

Union Depot, Winnipeg, Man.



CN Pensioners Association of Manitoba

Meetings held at 1:30 p.m. on the 1st Wed of the Month at the Norwood Legion, 134 Marion St., Winnipeg except for the months of July, August and December

[Www.cnpensioners.ca](http://www.cnpensioners.ca)



Summer 2014

Special Points of Interest:

- President's View
- Health Care Alternate Rep
- Change of Address
- Website changes
- Hank Lemoine
- Note from Harvey

Inside This Issue:

- President's Report & Special Events 1
- Membership Report 2
- Special Events 3
- Rail Safety Week 3
- Outreach Report 4,5
- Hank Lemoine—Sports Hall of Famer 6
- A Note from Harvey Hosfield 7

President's View—Ron Davis

We are sorry to announce that Harvey Hosfield is no longer able to play an active role within the CN Pensioners' Association of Manitoba due to continuing health problems. He has been in and out of hospitals and doctors' offices in an effort to bring a halt to his problems.

Harvey has been a part of our Association since the amalgamation with the Veterans Association in the fall of 1995. Until recently he has served as the editor and publisher of our Newsletter, and looking after Publicity for the Executive. He could be relied upon to offer up a joke for the general membership at each meeting. His jokes were always funny and some were even in good taste.

Harvey was also a member of the CN Bowling League and was constantly seeking new members to keep their league viable. He was a dedicated volunteer for the Family Day Open House at Symington Yard each September. Thank you Harvey for all the years of your dedicated service.

Health Care Alternate:

CN Rail has agreed to support the addition of five Alternate Members to the CN Blue Cross Health Care Committee. Linda Schram has been elected to the position to represent our members in both Manitoba and Saskatchewan. She will attend her first Health Care Meeting in Montreal in September. Our thanks to Linda for her interest in this field.

Annual Golf Tournament:

The Pensioners' Annual Golf Tournament will be held on Tuesday, June 24th, at the Kingswood Golf & Country Club, at 9:30 a.m. The cost to play golf, share a cart and a BBQ Steak dinner is \$82.00. If you wish to play and have not entered in previous years, contact me at 489-4485 or ronvel@mts.net.

Webmaster—Janet Lewis Anderson

Website Changes—June 2014

Attention everyone! Our website will be undergoing some changes and refreshments. We will be changing service providers in June and as such, the website will be down for a short period of time to undergo this transfer and refreshment of the design. We hope that it won't be down for any longer than one week. So if you try to log on to our site and are unable to do so, don't panic. It should be up and running with at least basic information by mid June. No need to contact me as this will be a planned outage.



Executive Council

2013—2014

(Precede all MB numbers with 204)

President

Ron Davis, 489 4485
ronvel@mymts.net

Past President

John Mozol, 885 6031
kayomoz@shaw.ca

Vice President

Carson Hull, 269 2692
cbh@mymts.net

Secretary

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pmmcullin@shaw.ca

Treasurer

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jdunford@mymts.net

Committee Chairs

Hospitality

Gary Davis, 663 7722

Special Events

Linda Schram, 255 5636
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Membership

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Outreach

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Janet L. Anderson, 275 0482
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Member at Large

Bill Cameron, 256 6488
bandmcam@shaw.ca

National Council Directors

Carson Hull
Janet Lewis Anderson
Ron Davis, Past President

Membership Report—Wayne Zaharia

Total paid membership	4,040
Pension Cheque deduction	3,913
Fees paid by cheque	127

Correction to last newsletter. New member name should have read Crisostomo, Rosario. Sorry about that.

Welcome to the following New Members. Hope to see you out at the meetings. We look forward to your participation in the Association!

Aird, Lillian	Gallant, Patrice	Miechkota, Velma
Boychuk, Gerry	Gledhill, Mavis	Mills, Brian
Cantafio, Ann	Keenes, Douglas	Nawankiewicz, Felix
Carroll, Annetta	Klatt, Blaine	Reimer, John
Carter, Tanis	Klos, Jerry	Willer-Lange, Marianne
Cosco, Sheldon L	LaBarge, Bryan	Zommer, Rose
Derkach, Brian	Lockyer, Edward	
English, Bob	MacKay, Grant	

Unfortunately, for some reason or other, 15 members did not renew for 2014.

First Time Attendees & New Members

A hearty welcome to all new members and an especially warm welcome to those who have attended their first General Meeting where they received a Pensioners pin. Here is a list of first time attendees from March 2014: Jim Kane, Al Kowalski; April 2014: Clarence Cherewyk, Brian Cechvala; May 2014: Stewart Primmatt, Alvin Bruyere, Bryan LaBarge, John Haaksma.

CN Pensioners Association of Manitoba—Address Change

Effective immediately, the new postal address for our association is:
301—270 Fairhaven Road
Winnipeg, MB
R3P 0X9

National Council 2014 Scholarships & Manitoba Association 2014 Bursaries

Just a reminder—deadline for applications is August 15th. Please visit www.cnpensioners.org/scholarships.cfm for more information about the National Council Scholarship Program. For information on the Manitoba Association Bursary Program, visit www.cnpensioners.ca. There is a link on our home page to information about the program.

*A grouchy man spreads cheer—wherever he doesn't go!
The smartest person in a business is the one who has hired people who are smarter!*

Special Events Report—Linda Schram

The CNPA Annual Picnic will once again be held at the Conservatory in Assiniboine Park on Thursday, June 12th from 11:30 a.m. until 3:00 p.m. Lunch will be served at 1:00 p.m. This is a great afternoon which includes our traditional picnic lunch, and the bocce ball tournament. We need spectators and players, so bring your lawn chair, sunhat and join us for a fun filled day.

Tickets will be available at the May and June meetings. We have once again reserved the tent so the picnic will go on rain or shine. For more information, call Linda at 204-255-5636. Ticket price is \$5.00 which includes lunch, tournament and prize draws. Cut off for ticket sales is June 6th.

The speaker for the April meeting was from an organization called WE Care. They provide services such as supplemental home care services, medical visits by nurses and respite care. Some of these services may be covered by your extended health plan. You can call 204-987-3047 or check out their website at www.wecare.ca. Please be sure to tell them you are a CN Pensioner.

The meetings are the first Wednesday of the month at the Norwood Legion at 1:30 p.m. There are no meetings in July, August or December. You can come earlier, to visit over coffee and donuts. Hope to see you June 4th.

Rail Safety Week April 28th to May 4th, 2014

Although Rail Safety Week is officially April 28th to May 4th this year, Rail Safety should be a priority every week of the year. CN encourages you to remember and share these important railroad safety rules:

- Take the time to stop-look-listen and use caution at all railroad crossings.
- Be prepared to stop and obey the signals at railway crossings.
- Look for the crossbuck sign, lights or gates at crossings.
- Listen for warning bells and whistles.
- Wait for the crossing gate to be fully raised before crossing the railway tracks and then look both ways before proceeding.
- Only cross tracks at designated areas. Never take short cuts across tracks or through railway property—don't let a shortcut cut your life short.
- Walking, playing or running on or beside railroad tracks is dangerous (and illegal); any time is train time.
- Remember, tracks and recreation do not mix. No pedestrian, bicycle or car is a match for a train.

Learn more about CN's All Aboard for Safety program at www.cn.ca/safety or visit Operation Lifesaver at www.operationlifesaver.ca.



★ Laughter Is the Best Medicine—The Golden Years ★

★ As I was leaving a meeting at a hotel , I checked for my keys. They were not in my pockets, nor the meeting room. I must have left them in the car. Frantically, I headed for the parking lot. My husband has scolded me many times for leaving the keys in the ignition – the car would probably be stolen. His theory was right. The parking lot was empty. I called the police and told them. I then called my husband, stammering "Honey," **I left my keys in the car and it's been stolen.** There was silence, but then he spoke. **"Are you kidding me, I dropped you off!"** Now I was silent. Embarrassed, I said, **"Well, come and get me."** He retorted, **"I will, as soon as I convince this cop I didn't steal your car."**



Outreach Chair's Report—Rose Chapman 204-832-1105

(Mail Outreach info to 186 Windham Rd, Wpg, R3J 3B8 or email rchapman17@shaw.ca)

Outreach Committee

George Lintick	204-254-1032	Mel Rusiecki	204-255-1361
Linda Ksionzek	204-669-8308	Bob Gill	204-256-3897
Albert Delbaere	204-256-8419	Jack Moore	204-224-1019



Please contact any member on the Outreach Committee with information on pensioners who are hospitalized, or ill at home, and on those who have had or will be celebrating special birthdays or milestone anniversaries. **Remember—please keep us informed!**

To those previously mentioned on our Sick List, we hope that you are feeling much better. To those who are currently ill or still experiencing health problems, please know you are in our thoughts. The membership joins us in extending Best Wishes for a speedy recovery. We have received reports and updates on the following Pensioners since the last newsletter: (* denotes member).

- John Almdal* is undergoing treatment for prostate cancer and is making great progress in stemming its spread. He is slowly recovering from the femur fracture suffered last fall. He is feeling great, feels stronger and has a positive outlook on his future health.
- Don Anthony* recently had triple by-pass surgery. He is recuperating at home.
- Ralph Bent* has been ill recently and is recuperating at home.
- Clarence (Wezer) Bridle* was in St. Boniface hospital undergoing tests, but is now home and feeling better.
- Ed Burgess had surgery recently and is recuperating at home.
- Dorothy Cairns* is in Victoria Hospital waiting for placement in a personal care home.
- Mary, wife of Bill Cameron*, fell recently. She is now home and recovering slowly.
- Helve Dawson* broke her leg in February. She is recuperating at home after a lengthy stay in hospital.
- Audrey Haier is in HSC undergoing radiation for brain cancer. She will be getting home later this week after home care is set up.
- Elwood Henderson* recently underwent hip surgery. He is home and doing well.
- Harvey Hosfield* was in hospital recently with pneumonia. He is recuperating at home.
- John Kuban* had two spinal fusion surgeries last fall. He is recovering slowly and hopes to again be able to ride his Harley with new side car in the future. He sends his thanks to his many visitors.
- Roger Loiselle is being treated for leukemia. He is now home from the hospital.
- Wally Payonk* is recuperating at home after knee surgery in February.
- Bill Reilly* recently started radiation treatments for lung cancer.
- Daisy Scott is in Concordia Hospital with leg fractures. She expects to be home shortly.
- Fred Sitar is now in Riverview Health Centre.
- Bill Solamon is in the Victoria Hospital suffering from a badly infected foot. He will be sent home once home care is set up.
- Cathy Taylor's leg is finally healing up but she is now on medication for walking pneumonia.
- Lawrence Webb* is undergoing diagnostic testing.

Happy Birthday Wishes To:

- Elwood Henderson* celebrated his 70th birthday on April 7th.
- Harvey Hosfield* celebrated his 85th birthday on May 5th.
- Harold Prystie* celebrated his 80th birthday on March 4th.
- Ernest Sailor* will celebrate his 86th birthday on June 8th.
- Lawrence Webb* celebrated his 80th birthday on March 26th.

Happy Anniversary Wishes To:

- Andy* and Linda Gibson celebrated their 40th Wedding Anniversary on March 9th.
- Paul* and Suzanne Prince celebrated their 65th Wedding Anniversary on February 26th.
- Ernest* & Florence Sailor will celebrate their 66th Wedding Anniversary on June 18th.

Congratulations and best wishes for many more years of good health and happiness to the above!

Birthday of the Month:

March: Harold Prystie

April: Janet Lewis Anderson

May: John Yarema

Door Prizes:

March: Jim Kane, Tim McCrindle, Gary Taylor, Alice Claeys

April: Aron Loewen, Dave Logan, Margaret Hoppensack, J.P. Poitras

May: Jack Moore, John Haaksma, Don Seal, Randy Rawluk

Obituaries: The following pensioners have passed away since the last report (* denotes member of the Manitoba Pensioners' Association). ***The CN Pensioners Association of Manitoba extends our sincere condolences to the family and friends of the deceased.***

Ian Aird*	Lawrence Harrison*	Gene Oman*
Grace Ashcroft	Dorothy Hein	Allan Poersch
Larry Bazilewich	Bruce Hewertson*	Pearl Pubben*
Dora Bettess*	Eva Hiebert	Fred Richards*
Charles Bourgeois*	Jacob Hildebrand*	Marie Savoie
Richard Bradley	Robert Holmes	Elwood Smith*
Eileen Bunney*	Robert G. Irwin*	Jim Spears*
Florence Burke*	Bob (Sook) Jones*	Eileen Stanger*
Jennie Chmielnicki	Bruce Kabel*	Joao Teles*
Walter Chomiak*	Maria Karabin	Margaret Turner*
Clifford Chute*	Delores Killeen*	Brenda Diane Vandeweghe
Anthony Dacquisto	Sydney King	Louisa Wellman*
Franziska Dost*	Kenneth Knutson*	Edith Whitworth, wife of Ar-
Anna Dutko*	John Kusturok*	thur Whitworth*
Angela Everts*	Henri Lemoine, father of Hank	Margaret Wolfe
Lucie Falvo	Lemoine*	Dennis Wood*, father of Jo-
Jean-Paul Fiola*	Frank Macri	Anne MacCoy*
William A. Firby*	George Malkin	Ida Elsie Yakimchuk
Laura Fraser	Dan Miechkota*	Rose Zadorozny
Steve Fricker*	Ervin Miller*	Mary Zebinski*
Chester Gaszynski	Jean Mosuik*	Paul Zommer*
Dale Georgeson	Gerald Moszynski*	Drago Zurchauer
Victor Guarino*, father-in-law	Jim Motter*	
of Fred Wakeman*	Nancy Mutanen	

A Note From Harvey Hosfield:

Last November the Manitoba Association held their annual elections. The Executive was re-elected by acclamation. It is time for you—our other members to sit up and take notice that you only get what you ask for—sometimes “the same old thing”. We, on the Executive have been here for a long time, and we welcome new blood.

I can hold my head up high as a CN retiree. When I retired in 1986, I was aware of the CN Vet’s Division #1 of Manitoba who were non-operating personnel with some 500 members in their association. As a UTU retiree, there was a gang of us who arranged a room in Shed 4 where we met once a month. There were about 65 of us in this group. The Vets had a room in the Depot basement where they met twice a month. There was a piano, shuffle board and card table where bridge was played, coffee and sandwiches were enjoyed and this group had Charlie Smith who represented Manitoba as their pension rep.

I decided to join the Vets and asked who represented us in Montreal. I was advised that the National Council were the ones recognized by the Company, but that the Vets were not recognized by the NC—thus Charlie could not represent us. I wrote to the President of the NC and he replied asking our UTU group to join the NC. It was hard to refuse as they would pay all expenses for a rep to attend their annual general meeting and I was elected to go. On returning to Winnipeg, we convinced the Vets to rejoin the NC. The rest is history.

We belong to a Defined Benefit Pension Plan with benefits described by the years of service and the best five consecutive years of earning. New non-union members now belong to the Defined Contribution Benefit Plan. The main difference that I know is that under the DBP Plan, the Company is responsible for any annual deficiency where as the DCB Plan, the member is responsible.

The CN Pension Trust Fund is what funds our pension. The major players are: The Plan Sponsor, The Contract Administrator, The Trustee, The CN Investment Division, External Auditor, Independent Actuary, The Regulators, The CN Pension Board, Active Employees, the Labour Unions and the National Council.

Please consider running for one of the offices this coming November and get to know your Pension Plan.

CN Railroaders in the Community Retiree Program

This program recognizes efforts of retired employees by providing a \$500 cash grant to the community based charitable organization they choose to support through their volunteer efforts. To learn more or to apply, visit <http://www.cn.ca/en/delivering-responsibly/community/cn-railroaders-community> or the National Council website at www.cnpensioners.org and click on the tab “CN Volunteers”. Please let us know if your volunteer work has resulted in a grant to your charity by emailing us at jelretiredmama@hotmail.com. Please be sure to indicate this in the subject line.

Looking For Seniority Lists

Marshall Thompson is looking for Western Region Conductors’ Seniority lists from the late 1940’s and early 1950’. He is seeking them for genealogy purposes. If you know where any of these can be found, please contact Marshall at marshman@mymts.net.

Rivers Train Station

Franklin Hayhurst is involved in a committee to restore the Rivers Train Station as energy efficient. They are looking for any CNR paraphernalia that could be donated for display in their future museum. They are a charitable status and invite you to check them out on the Rivers Train Station Blog: <http://riverstrainstationrestorationproject.blogspot.ca>. If you can help, please contact Franklin at fmhay@mymts.net.

CN Employees’ and Pensioners’ Community Fund

For information about this program, please visit www.caissedebienfaisancecn.com/en/index.sn?igl=en.

**CN PENSIONERS
ASSOCIATION OF
MANITOBA**

301 - 270 Fairhaven
Winnipeg, MB
R3P 0X9

We're on the Web—
www.cnpensioners.ca

Frequently Called Numbers

The CN Pensioners Help Line (Morneau Shepell) 1 800 361 0739. Always have your PIN to better identify you when making inquiries. If you move, advise the above number. If you are married at the time of retirement, make sure that CN has your spouse's name on file. Changing banks, with direct deposit, never close your old account until the cheque shows up in the new account.

Change of Address	1-800-361-0739
Canada Pension & Old Age Security	1-800-277-9914
Canada Custom & Revenue Service	1-800-959-8281
Blue Cross, contract number 93115	204-775-0161 switchboard
National Claims Direct	204-775-9261
Income Tax Preparation—Jim Miln	204-253-0137
Health Links Info	204-788-8200, or 1-888-315-9257
Phone numbers for International Employees:	
U. S. Railroad Retirement—Fargo	1-877-772-5772
U.S. Social Security—Grand Forks	1-888-617-0456

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