



# CN Pensioner Association of Manitoba

Meets the first Wednesday of the month at 01:30 P.M.  
at the  
Norwood Legion, 134 Marion St.



Except—July, August & December

Spring Edition

Members:—Check out your Website —[www.cnpensioners.ca](http://www.cnpensioners.ca)  
Get involved in The Forum—our online community  
See What's New

Janet Lewis Anderson

**Pensioners,**  
**note that your May's regular meet-**  
**ing will be held on**

**Tuesday, May 18th,**  
**NOT on Wednesday, May 5th.**

We have invited Dave Simpson, President of the National Council, Bruce Peacock, Treasurer N.C. and Darlene Cherry, representative of Mercer, contract administrator of the CN Pension Plan, to attend our regular meeting on Tuesday, May 18th, to answer any questions that you might have regarding your plan. They are attending a CN Pension Committee meeting in Saskatoon at that time and have accepted our invitation.

Then can answer any question that you have and/or have access to the right people to get them.

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## **Blue Cross Report**

**Carson Hull 269 2692**

Attention all Veterans who are currently covered by DVA, and are paying family rates with our Blue Cross, to cover your spouse. Please be advised you can now apply to blue Cross to change your coverage for your spouse to "single rates" rather than family. The only exception is if you have dependants living with you then it is necessary to retain family coverage.

**Coverage under the 5 Day Trip;**—the limitation on the distance travelled has been eliminated and the restriction by "air" is now gone. These trips are covered by Blue Cross with CNPA and there is no problem should you or your spouse be required to change your prescriptions just before your trip.. If you become hospitalised in the U.S.A. and your stay is over 5 days, your coverage continues. You're required to pay all bills, keeping receipts for presentation to Blue Cross on your return. Hospital stay must be on an emergency basis.

Keep in mind, this is for the maximum 5 day trips only. Extra insurance is required for longer trips and most Insurance companies require a varying amount of time with no changes in your prescriptions before they will insure your travel.

A message from GlobeinvestorGOLD.com , thanks to Sylvester Peplinski N.C. Director.

Effective Janury 2010 CN's new President and CEO Claude Mongeau announced his Leadership Team. Why as pensioners should we be interested in this? As the Company is a major annual contributor to the CN Pension Trust Fund that pays our CN pension, it is important that this group continues to run a financially sound business.

Keith Creel, CN's executive vice-president and chief operating officer.

Jean-Jacques Ruest, CN's executive VP and chief marketing officer.

Luc Jobin, VP chief financial officer assume responsibility for the information technology function.

Sean Finn, VP for law, risk mitigation, security and corporate secretary functions.

Kim Madigan, VP human resources, labour relations and human resources.

Russell Hiscock head of CN's Investment Division supervising the CN Pension Trust Fund.

## **5-Pin Bowlers Needed!**

<b>Wally Payonk</b>	President	335 2130
<b>Marge Jacobson</b>	Secretary	222 6012
<b>Dean Danforth</b>	Treasurer	452 9203

The above are your CN Vet's Bowling League executive and we bowl at the Mosienko Lanes at the corner of Redwood & Main, Thursday mornings at 10.00 A.M., the cost is \$8.00 which includes prize money and wind-up banquet.

Come on down and meet old friends and new ones. As this is a mixed league, we are all out there for fun, games and exercise.

New bowlers are encouraged to come out. This will help get you out of the house, rain or shine.

**2010 Executive****President**

Ron Davis 489 4485  
ronvel@mts.net

**Past President**

John Mozol 885 6031  
kayomoz@shaw.ca

**Vice President**

Carson Hull 269 2692  
cbh@mts.net

**Treasurer**

Ernie Borowski 255 1123  
darlern@mts.net

**Committee Chairs****Hospitality**

Gary Davis 663 7722

**Special Event**

Linda Schram 255 5636  
klschram@mts.net

**Membership**

Wayne Zaharia 694 5133  
wayne-cnpa@zaharia.ca

**Out-Reach**

Bob Gill 256 3897  
bobeila@shaw.ca

**Web-Site Coordinator**

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Harvey Hosfield 489 6257  
harveyhosfield@mts.net  
Karl Olafson 256 5221  
karlolaf@mts.net

**Member at Large**

Bill Cameron 256 6488  
bandmcam@shaw.ca

**National Council Directors**

Carson Hull 269 2692  
cbh@mts.net  
Janet L. Anderson  
275 0482  
jelewise@mts.net  
Ron Davis 489 4485  
Past Pres. N.C.  
ronvel@mts.net

**Membership:- Wayne Zaharia**  
694-5133

As of February 28, 2010 membership  
is as follows:-

Payroll Deduction	3,262
Fee Paid by cheque	219
Not paid as Yet!	31
Total paid membership	3,512

We sent out approximately 2,300 recruitment letters and were successful in signing up 293 new members. Thanks to all those who signed up. For those 34 members who have not paid as yet we would appreciate receiving your payment as soon as possible. Thanks.

**Welcome to the following new Members:-**

Bailkoski, Terrance Blancheette  
Kelville

Bogden, Rietta Boles, James  
Brian, Herbert Brown, Andrea  
Chumhalek, Ed Calasuonno, Frank

Corbin, Fichard Ducharme,  
Josephine

Duke, Eleanor Gee, Ken  
Gillespie, Gary Hawthorn, Wayne  
Houle, Russel Kashak, Art

Lucki, Tony Krause, Martha  
Kostelniak, Oresta Luchi, Tony  
Lanthier, Denis Nabess, Simon  
McMahon, Angus Schlamp, Russell  
Nykon, John W.

Seniuk, Harry Skiba, Walter  
Tanghe, Barry Thompson, Roland  
Toppozini, Ken Wilson, Neil O,

See insert for others:

**Remember, if you move please let me know.** Phone: 694 5133

**Wayne Zaharia Membership Chairman**

**New members continued:-**

Andrychuk Peter	Beauchamp, Spencer
Blanchette, David	Boda, Tibor K.
Boretski, John	Clements, Scott
Davey, Ronald	Hnatuk, Gene
Hoppensack, Marg.	Keeley, Brian
Kuzmenk, Anne	LaRocque, Joyce
Milo, Fisher	Molin Victor
Paugilinan, Eduardo	Pressey, Beryl
Rygiel, Adele	Scaletta, Dora
Silvius, David	Stordeur, Alma
Thompson, Ken	Wakeman, Fred
Wickstead, Robert	Willetts, Gordon

**Mr. B. G. Telfer** retired, had done a lot of researching of his family service on CN. It all adds up to 110 years of service. Three generations of family service make up 110 years.

His grandfather, **David Graham Telfer** immigrated from Scotland in 1910, hired on in 1911 as a trackman, later a "lamp lighter" retiring in 1950 with 39 years of service.

Father **Gordon James Telfer**, hired on 1936 as a Freight Shed dock worker, then CN Express/baggage Man retired in 1971 with 35 years service.

**Bruce Gordon Graham Telfer** worked as a trackman then carman retiring in 2006 with 36 years service for a grand total of 110 years.

A footnote from Harvey's CN family history...

2 Grandfathers retired off CN at age 65  
Father died in a rail accident in 1943  
Mother retired from Car Service in 1969  
Uncle retired from mail room in Depot  
Uncle retired from accounting in Edmonton  
2 uncles retired as machinists.  
Uncle retired as Stores foreman  
Uncle retired as Crane operator  
Uncle retired Accounting Dept.  
Brother-in-law retired as a Car Forman  
Broth-in-law retired as Locomotive Engineer  
I retired as Freight Conductor in 1986  
My son is a Locomotive Eng. With 31 years service.

I can appreciate the searching of records that **Mr. Telfer** must have done to come up with 100 years of service.

**Outreach Committee**

**Bob Gill chair**      **256 3897**  
**Mel Rusieki**      **255 1361**

**Hank Gosselin**      **255 2722**  
**George Lintick**      **254 1032**

Thanks to the above Committee for their assistance in keeping us up-dated on the well being of our members. Don't forget to keep us posted on "Happy Events" such as marriage or milestone anniversary or birthday that may be occurring amongst our members.

To those previously mentioned in our Sick List, we hope that you are well on the road to recovery and good health. To those that are currently ill or still experiencing health problems, please know that you are close in our thoughts and the membership joins me in extending Best Wishes to you. We have received up-dates and reports on the following pensioners since the last meeting:— (an asterisk\* denotes member)

<b>Larry Armstrong*</b>	had a pacemaker installed, now home recuperating.
<b>Fred Bosko*</b>	had an operation for colon cancer and is now home receiving treatments.
<b>Richard Brownlee*</b>	is in the Park Manor Nursing Home with stroke problems and experiencing Alzheimer's.
<b>Ken Bulhler</b>	was in the hospital with leg problems, now home recuperating.
<b>Phill Carroll*</b>	in St. Boniface Hospital with abdominal problems.
<b>Harold Duncan*</b>	had his second knee operation, now home recuperating.
<b>Theresa Fillion*</b>	in hospital with diabetes and will be moving to Supportive Homecare when released.
<b>Keith Gable*</b>	had a heart attack, now home recuperating
<b>Thomas Gill*</b>	is in Parkview Place with Alzheimer's.
<b>Carson Hull*</b>	was in St. Boniface Hospital for heart surgery, now home recuperating.
<b>Lloyd Lovie*</b>	had a minor stroke, now home waiting to have some more tests.
<b>Robert Shannon*</b>	had colon cancer operation now home recuperating.
<b>Lawrence Webb*</b>	had a cataract operation, now home recuperating.

**Special Anniversaries:**

**Muriel and Fred Myers\***      celebrated their 55th Wedding Anniversary on December 18th.

**Birthday of the Month Draw**

We encourage all members to come out to our monthly meetings—especially if you are having a birthday that month—you too could be a winner.

December winner	<b>Alan Tetrault</b>
January winner	<b>Lynn Francis</b>
February winner	<b>Carson Hull</b>

**The following pensioners have passed away since the last report,**  
**(an asterisk\* denotes member of the Manitoba CN Pensioners Association).**

Pauline Adair*	Lena Antosh	M.J. Avent	Irene Babiychuk
Jean Baron wife of Archie Baron*		Donald Berthelette	N. Bogan
Roger Bourgeois	John Boyd*	Joseph Boyko	Abram Braun
Olive Brown	Joseph Bruce	C.M. Burtney*	C.M. Butt
M.I. Churches	Yvonne Clarke*	Robin Cowan	G.V. Cruickshank

Michael Dacyk	Wana Daczko*	Jane Dagg	Walter Diaczum*
Joseph Dubowits	Peter Dudych*	Albert Duffy*	John Duncanson
Diedrich Falk	I.J. Ferguson	June Fidler	Maggie Fleming
Honoroe J. Gaborieau father of Marcel Gaborieau*		Alma Gauthier*	Elin Goodman*
Helen Grigat*	Joe Shestko*	Robert Haier husband of Audrey Haier*	

Clementine Happychuk	Delorest Harrison	Rita Hebert	Manfred (Nick) Heilmann*
John Horaski*	Bradley Houle	Edna Hunter*	E. Hrycay
Mary Jonsson	Thomas Kellett	Maksym Kluczkowski	Eva Kowal*
J. Kobialko	Steve Kopytko	Gordon Lang*	F. Larocque
Marie Ange Longmuir	Malcolm (Scotty) MacPhail*		Egon Maertins

Nick Maranchuk*	Francis Marko*	E. Matheson	Malcolm (Cal) Mclean
Robert R. McGregor father of Linda Schram*		David Meder	Stella Nelson*
Francis M. Obirek	Robert Paetsch*	Antonio Pallone	Gordon T. Parbery*
D. Paterson	Gerald Patterson	Sophia Pochailo	Peter Pressey
M. Raposo	L. R. Rodzinski	Zeno (Zeke) Scaletta*	William Scurfield

John Sharett	Joe Shestko*	Louis Smelsky*	William Speidel*
Helen Sokal mother of Ed Sokal*		Nicolas Stefanec*	Ronald Swait
Velma Thorington	Mary Turman	Geoffrey Van Alstyne*	Lloyd Waite*
Phyllis Walton	John (Jack) Watson*	James Wynes*	John Welichka*
Andrew Yury*	Evangeline Wood wife of Dennis Wood*		Shirley Woodward*

Esther Woodward wife of Edward Woodward*	Edward Zambik	Stella Zajanczkowski
Jean Zander	John Aeiler	

The Executive and Members of the CN Pensioners Association of Manitoba extend our sympathy and condolences to the friends and family of the deceased.

**Website Report & More****Janet L. Anderson**

**Website:** Just general maintenance for now, but as we progress into 2010 and celebrate our 3rd birthday, please watch for refreshments to our site.

**Christmas Luncheon Photos:** The photos taken at the Christmas Luncheon are now available for viewing on our website. They can be found in our Photo Section under Events. The album is Christmas and Honorary Members Luncheon 2009. There are lots of great Santa pictures,. Remember, you do NOT need to log in to view the pictures.

**Bursary Program:** We are delighted to introduce our Bursary Awards Program. Thank you to all the members for supporting this initiative. As we roll out this program for the first time, we know it will be a learning experience. However, we are confident we will be able to effectively streamline any bumps in the road and that we will be offering it for many years to come. We are pleased to offer this opportunity to the children, grandchildren and great grandchildren of our supporting members. There are several links on our website to the Application form as well as the Terms and Conditions of this program. One such link is on our FAQ page [www.cnpensioners.ca/faq.html](http://www.cnpensioners.ca/faq.html). Please communicate this opportunity to your children, grandchildren and great grandchildren as our Bursary Program may be a way to assist them with their educational pursuits. If you don't have access to a computer and would like a copy of the Terms and conditions and/or Application Form, please contact any one of the Executive.

**Constitution & By-Laws:** The revised Constitution and By-laws has been posted to our website and can be viewed by going to [www.cnpensioners.ca/faq.html](http://www.cnpensioners.ca/faq.html).

**Transcona Homecoming 2010 :** Just a reminder, the dates to remember are Friday, June 4th through Sunday, June 6th, 2010 for the Transcona Homecoming Reunion 2010. If you were born in 1930, 1940 or 1950 and lived in Transcona, then Transcona's Homecoming Reunion is for you!

Wouldn't it be great to re-connect with your friends from the past? Transcona's 30's, 40's and 50's homecoming reunion will take place during the ever popular Hi Neighbour Festival on June 4th, 5th and 6th, 2010.

Great events are planned such as a wine and cheese "Meet and Greet" on Friday, a dinner and a social event on Saturday with great entertainment and finally a brunch on Sunday to wrap up the reunion. Please tell all your friends and family about this great reunion. For more information, please e-mail [mlrougeau@shaw.ca](mailto:mlrougeau@shaw.ca), phone 224 4405 or [hdtorchia@shaw.ca](mailto:hdtorchia@shaw.ca), phone 222 1959.

**Does Anybody Remember?** We recently received an e-mail from Mr. Jared Huggan Squirrel of Hawick, Scotland. He is looking for information about an ancestor. His Great Grandfather's younger brother Robert Huggan was born in Hawick, Scotland and came to Canada in 1910 and was employed as a cabman with CN. He was an associate member of the Canadian National Railway Veterans Association and the Fort Rouge Legion. Robert Huggan's son, carried the same name as Jared who would very much like to learn more of his ancestor.

continued

If anyone out there remembers Robert Huggan or knows of him, Jared would very much appreciate hearing from you. Jared can be reached by e-mail at: [jaredsquirrel@tiscali.co.uk](mailto:jaredsquirrel@tiscali.co.uk) or by regular mail at—

Mr. Jared Huggan Squirrel  
63B Howdenbank  
Hawick Roxburghshire  
Scotland, TD 9 7JY

Jared has also kindly mentioned that although he can't do full family histories, if any of our members are looking for some basic information on their Scottish ancestry, he does have simple access to Birth's, Death's and marriage records as he is employed as a Family History Officer with the Government Records Office in Edinburgh.

**The Book, "Across the Canadian Shield":** Dorothy Shipley, widow of the late Harvey Shipley\*, (dispatcher), and her son Ken are looking for a copy of the book, "Across the Canadian Shield—CNR Main Line Railroading in the mid 1950's, author (s) Alan Lill/Robert Wanner. As a point of interest, the book has a train order in it, which was done by her late husband, Harvey. If you can help them locate a copy of this book that is in decent shape, please contact either Dorothy at [shipleyd@mts.net](mailto:shipleyd@mts.net) or Ken at [krs57@mts.net](mailto:krs57@mts.net)

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**Special Events:—****Linda Schram 255 5636**

- |               |   |
|---------------|---|
| March 3rd     | ABC's of fraud, (Age & Opportunity)   |
| April 7th     | Manitoba Public Insurance.  |
| May 18th      | CNPA, National Council and Mercer will answer questions re your CN pension (please note that the regular meeting for Wednesday, May 5th will be cancelled because we are having out of town speakers on Tuesday, May 18th at 1.30). |
| June 2nd      | Transitions, (rescheduled from January).  |
| July & August | Recess  |
| December 1st  | Christmas Luncheon, (no meeting in Dec  |

If anyone has any ideas for speakers, or any other special events, please call me or e-mail me at [FGL@mts.net](mailto:FGL@mts.net) phone 255 5636

There has been some interest in going on the Prairie Dog Central, perhaps in September. We will be checking into this.

Thank you to Diane Walton, for being an excellent Special Events person in the past.

Letters to the Editor are much appreciated. If you have something of interest to share with other CN Pensioners I will be happy to pass it along.

Mailing address:—

122 Borebank St.,  
Winnipeg MB R3N 1C9

**This Newsletter** is mailed out by your local Association five quarterly. Total cost of the Newsletter is the responsibility of your Association.

Dec.-Jan.-Feb.

Xmas Luncheon & AGM report of the National Council.

Mar.-April-May

Income tax time! Ugh!

June-July-Aug.

Start of new season.

Sept.-Oct.-Nov.

Start up after recess, election of local officers at the Nov. meeting.

**No regular meeting in December.**

### Re Indexation

January we received a 1.02% increase in your basic CN monthly pension for qualifying retirees.

It doesn't sound like much what with Blue Cross premiums going up each year, primarily by the increase in prescription drugs that we all seem to have to take to stay healthy but there a lot of company pensions that do not have this provision.

Curiously, I wanted to know how much my CN pension had increased over the years. From 1993 to 2010 my CN monthly pension has increased \$558.35 a moth.

This year my monthly pension increased \$29.73 so every little bit helps.

### **Information for people filing their own Personal Income Tax for 2009**

Joint Election to Split Pension Income form must accompany your tax return. Form 1032

Home Renovation Tax Credit:—Home renovations expenses, (see line 368 in guide and attach Schedule 12.

#### Example of Eligible Expenses

Renovating a kitchen, bathroom or basement  
New carpet or hardwood floor.

Building an addition, garage, deck, garden/storage shed or fence.

Re-shingling a roof

A new furnace, wood stove or boiler, fireplace, water softener, or water heater

A new driveway or re-surfacing a driveway

Painting the interior or exterior of a house  
Window coverings directly attached to the window frame and whose removal would alter the nature of the dwelling

Laying new sod

Swimming pool, (permanent -in ground and above ground

Fixtures, (e.g. lights, fans etc.)

Associated costs such as permits, professional services, equipment rentals and incidental expenses.

The above taken from Canada Revenue Agency Fact Sheet.

Recipients of U.S. Social Security or Railroad Retirement annuity to convert U.S. dollars to Canadian dollars the average exchange rate for 2009 is 1.14%.

and

If all these numbers are too confusing, spend a few dollars and phone retired CN

Pensioner **Jim Miln** at 253 0137.

A little history of the Manitoba Pensioners Association as I recall.

In 1987 a group of UTU seniors as we called ourselves, retired trainmen and conductors, formed a group to meet once a month to stay in touch with our past on the CN. Shop-Craft and Depot retirees belonged to the CNR Veterans Association Division #1, (the Vets), which originated in 1930.

The Vets had their own club room in the lower level of the Union Depot. They had their own piano, shuffle board, card playing bridge group with large lounging chairs probably scrounged from passenger sleeping cars. They met twice a month, a social meeting with coffee and sandwiches the other was their business meeting.

I joined the Vets in 1988 and found that they had had a falling out with the National Council and did not send representatives to the N.C. annual general meeting. The Company recognized the N.C. as the only group that represented all CN retirees. I had gone to the N.C. AGM in 1988 as a representative of the UTU Seniors at the insistence of President Don Mills of the N.C. We only had 67 members at the time but N.C. paid all my expenses which were considerable as return air fare at that time was over \$1,000.

As a member of both retired groups in Winnipeg I was able to convince the Vets to re-affiliate with the N.C. The Vets, at the time had several hundred members and were welcome back into the fold of the N.C.

At our last December's Christmas luncheon we were blessed with five of our Honourary Members two who were originally officers of the Vets, **Stan Siwik** secretary, **George and Gerrie Turnley**, along with **Barbara McGregor**, and **Lawrence and Flo. Webb**. Regrets from **John Almdal**, **George Clements** & **Jim Harris**.

Cost of printing and mailing

this Newsletter is born entirely by the local pensioners Association.

#### Volunteers in mailing:

**Bill Cameron, Tom Cassels, Rose Chapman, Lyle Corbett, Fred Dagg, Joe & Myrtle DeReuck, John Derksen, Lore & Myrna Gardiner, Elanor Grey, Hank & Verona Gosselin, Marge Jacobson, Lloyd Lovie, Tom Nicholl, Karl Olafson, Chontel Paterson, Albert Prejet, Bill Reilly, Mel Rusiecki, Gerry Savoie, Gord Stein, Egon & Helga Stanik, Wally Thomson, Diane Walton** plus the Executive Members and Wives.

Thanks to You All

**Harvey.**



### National Council Directors:— 2009-2010

#### Atlantic Region

Walter Agnew Moncton  
Reg Hebert VP Moncton  
Bruce Peacock Treasurer Moncton  
vacant St. John's NL

#### Quebec Region

Jean-Noel Cloutier VP Jonquiere  
Claude Lyonnais St. Hubert  
Luc Grenier Beloeil

#### Ontario Region

David Simpson President  
Peter Maslak London  
Sylvester Peplinski VP Thorold

#### Prairie Region

Gary Heasman Saskatoon  
Carson Hull VP Winnipeg  
Janet L. Anderson Winnipeg

#### Mountain Region

Chuck Lewis Coquitlam  
Sig Poeppel Kamloops  
William Whiteman Edmonton V.P.

#### Past President:

Ron Davis Winnipeg

#### Executive Secretary:—

Wayne Greenland Mount Pearl NFL

#### Liaison Officer

Peter Maslak London

These people all volunteer their time to represent you. Legitimate expenses are paid. **Women are encouraged to run for Directors positions on the National Council.**

### For recipients of U.S. Railroad Retirement monthly benefits:—

For Direct Deposit, you must have an account with either the Royal Bank or the Bank of Nova Scotia to set up this service.

Call the Fargo regional office at 1 877 772 5772 and have your U.S. Social Insurance number. All others are out of luck. **Others**, if you do not receive your benefit by the 7th of the month, call this number and they will arrange for a duplicate to be mailed out.

### For Educated Minds

The roundest Knight at King Arthur's Round Table was Sir Cumference. He acquired his size by too much pi;

I thought I saw an eye doctor on an Aleutian cruise but it turned out to be an optical Aleutian.

She was only a whiskey maker but I liked her still.

A rubber band pistol was confiscated in an algebra class because it caused math disruption.

No matter how much you push the envelope it will still be stationery.

A dog gave birth to puppies near a road and was cited for littering.

A grenade thrown into a kitchen in France resulted in Linoleum Blownapart.

Two silk worms had a race. They ended in a tie.

A backward poet writes inverse.

In a democracy it's your vote that counts. In feudalism, it's the Count that votes.

When cannibals ate the missionary they got a taste of religion.

A hole had been found in a nudist colony fence. The police are looking into it.

Two hats were hanging on a hat rack. One hat said, "You stay here, I'll go on ahead."

A sign on the grass at the Drug Rehab. Centre said, "Keep off the grass."

The short fortune teller escaped from prison was a small medium at large.

The man who survived mustard gas and pepper spray is now a seasoned veteran.

A pensioner phoned and wanted to know if "free billing service" was still offered by the Company. He said that he had called Mercer and their response was they didn't know what he was talking about.

When I moved back to Winnipeg in 1960 from Rainy River ON, I had an empty box car spotted in RR and loaded my furniture, as I had a three bedroom house in Rainy River I had acquired a good deal of furniture including an old piano so I partially filled up the car. It was spotted in East Yard where I was able to unload it. There was no charge to me for shipping by rail. So I knew what he was talking about.

He wanted to move his furniture that was in storage in Qualicum Beach BC to Atikokan ON as he had health problems and his family wanted them closer to them in Atikokan.

I was able to get him in touch with the right CN office and found that, indeed, the "free billing service" is still available.

This for your information.

.....

I had visitors last week-end and a curious conversation ensued whereby a parcel was mailed at the Post Office and as they had an identical parcel to be mailed later on they had bought stamps to cover the mailing costs.

On taking it to a convenient franchised postal outlet they were told that it required \$6.00 more in stamps. Coincidentally, on Monday I received an e-mail with a similar situation and when questioning the Postal Authorities was advised that franchised postal outlets can charge what they like.

I mailed 6 identical envelopes to pensioners at a franchised outlet at \$1.96 each and then mailed one at the post office and they charged \$2.10

You be the judge!!!

Letters to the Editor are much appreciated. If you have if you have something of interest with other CN pensioners I'll be happy to pass it along. Mail address—

122 Borebank St. Winnipeg MB R3N 1C9

The newsletter is mailed out quarterly by your local Assoc.. Total cost of the mail-out is born by the Assoc.

Summer edition—June, July & August

Fall Sept.-Oct.. November

Winter Dec.-Jan.- Feb.

Spring Mar.-April-May

#### **Election of local CNPA executive at the November mtg.**

Frequently called phone numbers:

The CN pensioners Help Line 1 800 361 0739

Always have your PIN to better identify you when making inquiries. If you move, advise the above number. If you are married at the time of retirement, make sure that CN has your spouse's name on file. Changing banks, with direct deposit, never close your old account until the cheque shows up in the new account.

Canada Pension & Old Age Security 1 800 277 9914

Canada Custom & Revenue Service 1 800 959 8281

Blue Cross, contract number 93115 775 0161

Phone numbers for International Employees

U. S. Railroad Retirement—Fargo 1 877 277 5772

U.S. Social Security Grand Forks 1 701 772 5518

Address for CN Scholarships:

Association of Universities & Colleges  
600 350 Albert St.  
Ottawa On K1B 1B1

#### **Meals on Wheels**

Do you want to meet a need in your Community?

Meals on Wheels always need drivers and/or servers, seven days a week. Deliver once a week, twice a month or spare when you can.

Call Shirley at 956 7711

Daily, 41 drivers are needed to deliver more than 600 hot noon time meals to clients. This only takes a maximum of 2 hours of your time. A worthy cause.

Volunteers in mailing out the Newsletter:—

**Tom Cassels, Lyle Corbett, Joe & Myrtle DeReuck, John Derksen, Lorne & Myrna Gardiner, Elenor Grey, Hank & Verona Gosselin, Marge Jacobson, Lloyd Lovie, Tom Nichol, Karl Olafson, Chontel Paterson, Albert Prejet, Bill Reilly, Mel Rusieki, Gerry Savoie, Gordon Stein, Egon & Helga Stanik, Wally Thompson, plus:—**

**Members of the Executive and their wives.**

**Carson Hull**, VP and Blue Cross Representative on the National Council is also the one to contact if you want to order CN pensioner's jackets, golf shirts or other accessories.

**Carson's** phone number is 269 2692'

**Carson** needs a minimum order of 24 units to receive the price he quotes.

**Jim Miln**, retired CN pensioner compiles personal income tax returns.

**Jim** will maximize your correct CN pension income splitting to reduce your income tax, he is familiar with recipients who receive U.S. Social Security and Railroad Retirement benefits and foreign tax credits.

Average exchange rate to convert U.S. funds to Canadian dollars for 2009 is 1.14%. Received this from Revenue Canada Phone .....**Jim at 253 0137** for a competitive filing rate.

#### **CN Ladies Professional golf Association**

To be held at St. Charles Golf & Country Club Winnipeg  
August 23rd to 29th 2010.

Looking for volunteers—application forms on the CNPA website.

**New postal rates effective January 11, 2010 —**

**Domestic—57 cents U.S.—\$1.00 Overseas—\$1.70**  
**30 to 50 grams \$1.00**

**for service call 1 800 267 1177**

**Choice Hotels:—**The CNPA has a discount agreement with Choice Hotels.

Phone 1 800 424 6423 and quote your ID# 00064447 give the city, date & time, arrival and departure etc. Always have your PIN to better identify you as a CN pensioner.

Their website is [www.choicehotels.ca](http://www.choicehotels.ca) This information appeared in the Spring edition of the N.C. Newsletter.

#### **Interesting reading authored by local CN Pensioners**

**In One Lifetime:—**

**A Sentimental Journey**

**by Theresa Shanoha—774 7390**

**by Karl Olafson 256 5221**



## Welcome to following new members

Adair, Walter  
Aguiar, Maria  
Aikens, Agnes Isabel  
Allen, Dorothy  
Anaka, Therese  
Anderson, Harvey  
Antonick, Jim  
Aquino, Natividad  
Astrope, Landon H.  
Austman, Martin  
Bahniuk, Merilda  
Bahrey, Randy  
Bailey, James R.  
Baird, Frances  
Bauer, Gloria  
Bazylo, Donald  
Beatty, Lea  
Belz, Mary  
Bernat, Ernie M  
Betts, Shirley  
Bieganowaski, Jeanette  
Billey, Glenn  
Boros, Joseph  
Bourque, Gerald  
Bowes, Don  
Braga, Antonio  
Bras, Jose  
Braz, Augustino  
Bridge, Madlyn  
Brown, Doug L.  
Brown, Gwen  
Brunet, Jeanne  
Brust, Margaret  
Buhler, Kenneth  
Burbridge, Reginald C.  
Buxton, John  
Campbell, Elizabeth  
Caron, Susan  
Carter, Doug  
Carter, R. Dale  
Carter, Robert  
Carver, Kenyard  
Cathcart, Isabel  
Champion, Ruth  
Chapman, Arthur  
Charles, Irene, J.C.  
Chartrand, Norman  
Childs, Joan  
Chroniak, Larry  
Clements, Allan  
Code, Earl

Cohen, Jerome  
Conway, Richard  
Cooper, Della  
Costa, Jose  
Creasy, Anne  
Cumbers-Wright Joy  
Dasilva, J. M. P.  
Davey, Dorothy  
Davie, Walter  
Davies, Nellie  
Defosse, Ray  
Dennehy, Helen  
Dolphin, Dennis  
Dornbush, Teodora  
Douglas, John  
Drew, Karen  
Dubreuil, Germaine  
Ducharme, George  
Ducharme, Gord  
Ducharme, John W.  
Dunfield, Don  
Dupuis, Paul  
Dyck, Louise  
Dziawa, Mary  
Efford, Elizabeth  
Elson, Helena  
Erhart, Brian D  
Ernst, Gunther  
Falk, Kerry  
Fenez, Dan  
Fenez, Michel  
Feschuk, George  
Fillion, Therese  
Finnie, Don  
Fitzpatrick, David  
Fontaine, Roland  
Fortescue, Patricia  
Frejuk, Peter  
Gardiner, David  
Gata, Eduardo  
Gawiak, Stella  
George, Rachel  
Gervasi, Aldo  
Gibson Clifton Roy  
Gnutel, Dena  
Goldstrand, Helen  
Gollub, Madalene  
Goodridge, William  
Goretski, Margaret  
Gowen, Dudley  
Grande, Domenico

Grasby Carmin, A.  
Greenaway, Richard  
Gregg, Joe  
Griffith, Lorna  
Grime, Dorothy  
Gulakow, Sophie  
Gurske, Otfried  
Hay, Edward  
Herman, Wayne N.  
Hladun, William  
Hogan, Barbara  
Holden, Gary  
Holmes, Jim  
Hucaluk, William  
Hull, Andrew  
Janssen, Mathias  
Jarvis, Alan  
Johnston, Victoria  
Jones, Bob  
Jose, Rolando C.  
Karran, James  
Kazmir, Leslie  
Kazun, Eva  
Kiesman, Nettie  
King, Robert H.  
Kinoshita, Alice  
Kirkpatrick, Donald  
Kitchen, William  
Klymochko, Mary  
Kobialko, Ella C.  
Koch, Frank  
Kokolsky, Olga  
Kolodka, Peter  
Koncur, Olivia  
Kondryshyn, Walter  
Korb, Raymond  
Kostecy, Eugene  
Kotello, Frank  
Kotz, Joseph  
Kowal, Sylvia  
Kowaluk, Annie  
Kowalyk, Nettie  
Kozuska, Jack  
Krahn, Leonard  
Kramble, Vera E.  
Kristalovich, Rudolph  
Kruger, Darcy  
Kulczycki, Alice  
Kulczycki, Brian  
Kvamme, Lawrence  
Labiuk, Gloria

Ladell, Glen C.  
Lamoureux, Henriette  
Landry, Lionel  
Lapointe, Albina  
Lavallee, Magdalene  
Ledoyen, Lucille  
Leneal, Therese  
Leslie, Nelida  
Letain, Claudette  
Lewis, Robert  
Loewen, E. Vera  
Loiselle, Donat J  
Louttit, Raymond  
Loves, Winifred  
Lulashnyk, K. H. Winona  
Machado, Jose  
Mackenzie, Ian  
Mackin, June  
MacLeod, Charles E.  
MacNeil, Henry  
Maddaford, Helen  
Makoski, Tony  
Manciulenco, Anna  
Mann, Lawrence  
Marchak, Nickolas  
Mariano, Adoracion  
Marion, Yvonne  
Marsh, Bruce  
Marshall, Pauline  
Masi, Saverio  
Mcdougall, Margaret  
McFarlane, Bob  
McGraw, Maureen  
McWhirter, Flora  
Meier, Maarjorie  
Miklovic, John  
Mitchell, Colin  
Mlynarovich, Terry  
Moran, Barbara  
Morton, Robert  
Mundell, Eva  
Nawankiewicz, Julia  
Netzel, Walter  
Nixon, Garry  
Nugent, Dorothea  
Ogden, Elsie  
Osinski, Elizabeth

Palmer, Darlene  
Paluck, Edward  
Parisien, Emile  
Parker, Sylvester  
Parto, Nicomedes  
Pavot, Mary (Maria)  
Peluso, Valentino  
Perner, Gerhard  
Pfiefer, Stanley H.  
Phillips, Winnifred  
Phipps, Frank  
Pizziol, Allan  
Plante, Paul  
Pochuk, William  
Polanski, Louise  
Porter, Robert  
Porter, Thomas F.  
Poworoznyk, Melvin  
Poudrette, Marjorie  
Price, Adeline  
Puranen, Jack  
Purchase, Mary  
Rauch, Frances  
Rawsthorne, Lee  
Rech, Jean  
Rempel, Mel  
Rioux, Gilbert  
Robertson, Natalie  
Robertson, Sylvia  
Roerick, Shirley  
Ronald, Lois  
Rondeau, Eugene, M  
Ronzone, Ernesto  
Ruban, Joan  
Ryan, John  
Safruik, Tom  
Salo, Irene  
Schink, Rudolf  
Schmidt, Randy  
Seaton, Victor  
Sharpe, Douglas H  
Shean, James Gray  
Shelvey, Kathleen  
Shettler, Allan G.  
Shurvell, James  
Simard, Darlene  
Sinclair, John J.

Singbeil, Joanne  
Singer Samuel  
Singh, Amarjit  
Skinner, Olga M.  
Skochylas, Anthony  
Skolrood, Ollie  
Smith, Margaret  
Snydal, Dave  
Solomchuk, Lynn  
Souch, Robert  
Spelchak, Polly  
Stachowich, Edward  
Stefanyshyn, Louise  
Stelmack, Gordon  
Stevenson, Larry  
Strong, R. Wayne  
Sushnyk, Sylvia  
Swain, John  
Swait, Warren  
Tanghe, Robert  
Tchir, David  
Tetrault, Roger  
Todd, Marion  
Tokar, Erica  
Tolmitt, Wally  
Turcotte, Doris  
Turk, Dorothy  
Turner, Margaret  
Van Achte, Marlene  
Van Bastelaere, Rita  
Van Wart, Mark  
Walker, Karan  
Watson, Dorothy  
Watson, Margaret  
Weselowski, Dolores  
Williams, Anne  
Winter, Victoria  
Wonitowy, Vlad  
Wood, Marie  
Wood, Raymond  
Woroniuk, Winnie  
Woytowich, Stella  
Yakemow, Anne  
Yathon, Owen  
Young, Barry  
Zilinski, Dennis  
Zilinski, Susan