeps me healthy. I wish the best of health to all those who have worked hard to reach retirement, enjoy and think about the good old days. I am glad they happened when I could handle them.

Gerrit Vanderklok  
aka "CHOOCH" aka "SPARKY"

## Tax Facts—Jim Miln

In future issues of the CN Pensioners News, I will keep you abreast of any other changes. In addition to tax preparation, I also specialize in pension income splitting and the disability tax credit and I **do not** take a percentage of your refund as my fee. If I can be of assistance, contact me at 204-253-0137.

At this writing, the provincial and federal budgets have not been released to the public. I was hoping to highlight any items that would affect retired folks.

Look for that in the fall edition of the CN Pensioners newsletter. Some numbers that might be of interest for 2014:

U.S. exchange rate for 2014: 1.10446

EMU (Euro) exchange rate for 2014: 1.4671

**Breaking News:** Party leader, Justin Trudeau announced on May 4th that if the Liberals form the government following the 2015 fall federal election, he will discontinue pension income splitting and pull back on the TFSA (tax-free savings accounts). Buyer Beware!

## Member at Large—Albert Delbaere

### Shooting Star Casino Trip

The next Shooting Star Casino Trip will be October 18th—20th, 2015. Payment deadline is September 7th. Please contact Albert Delbaere at 204-256-8419 or [albert1a@mymts.net](mailto:albert1a@mymts.net) for more information or to reserve your seat.



## Questions & Answers

**Q.** Understand that changes have been made to pass privileges for VIA Rail pensioners. Will that affect CN Pensioners who retained their passes?

**A.** Although there have been changes made to VIA passes, they do not affect us. The rules for CN Passes have not changed and I understand there are no changes being looked at. (Dave Simpson, President, National Council).

**Q.** If I have a question about a health claim I have submitted, who can I call?

**A.** Contact Medavie Customer Service Hotline at 1-888-873-9200 or visit their website at [www.medavie.bluecross.ca](http://www.medavie.bluecross.ca). If you want to talk to Blue Cross about "other than a health claim", just call the Blue Cross switchboard at 204-775-0161.

*Do you have a question that you would like answered in the newsletter? Email us at [admin@cnpensioners.ca](mailto:admin@cnpensioners.ca)*

## CN Railroaders in the Community Retiree Program Now Includes Spouses

This program recognizes efforts of retired employees by providing a \$500 cash grant to the community based charitable organization they choose to support through their volunteer efforts. ***The program has now been extended to include spouses of CN Pensioners and survivors for an amount of \$250 if they volunteer for a registered charity in their community.*** To learn more or to apply, visit <http://www.cn.ca/en/delivering-responsibly/community/cn-railroaders-community> or the National Council website at [www.cnpensioners.org](http://www.cnpensioners.org) and click on the tab "CN Volunteers". CN wants you to know that you can reapply each year for the same charity or apply for a different one. Please let us know if your volunteer work has resulted in a grant to your charity by emailing us at [jelretiredmama@hotmail.com](mailto:jelretiredmama@hotmail.com). Please be sure to indicate this in the subject line.

### ***Congratulations to:***

**Sean Derrig** - who has been a volunteer driver for the Cdn Cancer Society for the past three years, ensuring that people, who have no way of getting to hospitals to attend their chemo and radiation treatments or doctors appointments, have transportation. The volunteer driver program in Ontario is called "The Wheels of Hope" and without it, many residents would not be able to receive the necessary treatments required to fight their battle with cancer.



**Ernie Borowski & Darlene Borowski** - Ernie, as a Khartum Shrine Member and Darlene as Past President (through the spousal program) of the Khartum Ladies' Auxiliary volunteer their time to help with the Transportation Fund for the Children travelling to the Shrine Hospitals for Children for specialized care.

**Earl Symonds** - was awarded a \$500 grant from CN Volunteers in the Community for his charity "The Sandy Lake Endowment Fund" founded by Earl in 2007. This fund has been used to support the volunteer fire department, Seniors Drop In Centre, Community Billboard, Handi-Van, and many other community efforts.

**Ron & Jackie Morin**—Both Ron and Jackie (Jackie—through the spousal program) are volunteers for the Scleroderma Association of Manitoba which helps to bring awareness and support to those living with this serious autoimmune condition.

**Janet Lewis Anderson** - also a volunteer for the Scleroderma Association of Manitoba appreciates the grant from CN for their support again this year.

**Dean & Stephanie Danforth** - were awarded grants for the Corydon Community Club. Stephanie secured a grant for the Community Club through the spousal program. As info, this is the 4th year that Dean has obtained the grant for the Community Club.

## Report From Janet Anderson

### RSS Feed



You may have noticed this little image/icon in black and white near the top right hand corner of our website (next to the email and facebook icon). You will also find it our on Blog page near the top right hand corner (in black and white) as well as part way down the right hand side in color (yellow).

This little icon is what you would click on to create an RSS Feed for our website and / or Blog page. What is an RSS Feed? Basically it stands for “Rich Site Summary” or “Really Simple Syndication”. An RSS Feed enables publishers to syndicate data automatically. It also benefits users who want to receive timely updates from favourite websites or to aggregate data from many sites.

By subscribing to a website RSS Feed, it removes the need for the user to manually check the website for new content. Instead, their browser constantly monitors the site and informs the user of any updates. The browser can also be commanded to automatically download the new data for the user.

So how does one subscribe to an RSS Feed? Users can subscribe to a feed by clicking on the browser’s feed icon. Try it out. Go to our website, [www.cnpensioners.ca](http://www.cnpensioners.ca) and click on this icon. It will then take you to a new screen where you just click on “Subscribe Now”. The next screen will be a little box that will show you the name of the website you are subscribing to. Hit “Subscribe” again and it should be set up for you.

To check for updates, go to your browser home screen (eg. msn.ca). Near the top left hand corner just below the browser url address line, you will see the little yellow icon. Click on that and any updates to our website that would have been posted since you signed up for the RSS Feed, will appear. Select the item you wish to read and click on it.

### Facebook Page

We are excited to introduce our very own Facebook Page for the CN Pensioners of Manitoba. If you are not already a Facebook member, just go to [www.facebook.com](http://www.facebook.com) and create your free account. If you are already on facebook, just log into your account and search on CN Pensioners of Manitoba or just go directly to get to our facebook page, by typing in [www.facebook.com/cnpensionersmanitoba](http://www.facebook.com/cnpensionersmanitoba) in the address line of your browser.

We invite you to like and follow our facebook page as it will be a great way to stay connected with our association and be notified of important and interesting news and events. You can also access this by clicking on the Facebook icon on our website which is located next to the RSS Icon.

### CN Pensioners Blog

Another thing which we have added to our website is a Blog page. It is basically similar to our “Headlines” column on our home page with at times, more detail or the occasional photo. Check out our Blog page often for updates of interest and news of coming events or set up the RSS Feed to be notified of updates to this page.

### *Newsletter Publications Schedule*

Spring Edition—March 1st

Summer—June 1st

Fall—September 1st

Winter—December 1st

## **“Red River College looking for CROR instructors. Interested?”**

Hello to all my fellow retirees. Those of you, whose path I have crossed or walked alongside over the 36 years I worked at CN, might be aware that I am involved with a Railway Conductor pre-employment training program, administered by Red River College. The preponderance of our students are hired by CN or CP and the transition for student to employee is uneventful as they have been trained in all the necessary rules, GOI's and practical training. We lease a locomotive and trackage in Transcona from CN, where each day we demonstrate on live equipment, the essential activities expected of a railway conductor. We train about 100 conductors.

In addition to Conductors, we also train Corporately for Industrial work, such as elevators that move cars, engineering companies that contract to CN or CP and a myriad of other external clients. As a matter of fact we are in discussion and negotiation with the Country of Oman, Saudi Arabia to train 40 of their employees here in Winnipeg. Each venue of training is exciting and allows myself and 8 instructors from both CN and CP background to stay in touch with Railroading. The single biggest surprise to me personally, is how we touch people's lives. We are constantly contacted by former students, telling us they got married, had a baby, were promoted to engineer, should they go into management, or ask advice when they are under investigation, and on and on. The finger-prints of my grandfather, my father and myself, will forever be imbedded with those we have touched through this school.

Having said all that, I invite those of you that think they have the time and enthusiasm to share your experience and get paid for it, to consider working with us as instructors. We are short of experienced instructors with all the new business we enjoy. Our preference is the candidate be within two years since they last worked. Obviously they must have been qualified in the CROR and we will re-qualify them. It is preferred that the candidates had some management background, or OJT's. Some former CN employees instructing here are Bill Hunter (Chief RTC), Earl Code (Asst. Chief RTC), Bill Motluk (Superintendent), Bryan Harmer (Engineer OJT),

Global TV did a short snippet on our field training. Copy and paste the web site on the address bar to get a glimpse of our field training. <http://globalnews.ca/video/912162/learning-the-rails>.

If interested contact me at [pmarquis@rrc.ca](mailto:pmarquis@rrc.ca) or call 204-451.3572



### **Meet Patrick McMullin, Secretary of the CNPA of MB**

Patrick has enjoyed a wide and varied career with CN involving many departments and several different cities. He first hired on with CN June 8th, 1971 as a Car Checker in Thunder Bay. From 1974 to 1975 he worked in Montreal in the Transportation Department as part of the TRACS Implementation Team. In 1975 he moved back to Thunder Bay as Coordinator Bulk Commodities and Carload Supervisor and continued in these positions until 1980. From 1980 to 1990, Patrick was part of the Winnipeg Prairie Region Transportation Team, working such positions as Inspector, Manager Training, Manager Satellite Operations. In 1990 he made a move to Edmonton as Marketing Manager Sales and Service, Alberta District. In 2003, Patrick once again expanded his rail career by joining System Car

Management as Fleet Manager, retiring in 2007. In 2008, Patrick decided it was time to move to Winnipeg where he has been enjoying retired life ever since. He likes connecting with his “Railway Family” and has enjoyed serving as Secretary on the Executive since 2009.



### Meet Rosemary Chapman—Outreach Chair of the CNPA of MB

Rosemary Chapman is our Outreach Committee Chair. She hired on with CN in 1960 as a Clerk Steno and until the end of 1968, worked in the Area Manager's, Engineering and Chief Dispatcher's offices. From then until 1973, she took time off to raise her young family. After that, she was able to obtain brief vacation relief work with CN in Union Station until she hired on again permanently in 1986, working on various positions in Grain Communications, Vice-President's office and Grain Marketing from where she retired in 2002.

For the next three years, Rose babysat her young granddaughter. In 2009, she began volunteering for the Grace Hospital Auxiliary.

Then in 2011, Rose became the CNPA Outreach Committee Chair. Rose also volunteers at the Folklorama Belgian Pavilion as well as at her Church in various capacities.

Rose enjoys reading, knitting, gardening, Sudoku, crossword and jigsaw puzzles as well as watching curling, and hockey and football playoffs.

### Belated Happy 101st Birthday Emma Norris

Emma, a resident at Cathedral Manor in St. Boniface celebrated her 101st birthday on 26 Feb 2015. Her husband was William Thomas Norris, who was a Clerk at Symington yards circa 1968 and died in 1973.

Emma still receives the C.N. Pensioners newsletter. Some of you may remember Emma and her late husband.

Sending you warm wishes Emma from the Executive and Members of the CN Pensioners Association of Manitoba.



### CN Pension Association BOWLING LEAGUE

CNPA Mixed 5 pin Bowling league meets every Thursday at 10:00 a.m. at Billy Mosienko Lanes.

New bowlers are needed for the startup on Thursday, September 10th.

If you would like to join or spare, contact Dean Danforth @ 204-452-9203 .

### ATTENTION: RETIRED RUNNING TRADES EMPLOYEES

Teamsters Division 583 is compiling a list of retired persons to be used for notification of upcoming events, retirements, etc. Please forward your name, address, telephone number and E Mail to:

Richard Greenaway @ 204-222-0680 or E Mail: [rcgreen@mts.net](mailto:rcgreen@mts.net)

We're looking forward to your reply .

**CN PENSIONERS  
ASSOCIATION OF  
MANITOBA**

301—270 Fairhaven Road  
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We're on the Web—  
[www.cnpensioners.ca](http://www.cnpensioners.ca)

## **Frequently Called Numbers**

**The CN Pensioners Help Line (Morneau Shepell) 1 800 361 0739.** Always have your PIN to better identify you when making inquiries. If you move, advise the above number. If you are married at the time of retirement, make sure that CN has your spouse's name on file. Changing banks, with direct deposit, never close your old account until the cheque shows up in the new account.

Change of Address	1-800-361-0739
Canada Pension & Old Age Security	1-800-277-9914
Canada Custom & Revenue Service	1-800-959-8281
Blue Cross, contract number 93115	204-775-0161 switchboard
National Claims Direct	204-775-9261
Income Tax Preparation—Jim Miln	204-253-0137
Health Links Info	204-788-8200, or 1-888-315-9257
Phone numbers for International Employees:	
U. S. Railroad Retirement—Fargo	1-877-772-5772

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