

Union Depot, Winnipeg, Man.



# CN Pensioners Association of Manitoba

Meetings held at 1:30 p.m. on the 1st Wed of the Month at the  
Norwood Legion, 134 Marion St., Winnipeg except for the  
months of July, August and December

## Special Points of Interest:

- Participation Encouraged—Cover page
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[www.cnpensioners.ca](http://www.cnpensioners.ca)

Spring 2013

## President's View—Ron Davis

It should come as no surprise that the number of members who attend the monthly meetings has declined substantially in the past year or so. Many of the new retirees have found other things to do on the first Wednesday of each month. We need more members to come to these meetings for a variety of reasons. Not the least of which is to make it worth the time and effort put in by our Guest Speaker to deliver their message.

In addition, we need volunteers to run for an office on the Executive Committee. Most of the Executive have spent at least ten years serving the Association. Come this November, at least one member will leave the Executive Committee, with no one ( so far ) willing to step into the position. Our Association will lose its vitality and purpose if these positions remain unfilled. Contrary to popular opinion, these positions do NOT require many hours of volunteer labor each month to fulfill their tasks. Most members of the Executive spend only a few hours per month on keeping current with their responsibilities. We need your help!

## Welcome to Jerry Dunford

As many of you know, Ernie Borowski, recently had to step down from his role as Treasurer due to health issues. We are happy to report that Ernie is coming along well and we do look forward to seeing him out at our meetings as soon as he is able.

Fortunately and with great appreciation, we are happy to announce that Jerry Dunford has stepped forward to fill this role. It has been quite a challenge stepping in on such short notice, but Jerry already has things under control. A hearty welcome to Jerry!



## Christmas Luncheon — Harvey Hosfield

Special Events Chair, Linda Schram and her "Elves" held a very entertaining luncheon on Wednesday, Dec 5th at the Masonic Centre. Guests (totalling 170) were served a delicious luncheon of Chicken Cordon Bleu. President Ron Davis was the Master of Ceremonies, welcoming all including our Honorary Members Bob Gill, John Almdal and Barbara McGregor, wife of the late Vern McGregor. Colette Mozol once again led us all in singing the table grace. After the luncheon, Ron commenced the draws for the various door prizes. Bags of assorted candy as well as the 2013 CN Calendar were handed out to everyone. Many thanks to Linda, Santa, and all who helped make this another wonderful Christmas Celebration.



### Executive Council 2012—2013

(Precede all MB numbers  
with 204)

#### President

Ron Davis, 489 4485  
ronvel@mymts.net

#### Past President

John Mozol, 885 6031  
kayomoz@shaw.ca

#### Vice President

Carson Hull, 269 2692  
cbh@mymts.net

#### Secretary

Patrick McMullin, 415 0358  
p McMullin@shaw.ca

#### Treasurer

Jerry Dunford, 487-7478  
jdunford@mymts.net

#### Committee Chairs

##### Hospitality

Gary Davis, 663 7722

##### Special Events

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fgl@mymts.net

##### Membership

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wayne-cnpa@zaharia.ca

##### Outreach

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rchapman17@shaw.ca

##### Webmaster & Editor

Janet L Anderson, 275 0482  
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##### Publicity

Harvey Hosfield, 489 6257  
harveyhosfield@mymts.net

##### Member at Large

Bill Cameron, 256 6488  
bandmcam@shaw.ca

##### National Council Directors

Carson Hull  
Janet Lewis Anderson  
Ron Davis, Past President

## Membership Report—Wayne Zaharia

As of February 28, 2013, membership is as follows:

Total membership	4,014
Payroll Deduction	3,844
Fees Paid by Cheque	123
Paid up Membership	3,967
Unpaid 2013 fees	47

As you can see from above we have 47 unpaid members for 2013 and they will have a reminder enclosed with their newsletter. We would appreciate you paying by pension cheque deduction or sending in a cheque. Hopefully you will choose pension cheque deduction and give me a call at 204 694-5133 and I will arrange same for you. If paying by cheque make it payable to CN Pensioners Assoc., Box 2669, Winnipeg, Mb., R3C 4B3.

I would again ask all members who use email to let us have their email address in case we need to do a fast poll or pass on important news prior to our quarterly newsletter going out. We respect your privacy and can assure you that it will only be used for matters of urgency and when it is used **your name and email address will be the only one that you see. All others will be hidden.** Please send your email address to me at: wayne-cnpa@zaharia.ca.

When you move it is important to let Morneau Shepell (Pensioner's Help Line) 1 800 361-0739 know as well as us in order that your newsletter is delivered to you on time.

Following members are listed as missing and if anyone knows their new address or phone please call me: Batiuk, Sophia; Dempster, Cliff; Firby, William A.; Hilton, Garnet F.; Kumka, David; Otto, Norman; Senyk, Walter; Boucher-Tapping, Helen.

Welcome to following new members. We look forward to your participation.

Barnsdale, John	Lavallee, Marc	Strachan, Florence
Barros, Antonio	Lemoine, Henri (Hank)	Thompson, Leonard
Bemis, Gerald	Liebrecht, Sheldon	Trochim, Stella
Burik, John	Mann, Lawrence	Turner, Margaret
Campbell, David	Nykoluk, Joyce	Tycoles, Ernest
Childs, Allan	Patterson, Garth	Unger, Edward
Cummer, Ron	Peters, Elizabeth	Urski, Bruce
Davis, George	Pottle, Keith	Watson, Beverley
Denny, Jean	Pownall, David	Wawyn, Ed
Dixon, Joanne	Plesh, Phyllis	Wiebe, Hans F.
Fiola, Jean-Paul	Quistberg, Susan	Williams, Denise M.
Gendron, Gerry	Radics, Margaret	Williams, Tim
Giardino, Michael	Ranville, Russell	Windross, Joseph
Gudmundson, Sveini	Rentz, Marvin	Yakimiw, Helena
Haaksma, Andre	Santos, Antonio	Yakiwchuk, Ernie
Hnatishin, Martha	Shchudlo, Luba	Young, Flora
Houston, Frank	Shumsky, Don	Young, John
Ings, Donna	Sorenson, John	Zaboroski, Evelyn
James, Annette	Squires, Stanley	Zankowski, Jennie
Kotyk, Michael	Stewart, Linda	Zastre, Paul
Kramble, Randall	Storozuk, Boris	Zilinsky, Patricia
Kulchyski, Doreen	Storry, William	

## Special Events Report—Linda Schram

**Just a reminder—our meetings are held the first Wednesday of the month at 1:30 at the Norwood Legion. Spouses are welcome. No meetings in July, August and December.**

### Upcoming Speakers:

**February 6th, 2013:** Guest speaker will be from the CNIB. Topic will be on eyes diseases, eye health and on services available from the CNIB.

**March 6th, 2013:** Guest speaker will be Lawyer Heather Dixon. Heather is well known as an advocate for seniors. She will be making a presentation on Wills and Estates. If you have questions, please write them down either before or at the meeting and Heather will be happy to answer them.

**April 3rd, 2013:** To be announced.

**May 1st, 2013:** Guest speaker will be Heather Lavoie from a company called Smaller Spaces. She will be speaking on downsizing and cleaning out the clutter.

**June 5th, 2013:** To be announced.

**Thursday, June 13th, 2013:** Annual Picnic in Assiniboine Park. Once again we will be having a Bocce tournament. Even if you don't play you can help judge or be a spectator. Bring your lawn chair and sun hat and join us for lunch. The Bocce Tournament will run from 11:30 until 1:00 and then we will break for lunch. After lunch, we will then finish the tournament and award the prizes.

Tickets are \$5.00 which includes the picnic lunch. They will be available at the May and June meetings. You can also get tickets by calling Linda at 204-255-5636 after May 1. Cutoff for tickets will be June 5th. We were once again able to secure the large tent that will seat everyone, so our picnic will be on rain or shine. Please note, limit of 2 tickets per pensioner member.

### Mercer is now Morneau Shepell

You may have noticed that Mercer has sold their business of managing the administration of pension plans to a company called Morneau Shepell. There has been no change in the contract that CN negotiated with Mercer and the phone number remains the same (1-800-361-0739). Chances are you will also speak to a person who formerly worked for Mercer and who is knowledgeable about our pension plan.

### First Time Attendees & New Members

A hearty welcome to all new members and an especially warm welcome to those who have attended their first General Meeting where they received a Pensioners pin. Here is a list of first time attendees from January 2013: N/A; February: Allan Pilkington.

### Bursary Program

Just a reminder to our members. If you have any grandchildren who might be eligible for our Bursary Award, please have them visit our website at [www.cnpensioners.ca](http://www.cnpensioners.ca) for details. Deadline for applications is August 15th.

## Outreach Chair's Report—Rose Chapman 204-832-1105



### Outreach Committee

Hank Gosselin 204-255-2722 George Lintick 204-254-1032  
Linda Ksionzek 204-669-8308 Mel Rusiecki 204-255-1361

Please contact any member on the Outreach Committee with information on pensioners who are hospitalized, or ill at home, and on those who have had or will be celebrating special birthdays or milestone anniversaries.

***Remember—please keep us informed!***

To those previously mentioned on our Sick List, we hope that you are feeling much better. To those who are currently ill or still experiencing health problems, please know you are in our thoughts. The membership joins us in extending Best Wishes for a speedy recovery. We have received reports and updates on the following Pensioners since the last newsletter: (\* denotes member).

- Ernie Borowski\* is recuperating at home after suffering a stroke in mid-November and is coming along really well.
- Ed Grzadka\* had a stroke in mid-January which affected his vision. He is resting at home.
- Vic Guarino\* recently had knee replacement surgery in the Fall and is recuperating at home.
- Denis Olivier\* is being treated at home for his illness and is doing a bit better.
- Allan Pilkington\* had knee surgery in November and is recovering at home.
- Carl Steele\* is recuperating at home after a bad fall in early December. He broke his shoulder and an arm bone in three places.
- Murray Strong\* is in the Victoria Hospital.
- Max Sywak\* is on dialysis in the Health Sciences Centre.

## Celebrations—Congratulations to All!

### Birthdays:

- Andy Kurtz\* will celebrate his 100<sup>th</sup> birthday on March 14<sup>th</sup>.
- Collette Mozol, wife of John Mozol\*, celebrated her 75<sup>th</sup> birthday on December 17<sup>th</sup>.
- Mary Tesarski\* celebrated her 88<sup>th</sup> birthday on December 24<sup>th</sup>.
- William Baran\* celebrated his 80<sup>th</sup> birthday on February 20<sup>th</sup>.

### Anniversaries:

- Claude\* and Irene Martin will celebrate their 40<sup>th</sup> Wedding Anniversary on May 18<sup>th</sup>.

***Congratulations and best wishes for many more years of good health and happiness to the above!***



**Birthday of the Month:**

December 2012: Don Seal

January 2013: Fred Diachun

February 2013: Jim Beyak

**Door Prizes:**

January: Fred Dagg, Barry Levandoski, Art Jones, Bill Reilly

February: Dave Allan, John Yarema, J.P. Poitras, Allan Pilkington

**Obituaries:** The following pensioners have passed away since the last report (\* denotes member of the Manitoba Pensioners' Association).

**The CN Pensioners Association of Manitoba extends our sincere condolences to the family and friends of the deceased.**

Julien Alarie\*  
 Anne Anderson  
 Mary Anderson\*  
 Larry Armstrong\*  
 Alfreda Baranowska\*  
 Steven Belmore\*  
 Maria Belz\*  
 Dora M Boudreau  
 Brian Burke\*  
 Elizabeth Campbell  
 Jean Chagnon\*  
 Walter Code  
 Ruth Cordilione  
 Janet L Cross  
 V R Dawson  
 Jean Demarco  
 Alfred Denny\*  
 Helena Dilaj  
 Elton Donaldson\*  
 Hildegard Dumke  
 Grace Ethier\*  
 Mary Finch\*  
 Beatrice Frederick\*  
 Elvira Gentile  
 Dale Gilson\*  
 Hortense Green\*  
 Edelgard Gron\*

Joe Guarino\*  
 Paul Hawryshko\*  
 Inga Heshka\*, wife of the late  
     Sandy Heshka Sr. †,  
     mother of Sandy  
     Heshka Jr.\*  
 Mike Horobec\*  
 Florence Jagger\*  
 Paul Joyal\*  
 Geraldine Kearns, wife of  
     Lorne Kearns\*  
 Eugenie Kolida\*  
 Sylvia Komula  
 Mary Koverski\*  
 Olga Kuzenko\*  
 Charles Lacroix  
 Wilfred Lake\*  
 Mary Louisa Leonard  
 Marcella Leseach\*  
 William Lewco\*  
 Oleksa (Alex) Luczenczyn  
 Eugenius Lukiw\*  
 (Norman) Bruce  
     McLean\*  
 Kenneth C. McLeod\*  
 Gunter Moosbauer\*  
 Stanley Moskwa\*

Elizabeth Osinski\*  
 John (Harry) Neal  
 Carolyne Papai\*  
 Nicholas Plesh\*  
 June Pommer  
 Verna Poole  
 Margarete Rempel, mother of  
     Herb Rempel\*  
 Ernest Saranchuk\*  
 Elfrieda Schollenberg  
 Paul Schulz  
 Nellie Schwartz\*  
 Wasyl Soloway\*  
 Ken Sowdon\*  
 Philip Stephanson  
 Martin Svenningsen\*  
 Michael Tarnowski\*  
 Murray Tench\*  
 Gwendolyn Tough, wife  
     of Walter Tough\*  
 Alex Urichen  
 Grace Venesia  
 Mabel Wells\*  
 Gmytoro (Jim) Zalluski\*  
 Domenico Zezza  
 Jeannette Zolondek



## A Brief History of Our Association — Harvey Hosfield

This article is for new pensioners who may not be familiar with the naming of the CN Pensioners Association of Manitoba.

Our original name was the CNR Veteran's Association, Division No.1, Prairie Region when in 1930 around 25 retirees met at the Hotel Fort Gary to draft a constitution. When I retired in 1986, a group of interested U.T.U. Seniors met at the Training Centre located in a building located just to the south of the old Power Plant which is now called the "Forks".

About 67 pensioners contributed funds to start our own newsletter that was printed at the CN Depot, then when CN moved to 433 Main street, Lorraine Cancilla graciously let us use the Company's large printer for that purpose.

I knew about the Vets organization as my Grandfather H.R. Hosfield was actively involved with it in the 30's, and so I decided to join the "Vets". The CN Vets, a very active group, met in a club room located in the lower level of the CN Depot on Main St. The club room housed a piano, shuffle board and comfortable chairs that may have come from the passenger car smoking room. The Vets met twice a month. One meeting was classified as a business meeting and the other was a social meeting with coffee and sandwiches provided. Cards were played with bridge as the major game. There were several hundred members in the Vets.

Sometime in the 90's the two groups decided to merge and the CN Pensioners Association of Manitoba was formed. The CN Depot was sold to VIA Rail and the rent for the club room became prohibitive. Thanks to a generous grant from CN by way of the late **George Chase**, we decided to move our meetings to the Norwood Legion. With the joining of our two groups and especially with the National Council of CN Pensioners being able to negotiate with CN to have \$1.00 a month taken off our CN pension cheque for dues, membership jumped from a few hundred to what is now around 4,000 strong.

To the younger pensioners, please consider becoming active on our local Executive as we have been at it a long time and "new blood is essential" for the group to continue and flourish.

## Webmaster & Editor—Janet Lewis Anderson

**Do You Have a Computer?** If you have a computer, we encourage you to opt to receive our newsletter electronically as opposed to the old hard copy via snail mail. This will not only help us keeping the mailing costs down, which run in the neighborhood of \$5000 per mailout, but it will also help keep our environment green.

Please email Janet at [jelretiredmama@hotmail.com](mailto:jelretiredmama@hotmail.com) and I will arrange to have you put on our "E-Newsletter" list, as well as review instructions on how to access current and older versions of our newsletter via our website. Remember to identify "CNPA Newsletter" on the subject line so that I know your email is legitimate.

**Christmas Luncheon Photos** are now available in the photo section of our website the category "Events". You will need to go to Page 2 to find the Album Christmas Luncheon 2012.



## Queen Elizabeth II Diamond Jubilee Medal Award

Winnipegger and CN Pensioner, Jim Kane was honored to receive a Queen Elizabeth II Diamond Jubilee Medal late last year. Jim's medal was one of 30 awarded to the Canadian AIDS Society (CAS) to honour those Canadians who have demonstrated an exceptional commitment to HIV/AIDS work. Jim commented:

"I have been inspired and motivated by many of my peers and friends in the movement whose dedication made a difference to so many," Kane told Out-Words. "This is an honour I will remember with great passion and fondness." Manitoba Healthy Living Minister Jim Rondeau made the presentation to Jim at the Manitoba HIV conference on which was held on Tuesday, Nov. 6, at 11:45 a.m. at the Victoria Inn in Winnipeg.



**Jim Kane on the right**

"The medal recognizes individuals who have made a significant contribution to a province, territory, region or community; have distinguished themselves from others employed or involved in the same field; and are highly respected," the CAS stated in a release.

Jim, a CN Pensioner, is a member of the board of Nine Circles Community Health Centre in Winnipeg. He also serves as Vice Chair on the board of the CAS and is the Prairie's Regional PLWHIV/AIDS Director. He is on the board of the Global Network of People living with HIV/AIDS. As well, he participates on the Canadian Treatment Action Council.

Jim states: "I believe that the HIV/AIDS community's thoughts were reflected well in the Canadian Aids Society's announcement. As Margaret Mead noted: 'Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has.' We have made significant progress, but there is still much work to be done."

**Congratulations Jim!**

### www.cnpensioners.ca

Check out our website for updates and events. Don't forget to visit our Photo Section.

### CN Railroaders in the Community Retiree Program

Introduced in October 2010, this program recognizes efforts of retired employees by providing a \$500 cash grant to the community based charitable organization they choose to support through their volunteer efforts.

To learn more or to apply, visit [www.cn.ca/en/corporate-citizenship-community-employee-volunteers.htm](http://www.cn.ca/en/corporate-citizenship-community-employee-volunteers.htm).

### Grand Beach Memories Wanted

Barbara Lange, Author, Speaker and Editor of "Through the Window of a Train – A Canadian Railway Anthology" (also wife of CN Retiree Lawrence Lange), is looking for CNR memories from the Victoria Beach (MB) subdivision for her second book.

If you have stories to share about "Grand Beach", please contact Barbara at 204-667-8521 in Winnipeg or email her at [railwaystories@hotmail.com](mailto:railwaystories@hotmail.com).

### The Travel Corner

Shooting Star Casino—Feb 24th-26th, 2013. Contact Albert Delbaere at 204-256-8419.

**CN Pensioners  
Association of Manitoba**

P.O. Box 2669  
Winnipeg, MB  
R3C 4B3

We're on the Web—  
[www.cnpensioners.ca](http://www.cnpensioners.ca)

Letters to the Editor are much appreciated. If you have something of interest with other CN pensioners I'll be happy to pass it along. Email [jelretired-mama@hotmail.com](mailto:jelretired-mama@hotmail.com). Be sure to identify CN Pensioners in the subject line. Mail address—55 Four Oaks Cove, Winnipeg MB R3K 0V7.

The newsletter is mailed out quarterly by your local Assoc. Total cost of the mail-out is borne by the Assoc.

Email Fraud? Report any Email fraud / phishing to the RCMP at [www.rcmp-grc.gc.ca/scams-fraudes/index-eng.htm](http://www.rcmp-grc.gc.ca/scams-fraudes/index-eng.htm).

Report Phone / Telemarketing Fraud to the FTC at [www.ftc.gov/bcp/edu/microsites/phonefraud/report.shtml](http://www.ftc.gov/bcp/edu/microsites/phonefraud/report.shtml).

**CN Pensioners Association of Manitoba**

**Volunteers in Mailing**—Thank you to all who came out to assist in mailing this edition, and with past editions. The reason we did not post names of the volunteers this time is because the newsletter goes to print before we actually know who will be out to help. And so to all Volunteers past and present, please know that we truly value and appreciate your participation and we look forward to your continued support.

**Bowling**—CNPA Mixed 5-Pin League every Thursday at 10:00 at Mosienko Lanes. To join or to spare, please call Marge Jacobson at 204-222-6012.

## Frequently Called Numbers

The CN Pensioners Help Line 1 800 361 0739. Always have your PIN to better identify you when making inquiries. If you move, advise the above number. If you are married at the time of retirement, make sure that CN has your spouse's name on file. Changing banks, with direct deposit, never close your old account until the cheque shows up in the new account.

Change of Address	1-800-361-0739
Canada Pension & Old Age Security	1-800-277-9914
Canada Custom & Revenue Service	1-800-959-8281
Blue Cross, contract number 93115	204-775-0161
Income Tax Preparation—Jim Miln	204-253-0137
Health Links Info	204-788-8200, or 1-888-315-9257
Phone numbers for International Employees:	
U. S. Railroad Retirement—Fargo	1-877-772-5772
U.S. Social Security—Grand Forks	1-701-772-5518

## The Book Store

Looking for gift ideas? How about one of the books authored and published by one of our fellow pensioners? To obtain a copy of one of these books and for an interesting read check out the following:

- Smoke, Cinders & Railroaders, contact Paul Doroschuk at 204-638-4312
- In One Lifetime: by Theresa Shanoha, 204-774 -390.
- A Sentimental Journey: by Karl Olafson, 204-256-5221.
- Through the Window of a Train: by Barbara Lange, 204-667-8521.
- In The Arms of The Angels—Our Journey Through the Darkness of Dementia: by Janet Lewis Anderson, 204-275-0482.
- Events in the Life of Kei: by Gerrit Boonstra, 204-268-3998.

**Newsletter On Line:** Go to [www.cnpensioners.ca](http://www.cnpensioners.ca), then Publicity Page, then "Members Only. A pop up screen will appear requesting a username and password. Username name is: [cnpamb](mailto:cnpamb); Password for everyone is: [newsletter](mailto:newsletter).

## Scholarships and Bursaries

For information about the *CN Scholarship Program*, please visit [www.cnpensioners.org](http://www.cnpensioners.org) or [www.cn.ca](http://www.cn.ca).

For information about the *Bursary Program sponsored by the CNPA of MB*, please visit [www.cnpensioners.ca](http://www.cnpensioners.ca).

