



CN Pensioners Association of Manitoba

Meetings held at 1:30 p.m. on the 1st Wed of the Month at the Norwood Legion, 134 Marion St., Winnipeg except for the months of July, August and December

www.cnpensioners.ca

Spring 2012

Special Points of Interest:

- Happy 100th Birthday to George Feschuk
- Transcona Shops 100th
- Welcome to New Members
- Outreach Report
- 2012 Executive Committee
- A CN Love Story

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President's View—Ron Davis



The CN Pensioners' Committee and the CN Pensioners' Association wish to recognize those CN Pensioners who reach 100 years of age and beyond, by sending each a special "Best Wishes" birthday card and congratulatory letter. Also a special plaque has been designed with the pensioner's name inscribed showing his/her age and birth date, which will be presented to the individual should there be an event planned for the pensioner. Please contact anyone of the National Council Directors well in advance of the event. He/She will in turn contact CN to arrange for a special gift from the CN Pension Committee.

Happy 100th Birthday to George Feschuk!!!

On Saturday, January 21st, I was delighted to present George Feschuk with his special plaque just prior to the commencement of a party of with over 100 friends, relatives and residents of Kildonan House.



Transcona Shops 100th Anniversary Celebration

The Transcona Shops which officially opened on January 8th, 1913 at a cost of \$6 million, employing 5,000 men, will actually be celebrating 100 years of operation this June in conjunction with the 100th anniversary of the incorporation of The Town of Transcona. Being the perfect opportunity to pay tribute to the industry that gave birth to Transcona, CN will be hosting an Open House on Saturday, June 2nd, 2012. Active employees, CN Pensioners and the general public are invited to attend.

The day will begin with the Hi Neighbour Festival Parade, with Sameh Fahmy (CN's Senior Vice-President Engineering, Mechanical & Supply Management) as the Parade Marshal. At the conclusion of the parade, Transcona Shops will officially open their doors for guided tours. There will be displays and other events, so please stay tuned for updates.

To all CN Pensioners - CN has asked if we would like to participate in this event. **If you are interested in volunteering, please contact anyone of the Executive Council.** We are in the process of considering some great ideas as to our participation—maybe even a Pensioners Float in the parade, so stay tuned. It will be an exciting day!



Executive Council 2011—2012

President

Ron Davis, 489 4485
ronvel@mts.net

Past President

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kayomoz@shaw.ca

Vice President

Carson Hull, 269 2692
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National Council Directors

Carson Hull
Janet Lewis Anderson
Ron Davis, Past President

Membership Report—Wayne Zaharia

Membership Report for March 2012

As of February 29, 2012, membership is as follows:

Payroll Deduction	3,780
Fees Paid by Cheque	159
Paid up Membership	3,939
Unpaid 2012 fees	37
Total membership	3,976

As you can see from above we have 37 unpaid members for 2012. We would appreciate you paying by pension cheque deduction or sending in a cheque. Hopefully you will choose pension cheque deduction and give me a call at 694-5133 and I will arrange same for you. If paying by cheque make it payable to CN Pensioners Assoc., Box 2669, Winnipeg, Mb., R3C 4B3.

I would again ask all members who use email to let us have their email address in case we need to do a fast poll or pass on important news prior to our quarterly newsletter going out. We respect your privacy and can assure you that it will only be used for matters of urgency and when it is used **your name and email address will be the only one that you see. All others will be hidden.** Please send your email address to me at: wayne-cnpa@zaharia.ca.

Change of Address: When you move it is important to let Mercer (1-800-361-0739) know as well as us in order that your newsletter is delivered to you.

Following members are listed as missing and if anyone knows their new address or phone number please call me.

Brown, Linda	Davis, Irwin	Dorward, Fred
Firby, William	Kumka, David	Mykietowich, Helen

Welcome to all new members and we look forward to your participation in the Association. See insert.

First Time Attendees & New Members

A hearty welcome to all new members and an especially warm welcome to those who have attended their first General Meeting where they received a Pensioners pin. Here is a list of first time attendees from September 2010 to February 2012: Norman Chartrand, Stella Bretecher, Art Jones, Carroll Dunford, Wakky Adair, Ron Davey, Beryl Pressey, Bryan Harmer, Bill Cziffra, Randy Rawluk, Ed Kiezik, Rick Ksionzek, Jim Spears, Nick Hrominchuk, Rocco Bueti, Audrey Haier, Joe Beaulieu, Ben Nortey, Robert Town, Roger Comte, Howard Paulson, Frank Phipps, Don Seal, Krystyna Jarmoszko, Bob Newman, Dave Curti.

To all — please come out and join us at a General Meeting—visit with old and new friends over coffee and a donut, catch up on pensioner news and enjoy listening to one of our guest speakers.

National Council 2011-2012

President—David Simpson

1st V.P.—Reg Hebert

Treasurer—Bruce Peacock

Secretary—Wayne Greenland

Past President—Ron Davis

Liaison Officer—Peter Maslak

Editor—Sandra Barnes

Directors:

Atlantic Region

Reg Hebert, 1st VP—Mctn

Walter Agnew— Moncton

Bruce Peacock, Treasurer—Mctn

Wayne Greenland - Mount Pearl

Quebec Region

Yves Bourdon, VP —Boucherville

Jean-Noel Cloutier, — Jonquiere

Claude Lyonnais—St. Hubert

Ontario Region

James Houston, VP —Sarnia

David Simpson—Stirling

Peter Maslak—London

Prairie Region

Carson Hull, VP—Wpg

Gary Heasman—Saskatoon

Janet L. Anderson—Wpg

Mountain Region

Butch Whiteman, VP—Edm

Chuck Lewis— Coquitlam

Sig Poeppel— Kamloops

Rocky Mountain Rail Society

The Rocky Mountain Rail Society is a registered non-profit organization of volunteers dedicated to the preservation of CNR Steam Locomotive 6060. For more information, visit www.6060.org.

Special Events Report—Linda Schram

Christmas Luncheon 2011

Congratulations to Sheila Daley! Sheila was a major prize winner at our Christmas Luncheon in December. She won a night at The Hotel Fort Garry.

CNPA Picnic in The Park 2012

Once again the CN Pensioners Assoc. will be hosting a picnic at Assiniboine Park (Corydon entrance). The date is Thursday, June 14, 2012 and will be at the large tent by the Conservatory. The time is 11:30 am until 3:00 pm. Lunch will be served at 1:30 pm. Tickets are \$5.00 per person (2 tickets per member). Your ticket entitles you to lunch, entry to the Bocce tournament and a chance for prizes. If you don't want to play Bocce then we also need spectators. Tickets will be on sale at the May and June meetings. Cutoff for ticket sales is June 6th. You can purchase tickets by calling Linda 255-5636. The event will be held rain or shine so put on your sunhat and bring your lawn chair and join us for a fun time.

Patrick McMullin and George Lintick, our last year's winners of the Bocce tournament are putting out a challenge to all pensioners to try and unseat them as champs.

Upcoming Speakers:

March 7th, 2012—Janet Anderson on the Rail Traffic Control Centre

April 4th, 2012—TBA

May 2nd, 2012—TBA

Treasurer's Report—Ernie Borowski

The accounts of the CN Pensioners Association of Manitoba have been audited with the following results: "I have reviewed the financial position of "CN Pensioners Association of Manitoba". This review consisted of enquiry, analytical procedures related to the information supplied to me by the Treasurer. Based on my review, nothing has come to my attention that causes me to believe that the financial statements are not in all material respects in accordance with generally accepted accounting practices. Signed by Walter Lesiuk.

Publicity Chair—Harvey Hosfield

I recently contacted Revenue Canada at 1-800-959-8281 for the following info. To convert U.S. dollars to Canadian, the average exchange rate for 2011 is 0.98906920. In the past when I put this in the newsletter, I put in 0.99 and Revenue Canada has accepted it. This is for international recipients of U.S/ Social Security or U.S. Railroad Retirement benefits.

Outreach Chair's Report—Rose Chapman 832-1105

Outreach Committee

Hank Gosselin	255-2722	George Lintick	254-1032
Linda Ksionzek	669-8308	Mel Rusiecki	255-1361



Please contact any member on the Outreach Committee with information on pensioners who are hospitalized, or ill at home, and on those who have had or will be celebrating special birthdays or milestone anniversaries.

To those previously mentioned on our Sick List, we hope that you are feeling much better. To those who are currently ill or still experiencing health problems, please know you are in our thoughts. The membership joins us in extending Best Wishes for a speedy recovery.

We have received reports and updates on the following Pensioners since the last newsletter: (* denotes member)

- Harry Cummine* had heart bypass surgery on November 4th and is recuperating at home.
- Karl Olafson* received a pacemaker in mid-November. He is doing quite well.
- Sarah Scott* broke her shoulder in November and is temporarily wheelchair-bound. She is currently undergoing physiotherapy and is coming along slowly.
- John Yarema* is recovering at home after recent heart surgery. He is doing well.
- Ziggy Zavits has been in Riverview Health Centre since mid-November.
- Bill Zurcher* is home, recovering from a broken neck. He is still wearing a small brace.

Celebrations

Birthdays:

- Ed Bailer* celebrated his 75th birthday on January 16th.
- George Feschuk* celebrated his 100th birthday on January 17th.
- Alex James* celebrated his 91st birthday on December 16th.
- Hugh Ritzer* celebrated his 90th birthday on June 24th.
- Bill Zurcher* celebrated his 81st birthday on January 12th.

Anniversaries:

- Ralph* and Marie Grant celebrated their 63rd wedding anniversary on November 17th.
- Hugh* and Annabel Ritzer celebrated their 65th wedding anniversary on August 2nd.
- Jim* and Marie Rodrigues celebrated their 50th wedding anniversary on January 28th.
-

Other: George Newlove* sends his regards to all who know him. He'd be happy to receive email from anyone interested in contacting him (at chubnewlove@shaw.ca).

Birthday of the Month:

December: Lloyd Lovie; January: Bill Cziffra; February: Victor Ratte

50/50 Winners:

November: Don McKenzie, Don McKenzie, Rene Vandendorpe, Gerry Prejet

January: Gord Stein, Bill Salamon,

February: Dave Curti, Lawrence Webb, Lyle Corbet, George DeSerranno

Obituaries: The following pensioners have passed away since the last report (* denotes member of the Manitoba Pensioners' Association; ** denotes Honorary Member of the Manitoba Pensioners' Association).
The CN Pensioners Association of Manitoba extends our sincere condolences to the family and friends of the deceased.

Norman Anderson*
 Walter Armstrong*
 Elizabeth Arthur, wife of Gordon*
 Arthur
 Theresa Balichowski
 David Bell
 Norma Bell*
 William Bihun*
 Lillian Boyko*
 Ruby Buddick
 Anna Cabel
 Martha Cassels
 Tom Cassels*
 Edward Chihonik*
 Mary Clark*
 Alda Cordeiro
 Domenico De Marchi
 Clara Derhak*
 Constante P. Diaz*
 Margaret Dorosh*
 Joanna Dubas
 Germaine Dubreuil*
 Joseph Elnisky*
 David Federowich*
 Lucy Fleury
 Harold Furber
 John Galayda*
 Hans Gerth*
 Eva S. Graham*

Jim Harris**
 Vic Hebert*
 Alice Hindle
 Mary James, wife of Alex* James
 Eileen Jonasson*
 Shirley Kauk*
 Olga Kazmir*
 Don Keele*
 Phyllis Kenny*
 Nellie Kirby*
 Mary Kolson
 Beatrice Kowcun
 Ed Lavergne*
 Ella Leveque
 George Light*
 S.J. Lloyd
 Joseph Martine*
 Anna Matczuk
 Patricia McDonald
 Doug McDonald*
 Florence McIvor
 Gladys McKinney*
 Olga Memrick
 Allan Nattress
 Gertrude Neill
 Margaret Newcombe, wife of
 Ralph* Newcombe
 Maurine Nowicki*
 Leonard Oliver*

Ira Owen*
 Lee Pajak
 Denis (Danny) Paquette*
 Margaret (Peggy) Payne*
 Dorothy Petlack*
 Josef Pfeiffer
 Vernan A. Phillips
 Marcello Pozzoboni*
 Daniel W. Price*
 Jessie Quesnel
 Rose Reid*
 Garnet Robertson*
 Leo Russo*
 Peter Rybak*
 Joseph Sciak*, father of Louise
 Ferris*
 Rose Semenchuk*
 William Shakespeare*
 Jack Sheffield*
 William Spence
 Maria Svaling
 Hazel Templeton*
 Wayne Trager
 Alex Traverse*
 Peter Trimpolis
 Marion Trudell
 George C. Turnley**
 Ellen Wright



From The Editor's Desk—Janet Lewis Anderson

The following is a heartwarming story we received from Sally Bezpalko. We thought it fitting to include it with this edition as we think of those near and dear to our hearts this Valentine's Day.

MY LOVE FOR THE CN

My name is Sally Bezpalko. I am from Ukrainian descent and immigrated to Canada with my family in 1929. We settled on my grandma's farm in Stead, Manitoba right near the railway tracks.

Although now near the age of ninety, I have acquired many wonderful memories and stories that have come to pass throughout those years. At this time, I have chosen to share with all of you a very "special" story of a childhood "dream" come true.

I am writing this amazing experience as a tribute to my late husband, Emil Bezpalko, a CN Engineer. We were blessed with over sixty wonderful years of marriage.

As I grew up in the small town of Stead, Manitoba, thirty miles from Pine Falls, I recall a train running by each morning from Winnipeg to Pine Falls. And each morning when I heard the rumble of the wheels and the whistle of the engine, my heart would flutter with anticipation. There wasn't a day went by that I didn't literally hang on the CN fence with my hair neatly combed waiting expectantly for the "love of my life." Each day as the train would approach, I asked God to

be as good to that "engineer" as he was to me. As I waited excitedly, he would throw me a treat such as a chocolate bar or some candy on passing. As I never had such delicacies at home, that of course meant the world to me. It had never occurred to me at the time that being in love with the CN would bring "the love of my life" to me---a CN engineer by the name of Emil Bezpalko. He was a devoted and conscientious worker and loved the CN as much as I did. Rain or shine he was always there.

He once shared with me that on one of his runs from Thunder Bay to Sioux Lookout, Ontario, he carried a Government of Canada V.I.P., by the name of Pierre Elliott Trudeau. Mr. Trudeau had expressed his gratitude for the smooth and accommodating train ride the CN crew had provided.

To make a yet longer story short, I pray that God bless all the CN employees and company for all the good memories and friendships Emil and I have enjoyed throughout the past years. I wish the best to all in their personal endeavors as we continue to "chug" along the exciting and challenging "tracks" of life.

Submitted by Mrs. Sally Bezpalko

Happy Valentine's Day to All!



The Travel Corner:

- Shooting Star Casino Trip, March 10th—12th, 2012. For details contact Albert Delbaere at 256-8419.
- Mediterranean Adriatic Cruise with Ken & Liz Carroll May 30th—June 12th, 2012.
- New Zealand & Australia Cruise with Ken & Liz Carroll January 27th—March 4th, 2013.

For more information about these cruises, contact Bev Harbour at Carlson Wagonlit Travel, 336-7240 or toll free at 1-800-661-3193.

Income Tax Time

Do you have a tax question or need help with your Income Tax Return? Call **Jim Miln** (a CN Pensioner) at 253-0137 for assistance.

Sub Group Get-Togethers

For information about the Sub Group Get-togethers, please refer to the Fall 2011 Newsletter or our website www.cnpensioners.ca.



Meet Your 2012 Executive:

Back row left to right: Linda Schram, Harvey Hosfield, Rose Chapman, Wayne Zaharia, Bill Cameron, Janet Anderson, Gary Davis. Sitting left to right: Carson Hull, Ron Davis, Patrick McMullin, Ernie Borowski. Missing: John Mozol.

“Smoke, Cinders & Railroaders” - a picture book history of CN Rail employees who worked in the Dauphin area from the 1950's through to 2000. Book is available for \$15.00 including postage. Contact Paul Doroschuk at 204-638-4312 to order a copy.

The Canadian Railway Hall of Fame

The Canadian Railway Hall of Fame is seeking Nominations for 2012 inductions. See www.railfame.ca for details. This is an excellent way for you to recognize achievement in the Canadian Railway Industry, whether it be individuals from the "railway community" involved in building, operating, community development, and the development of technology OR perhaps nominations for specific historical locations, or achievement - your input to this Industry driven hall of fame initiative is important.



Congratulations to
Melissa Cavanagh
Bursary Award Winner 2011

Tidbits:

Are you aware that if you are spring cleaning and need to get rid of household items, you can receive a tax receipt for your items (not including clothing).

Call the Mennonite Central Committee at 694-3669 or Goodwill Industries 943-6435 for pickup of items and be sure to tell them you would like a charitable donation tax receipt.

For clothing pickup you can call Canadian Diabetes 949-9163 or Big Brothers & Big Sisters 943-5437 (no tax receipt).

CN Railroaders in the Community Retiree Program

Introduced in October 2010, this program recognizes efforts of retired employees by providing a \$500 cash grant to the community based charitable organization they choose to support through their volunteer efforts. To learn more or to apply, visit www.cn.ca/en/corporate-citizenship-community-employee-volunteers.htm.

Fitness Tips by Diane

By the year 2031, 20% of Canada's population will be more than 65 years old. Of this, 45% will be considered "old-old", meaning they are dependent on others for their daily activities. Health impairments, chronic illness and disease increases sharply after age 75. However, with improved lifestyles, better living conditions, more safety controls, advances in medicine as well as a shift in attitudes and policies concerning care, treatment and social services, many seniors continue working well past the age of 65.

Try the following:

Breathing: Inhale through the nose; Exhale through the mouth.

Posture: Head, Shoulders, Hips, Knees, Feet—all aligned.

Remember—Keep active!

Lost & Found

A 25 year lapel pin from VIA and a black and silver ladies scarf were left behind at the Christmas luncheon. If one of these items belongs to you, contact Ernie Borowski at 255-1123.

**CN Pensioners
Association of Manitoba**

P.O. Box 2669
Winnipeg, MB
R3C 4B3

We're on the Web—
www.cnpensioners.ca

Letters to the Editor are much appreciated. If you have something of interest with other CN pensioners I'll be happy to pass it along. Email jelretired-mama@hotmail.com. Be sure to identify CN Pensioners in the subject line. Mail address—55 Four Oaks Cove, Winnipeg MB R3K 0V7.

The newsletter is mailed out quarterly by your local Assoc. Total cost of the mail-out is borne by the Assoc.

Email Fraud? Report any Email fraud / phishing to the RCMP at www.rcmp-grc.gc.ca/scams-fraudes/index-eng.htm.

Report Phone / Telemarketing Fraud to the FTC at www.ftc.gov/bcp/edu/microsites/phonefraud/report.shtml.

CN Pensioners Association of Manitoba

Volunteers in Mailing—Thank you to all who came out to assist in mailing this edition, and with past editions. The reason we did not post names of the volunteers this time is because the newsletter goes to print before we actually know who will be out to help. And so to all Volunteers past and present, please know that we truly value and appreciate your participation and we look forward to your continued support.

Bowling—CNPA Mixed 5-Pin League every Thursday at 10:00 at Mosienko Lanes. To join or to spare, please call Marge Jacobson at 222-6012.

Frequently Called Numbers

The CN Pensioners Help Line 1 800 361 0739. Always have your PIN to better identify you when making inquiries. If you move, advise the above number. If you are married at the time of retirement, make sure that CN has your spouse's name on file. Changing banks, with direct deposit, never close your old account until the cheque shows up in the new account.

Change of Address	1-800-361-0739
Canada Pension & Old Age Security	1-800-277-9914
Canada Custom & Revenue Service	1-800-959-8281
Blue Cross, contract number 93115	775-0161
Income Tax Assistance—Jim Miln	1-204-253-0137
Health Links Info	788-8200, or 1-888-315-9257
Phone numbers for International Employees:	
U. S. Railroad Retirement—Fargo	1-877-772-5772
U.S. Social Security—Grand Forks	1-701-772-5518

The Book Store

Looking for gift ideas? How about one of the books authored and published by one of our fellow pensioners? To obtain a copy of one of these books and for an interesting read check out the following:

- Smoke, Cinders & Railroaders, contact Paul Doroschuk at 204-638-4312
- In One Lifetime: by Theresa Shanoha, 774 -390.
- A Sentimental Journey: by Karl Olafson, 256-5221.
- Through the Window of a Train: by Barbara Lange, 667-8521.
- In The Arms of The Angels—Our Journey Through the Darkness of Dementia: by Janet Lewis Anderson, 275-0482.
- Events in the Life of Kei: by Gerrit Boonstra, 204 268-3998.

Newsletter On Line: Go to www.cnpensioners.ca, then Publicity Page, then "Members Only. A pop up screen will appear requesting a username and password. Username name is: cnpamb; Password for everyone is: newsletter.

Scholarships and Bursaries

For information about the *CN Scholarship Program*, please visit www.cnpensioners.org or www.cn.ca.

For information about the *Bursary Program sponsored by the CNPA of MB*, please visit www.cnpensioners.ca.

