

Special Points of Interest:

Royal Canadian Mint unveils Commemorative Coins to celebrate CN 's 100 year celebration.

CN 100th Celebrations will be in Winnipeg Thursday - Sunday September 19-22, 2019.

Inside This Issue:

President's	
View,	I
100th Birthday	
Celebrations	

Membership Report	2
Special Events Report	3
Outreach Report	4 & 5
Scholarship and Bursary	6
CN 100	7

Ce	eleb	ratio	ns and	1
Co	omr	nemo	orative	9
Co	oins			
ъ	• •			

Railroaders in	8
the Community,	
Blue Advantage	

2019 Pensioners'	9	
Picnic		

Our	10
New Executive	&
Members	11
Casino Trip	-11

Frequently called	12
numbers	

CN Pensioners' Association of Manitoba

Meetings held at 1:30 p.m. on the 1st Wednesday of the month except for the months of July, August and December. Location of meetings (unless otherwise stated under our Special Events article) is at the Norwood Legion, 134 Marion St., Winnipeg.

www.cnpensioners.ca

www.facebook.com/cnpensionersmanitoba



Summer 2019

President's View - Ron Davis

On behalf of the CN Pensioners' Association of Manitoba, we wish everyone a healthy and safe Summer. See you on September 4th!



Happy 100th Birthday to Mrs. Doris Lewy

Doris Lewy became a Centenarian on April 29, 2019. To mark the occasion, a celebration was hosted by her family and was attended by many family and friends.

Doris was married to Walter who worked as a Track Foreman. She has 2 daughters and 6 grandchildren.

Doris has always crocheted and knitted. She continues to knit shawls and blankets to be donated to organizations.

Attending was Linda Schram to present a plaque on behalf of the CN Pension Committee.



Happy 100th Birthday to Mr. Robert Heelis

Robert Heelis became a Centenarian on March 13, 2019.

Mr. Heelis worked for the CNR in the Fort Rouge Yards before transferring to the Stores Division at the Transcona Shops in the early 1960's. Robert retired from CN in the mid 1970's.

Robert has enjoyed many summers at his camp on Lake of the Woods, Ontario. Robert was a long-time resident of Transcona but now resides at the Deer Lodge Centre in Winnipeg. Also in attendance was Robert's nephew, Tim Heelis.

On March 27th, Bruce and Janet Anderson visited Robert and presented him with his 100 year plaque.

Executive Council 2019

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CNPA National Level

Bruce Anderson - Director Janet Lewis Anderson - Officer Joanne Gaborieau - Director Linda Schram - Pension and

Health Care

Membership Report - Joanne Gaborieau

Regular Membership - 3778 Associate Members - 16 Total Paid Membership - 3794

Welcome to the following New Members. Hope to see you out at the meetings. We look forward to your participation in the Association!

Ted Barker	John Jarema	Carmen Pinette
Dina Cerezo-Brennan	William Knott	Donald Poisson
Glen Choma	Richard Kohut	Gary Pommen
Myron Chunick	Nellie Kowalyk	Rose Proceviat
Eldon Dimond	Julia Milani	Walter Storozuk
Isabella Faralli	Craig Morison	Jacqueline Sullivan
Georgette Fiola	Lloyd Mozel	Hamath Sy
Doug Harrison	Julian Mrozek	Gabriel Teixeira
Doris Hodgson	Patricia Myron	Barb Varey
Ernest Holian	Mark Niedzwiecki	Freda Wasylnuk
Dorothy Holyk	Sharon Niemi	Linda Wels
Nettie Hourie	Sharon Olbert	Norma Wiechman
Ann Hunter	Hazel Otto	
Loraine Huuk	Ron Paslawski	

We invite spouses to become associate members for all the benefits of the association including the privilege of voting.

First Time Attendees & New Members:

A hearty welcome to all new members and an especially warm welcome to those who have attended their first General Meeting where they received a Pensioners' pin:

April: Steve Rawson, Mark Niedzwiecki, Randy Heatherington,

David & Diane Garrod

May: Art Cuddeford, Claude & Peter Lipic, Sharon Niemi

June: Yvonne Hein, Darcia LaRocque, Dina Cerezo-Brennan, Marcel Desautels

Birthday Draws: April: Ken Ivanyshyn

May: Denys Audette June: Tim McCrindle Barbara Lange

Attendance Draws: April: Ernie Fuhr and Bernice Dimond

May: Dennis Boboski, Tom Nicholl Barbara Lange, Jim Miln

Door Prize Draws: April: Mike Shewchuk, Lawrence Kozakewich,

Dennis Boboski, and Dave Brown

May: Adam Olinyk, Serge Poulin, Gerrit Vanderklok,

Bill Jenken

June: Frank Hawryshko, Alice Claeys, Marcel Desautels,

Gary Bell

Hope to see more new faces at future meetings!

Special Events - Ernie Yakiwchuk

Our meetings are held at 1:30 p.m. on the first Wednesday of the month except for the months of July, August and December. Location of meetings (unless otherwise stated below) is at the Norwood Legion, 134 Marion St. Many arrive earlier to have coffee, donuts and a visit.

If you are interested in helping out in any way please contact Ernie at 204-254-1441.

Guest Speakers for Upcoming Meetings:

No meetings held in July or August.

See you all at the September meeting when our guest speaker will be:

September 4, 2019 - Details on CN 100th Celebrations.

October 2nd, 2019 - MEETING to be held at CLAUDE MONGEAU TRAINING CENTRE, 650 Pandora Ave. East - Transcona.

Dress Code in effect (no sleeveless shirts, shorts or sandals)

November 6th, 2019 - No Speaker due to Election of Executive.

CNPA Bowling League:

CNPA Mixed 5 pin bowling league meets every Thursday at 10:00 a.m. at Billy Mosienko Lanes.

New bowlers are needed for the start-up in September 2019. If you would like to join or spare, contact:

President - Eric Oman (204) 222-9532

ericoman@mymts.net

Secretary - Donna Bremner (204)-853-7413

mozartcat@yahoo.ca

Treasurer - Dean Danforth

CN Vets Bowling League is finishing for the season, however, if anyone is interested to join the fun, we always welcome new players.

We will start again the first week of September, Thursday mornings at 9:45 a.m.

We also have Bumper Bingo Strobe Light Bowling. The Valentine and Halloween bowling events are open to CN Pensioners that are not Bowling League members.

Please call the Executive for more details.

Did You Know:

CN Pensioners are eligible to become members of the CN Fitness Centre in Symington Yard and the Transcona Fitness Centre. Please note that these are two separate facilities, requiring separate access cards. Membership forms are available at the security office right at the front entrance to Transcona Shops, 150 Pandora Ave West. Questions about the Transcona Fitness Centre should be submitted to: CNTRANSCONAFITNESSCENTER@cn.ca.

Questions regarding the Symington Fitness Centre must be sent to: Fitness-Sym@cn.ca.

A CN Pensioner can also sponsor his/her spouse for membership.





Outreach Chair's Report - Rose Chapman 204-832-1105

Mail Outreach info to 186 Windham Rd, Wpg, R3J 3B8 or

email: rchapman17@shaw.ca

Outreach Committee:

George Lintick 204-254-1032 Albert Delbaere 204-256-8419 Linda Ksionzek 204-669-8308 Jack Moore 204-224-1019

Carson Hull 204-269-2692



Please contact any member on the Outreach Committee with information on pensioners who are hospitalized, or ill at home, and on those who have had or will be celebrating **special birthdays** or **milestone anniversaries**.

Remember—please keep us informed!

Happy Birthday Wishes To:

Jack Melville was 79 on May 18th Isobel Melville was 77 on April 10th

Bob Mozol was 83 on April 3rd
Tom Nicholl will be 93 on July 8th
William Osachuk was 80 on April 8th
Faye Serofin will be 84 on August 21st
Thomas (Bud) Serofin was 86 on May 24th

Albert Belhumeur was 89 on June 6th Sally Bezpalko will be 101 on June 21st Bill Brychka will be 91 on August 25th Archie Carruthers was 80 on May 18th Bernice Dimond will be 76 on July 27th Lawrence Ezowske will be 91 on June 20th Ronald Feir will be 94 on August 22nd Eugene (Ash) Gysel was 70 on April 17th Ken Ivanyshyn was 78 on April 17th Elioth Alexander Kozun will be 85 on August 9th Barbara Lange will be 74 on July 30th Denise Larocque was 83 on April 21st Doris Lewy was 100 on April 29th Doug Loudon was 85 on April 10th Nell MacAuley will be 103 on June 20th Donalda McPhail was 101 on June 13th

Happy Anniversary Wishes To:

Bernice and Eldon Dimond - 54th on June 5th

Mike and Lavaughan Dubeck - 58th on April 15th

Ernie and Ethel Fuhr - 57th on March 17th

Ken and Lorna Ivanyshyn - 54th on August 28th

Tim and Claudette McCrindle - 42nd on Sept 10th

Irvin and Marilyn Randall - 50th on May 17th

Frank and Marjorie Shefchyk - 65th on June 5th

Mike and Diane Shewchuk - 53rd on July 23rd

Henry and Julia Telenko - 60th on August 1st

Ernie and Gwen Yakiwchuk - 38th on June 13th



To those previously mentioned on our Sick List, we hope that you are feeling much better, and well on the road to recovery. To those who are currently ill or still experiencing health problems, please know you are in our thoughts. The membership joins us in extending Best Wishes for improved health and a speedy recovery. We have received reports and updates on the following Pensioners since the last newsletter:

Sick list:

Archie Carruthers had hip replacement surgery in mid-March. He is home and is doing well.

Sean Derrig had rotator cuff surgery in April.

Jake Dyck is in the Tabor Personal Care Home in Morden and is not doing well.

Andy Gibson is recuperating at home following spinal surgery in March. He is doing much better.

Bob Mozol is still undergoing immunotherapy to treat his lung cancer. He was in hospital recently being treated for pneumonia and is recuperating at home. He returned home feeling like the pneumonia was in check, however, on June 5th the doctor felt that the pneumonia was still lingering and he was placed on antibiotics. Bob is still coughing a lot and thinks that had he stayed in the hospital, the pneumonia would have been beaten.

Ron Poersch had three stents inserted in April. He is home and is doing well.

Steve Skrybalo is very tired following his recent colostomy. He is hanging in there and retains his upbeat outlook on life, keeping his mood decent.

John Yarema has trouble breathing and getting around. He tires easily, and is not doing well. He is on oxygen all the time now.

Obituaries: The following pensioners have passed away since the last report:

(* denotes contributing member of the Manitoba Pensioners' Association).

Leslie E Allen* Roland Fiola* Edward Michaliszyn* Glenn Bach Stuart Francey, son of Carole Trush John Mikawoz* Helen Balas* Tris Fulkerson Eugene G Milani* Joseph Bender* Agnes Grant Ernest Mudrey* Stanley Bezdzietny, brother of Eleanor*, Joseph Gregg* Richard Myron* Edward*, Florence Lucko*, Bernice Arnold Henry* Gene Navitka Petrasko*, and brother-in-law of Garry Zonia Hladun* Anna Neil Lucko* Jim Holmes* Harry Neplyk Gregory Bishop Anthony Holomay Thomas Norman* Albert J Burdenuk* Brian Hunter* (of Rougeau Ave.) Henriette Olivier Nettie Busch Anna Jachnowicz Bernard Otto* June Cameron, sister of Carole Trush Bruce Jennings Judy Parkinson* Lorenzo Carbone* Leona Johnson* Larry Petrasko, husband of Carol Jones* Bernice Bezdzietny Paraska Cassidy Alain Chappaz* Jean Kane, widow of Terrance Petrasko* Dave Cullen* Kane, mother of David*, James* Nancy Popiel Christina Queau Rolland Deshaies and Shirley* Kane Verna Devenny* Margaret Radics* Edward Kelsey* Jacqueline Dheere* Randy Koch* Josephine Reis Arthur Doberstein* Julia Landiak* Guiseppe (Joe) Romeo* Nellie Dombrowski* Ronald Lange, brother of Larry Lange*, Olga Skolrood* Lorraine Douglas* brother-in-law of Barbara Lange* Anne Tchir* Leo Lauzon James Duff* John Wasylnuk Dorothy F Watson* Muriel E Embury* Helen Lesprance* Mary Lopuck* Gerd Wels* Mary Enquist Flora Ann Erratt* Emily Luchka Shirley Worobey* Romeo Europa Mary E Luten David Yaskowich* Ann Ezowske, wife of Lawrence Ezowske* Betty Martin* Angela Zinghini* Beniko Faralli* Donald Maxwell*

The CN Pensioners' Association of Manitoba extends our sincere condolences to the family and friends of the deceased.

The 2019 CNPA Scholarship and Bursary Programs Opened April 15th. All applications must be received by August 15th.

National Council Scholarship Program 2019

The National Council of the CN Pensioners' Association will again be offering a Scholarship Program to the children, grandchildren and great grandchildren of supporting members. As in the past years, twenty-five \$1,500 scholarships will be awarded – five per each of the five Canadian regions. This year's program opened April 15th.

After reviewing the results of last year's program, we are pleased to advise that we have made some enhancements to the program.

Deadline for applications for the 2019 program will again be August 15th. For more information, and to download the Application, Terms and Conditions, visit www.cnpensioners.org and then click on the Scholarships tab. Children, grandchildren and great grandchildren of CN Pensioners who are members in good standing and in receipt of a CN Pension are eligible.

Harvey Hosfield Bursary Program 2019

The CN Pensioners' Association of Manitoba is continuing to offer a **Bursary Program** to the children, grandchildren and great grandchildren of members of the CN Pensioners' Association of Manitoba who are members in good standing and in receipt of a CN Pension as outlined in the Terms and Conditions of this program. Deadline for applications is August 15th, 2019.

We want to remind all new applicants as well as those who were **NOT** successful recipients in previous years, that as long as your application meets all of the Association's criteria, you can re-apply for the current year.

Applicants for the Manitoba Bursaries are also eligible to apply for the National Scholarships. This year's program opened April 15th. All applications must be received by August 15th.

To access this year's application, terms and conditions, and completion instructions, please visit the Manitoba website at www.cnpensioners.ca and click on the Scholarships tab.

CNPA of Manitoba Trade Bursary

CN Pensioners' Association of Manitoba has introduced a Trade Bursary for children, grandchildren and great grandchildren of members of the CN Pensioners' Association who are members in good standing and in receipt of a CN Pension as outlined in the Terms and Conditions of this program.

The intent of this bursary is to assist financially in the educational pursuit and career development of families of the contributing members of the CN Pensioners' Association of Manitoba who are going into the Trade industry. Applications must be received by August 15th, 2019.

A link to the Application and Terms and Conditions can be found on the home page of our website at: www.cnpensioners.ca

Johnson Insurance Scholarship

There are 50 scholarships valued at \$1000.00 each available to students entering post secondary institutions in the fall. Visit: www.johnson.ca/scholarship for eligibility criteria.



CN 100 Celebrations – Winnipeg Thursday Sept 19 – Sunday Sept 22, 2019 Re – Registration required for volunteers



Join us in celebrating 100 years on the move! Preparations are well underway for the CN 100 celebrations. It is a moving Celebration Tour across Canada and will be in Winnipeg Sept 19-22. CN wants to emphasize the important role that CN Pensioners have played in the success of CN over the past century, as well as how important the participation of CN Pensioners and their families will be to the success of the 100th Celebration events. The site will be the CN Stage and Field at The Forks. There will be 8 specific themed containers containing displays, as well as a greeting kiosk and Little Obie and Max.

CNPA volunteers are required for each station of the exhibit to greet the people, manage the queues of people and other related tasks. There will be Brand Ambassadors at each station that have been trained in the exhibits and our role will be to support them.

Each volunteer will receive, to keep, a polo shirt, a fleece sweatshirt and a cap, each with the CN 100 logo on it and they are to be worn while working your volunteer shifts. Parking will either be provided free of charge, or if that can't be arranged at The Forks, any parking charges associated with your volunteer shifts will be reimbursed to you on provision of a receipt. This site is accessible to all and there will be security provided on site. There will be lockers provided to the volunteers to store their personal belongings while on their volunteer shifts. There will be breaks provided for the volunteers within their shifts and snacks, fruit and light beverages will be provided for the volunteers, while on their breaks. It is therefore important to know if you have any food allergies, and that information can now be provided to us on the enrollment form.

IMPORTANT:

There was a previous enrollment period, and in that period we had a tremendous response from the CNPA pensioners in volunteering for various shifts. However, the shift schedules have been changed, significantly enough that it is necessary to start the enrollment process again. We ask that, if possible, you go to our local website www.cnpensioners.ca and click on the CN 100 button and complete the fillable form that pops up, and hit submit. This is the same form that was there previously except it now has the realigned shift schedule and it includes a field for food allergies. For shirt size, we will be able to provide Men's and Ladies' sizing so select accordingly. This will send the form directly to us and we can start to compile the volunteer database again. If you know of pensioners that do not have email access, they can contact us by phone and we will complete the form from their information and add them to the database. Advice on shift assignments will be provided in August.

Until July 27, should there be any written applications or questions, please contact Linda Schram at klschram@mymts.net or 204-255-5636.

After July 27, Bruce Anderson can be reached at btanderson54@hotmail.com or 204-275-0482.

Royal Canadian Mint unveils two Commemorative Coins to celebrate CN 's 100 year celebration.







On Monday, May 13th, Marie Lemay, President & CEO of the Royal Canadian Mint, along with Steve Brennan, Director Learning & Campuses at CN, unveiled 2 commemorative coins as part of the CN 100th celebration.

Pictured on the left are members of the CN Pensioners' Association of Manitoba. Left to right: Kevin Schram, Dave Kane, Linda Schram, Tim McCrindle, Bruce Anderson, Janet Lewis Anderson and Ron Davis.

Centre photo: Marie Lemay and Steve Brennan. On the Right: Steve Brennan and CNPA secretary Patrick McMullin



Are you a Railroader in the community?

If you or someone you know would like to be acknowledged as a Railroader in the community.

Please send info to tc2mccrindle@gmail.com



Your Blue Cross "Membership" Offers you Special Advantages

Even with Extended Health Care coverage, sometimes it's a struggle to pay for health and dental products and services. Prices vary widely and can exceed the coverage provided under your benefit plan, but with Blue Cross coverage, you have an advantage: Blue Advantage.

This program allows Blue Cross members to save on medical, vision care and many other products and services offered by participating providers across Canada.

The program is unique because it provides savings at point of sale on the total cost of products and services from participating providers across Canada, regardless if the item is covered under your benefit plan.

Get rewarded with your Blue Cross membership

Automatically save on these health care products and services across Canada, even if they aren't covered by your benefit plan:

- Dental
- Fitness/Wellness
- Hearing
- Medical Equipment and Supplies
- Nursing Services
- Pharmacy
- Vision
- Other Services

How Blue Advantage works

Explore hundreds of health care providers that offer Blue Advantage discount.

Present your Blue Cross ID card and mention the Blue Advantage Program to the participating provider to receive your discount. We're continually adding new providers. Blue Advantage discounts may be replaced with another discount, whichever provides greater savings to the Blue Cross member.

Want to know more? Visit www.blueadvantage.ca

<u>Never miss a great deal</u>! Sign up for our e-mail newsletter featuring significant savings and new providers joining the program. Sign up to receive Blue Advantage News by e-mail.

We are always looking for interesting stories about our CNPA of Manitoba members. If you want to let your former co-workers know what you are up to after retirement, let us help tell your story. (Depending on size and available space)

You can submit stories and photos to: **Publicity & Editor** Tim McCrindle at tc2mccrindle@gmail.com.

2019 Annual Picnic & Bocce Ball Tournament:

The picnic was held on Thursday, June 13th, at Assiniboine Park. 76 people came out and enjoyed a day of great weather, good food, seeing old acquaintances and meeting new friends. We had a total of 28 teams enter the Bocce Ball Tournament. A huge "THANK YOU" to Ernie Yakiwchuk for organizing this successful event. A special thanks also goes out to all the people who volunteered their time to help in setting up, umpiring, serving food and cleaning up.

The winners of the Bocce Tournament were: (Top Left Photo)

1st Place - Ron & Marnie Cripps (1st time Picnic Attendees) - Centre

2nd Place - Lawrence & Georgette Kozakewich (1st time Picnic Attendees) - Left

3rd Place - Dave & Magoo Shaw (1st time Picnic Attendees) - Right

4th Place - Wayne & Gloria Gorin - 2nd from Left;

Far Right: - Ernie Yakiwchuk



*****See More Great Pictures on our Face Book Page*****

Meet our New Executive Members

Publicity Chair & News Letter Editor: Tim McCrindle Member at Large Claudette McCrindle





Tim has accepted the position of Publicity Chair, replacing Jack Moore. Claudette will be assisting with publishing the Newsletter and helping the Executive when needed.

Tim joined CN Express in 1975 and held almost 28 positions within CN. During the early years he held various jobs at the Express, Symington Diesel Shop, Transcona, Symington Car and Diesel stores. Returning to the Express in 1977, he worked as an Equipment Operator and Motorman. Tim worked the Intermodal Ramp in the East

Yards loading the "Pigs" onto the cars before moving to the WIT yard. Tim worked at CN Express / Route Canada until it went private in 1984. He returned to Symington where he worked as a Classified Laborer in the Car, Refer Shop and Cab Supply. In 1985 Tim moved to the Symington Diesel Shop and worked as a Hostler Helper and Hostler. In 1995, he then moved to Transcona Diesel Shop and worked in Load Test as a Heavy Equipment Operator and Hostler until 1998. Then, job cuts saw Tim make another career change. After completing a typing course, he moved to the CSC downtown and worked as a Biller and Demurrage Clerk. In 2005, Tim accepted a new challenge and moved to Transportation as they were recruiting new Conductors within the Railway, but after only 6 months, health issues prevented him from continuing, therefore he returned to the CSC where he stayed until 2009. Tim's final move was to Engineering where he worked as a Senior Engineering Clerk and Utility Coordinator for the Prairie Division until his retirement in 2012. Tim enjoyed working with all the great people he met over his "almost" 38 years with CN.

Claudette worked at the St. Boniface General Hospital for 43 years and retired in 2015.

They love traveling, cruising, wintering in warmer places, camping, bike riding, walking and just having fun with family and friends, especially with their 3 grandchildren in Regina. They have lived in their Windsor Park home since 1984 and have many fond memories watching their 3 children grow up there.

Tim and Claudette will be celebrating their 42nd wedding anniversary this fall.

Member At Large - Dave Kane





Dave replaced John Yarema who sold tickets at the door for all our meetings.

Dave joined CN in 1977 as a Coach Cleaner and then was a Cutter at the Winnipeg CN station. In the Fall of 1977 Dave entered into a 4 year Carman trainee program and completed the course. Dave worked in Symington Yard as a Carman, Lead hand and Relief Supervisor for 32 years. After 36 1/2 years with CN, Dave happily retired November 2013.

Continued on page 11

Visit our website often at www.cnpensioners.ca to view our newsletters or our Facebook page www.facebook.com/cnpensionersmanitoba for updates and announcements.

Did you receive your newsletter by mail this time? Do you have a computer or tablet? Are you connected to the Internet? Do you have an email address? If you can answer "Yes" to these, please consider changing from a mailed copy to an emailed copy, rather than by Canada Post.

Continued from page 10

Bruce Anderson - Treasurer





Bruce began his career with CN in May, 1972 as an Operator/Telegrapher in the Winnipeg area. He worked as an Operator – Dispatcher throughout Manitoba and Saskatchewan until 1980 when he took on a management role in Motive Power Control, Montreal. Between 1980 and 1995, he worked various Transportation positions between Montreal and Edmonton, with his last position being Superintendent Transportation for Alberta.

In 1995 he transferred over to Marketing and the Bulk Business Unit back in Winnipeg as a National Account Manager, focused primarily on grain. He later moved to the Director of Sales for Canadian Grain and in this role, particularly, he travelled extensively within Canada. He retired in June 2016, after a 44 year career.

Since retirement, he has had the opportunity, along with his wife Janet (also a CN pensioner), to expand their travel horizons both in distance and length of trip, particularly enjoying cruises to vastly different parts of the world. More time is now spent with children and grandchildren, and with the wonderful Winnipeg summers, golf is now a serious pastime and, when winter trips permit, is a big fan and partial season ticket holder for the Winnipeg Jets.

Treasurer Update Jerry Dunford has officially stepped down as our Treasurer and handed over the duties to Bruce Anderson. Jerry took over the Treasurer's chair in November of 2012 and has enjoyed looking after the Association's bookkeeping.

We would like to say "Thank you so much" for your years as Treasurer. You took it over during a difficult time and it was very much appreciated! We wish you all the best and look forward to seeing you at

Member at Large - Albert Delbaere

CN Pensioners and Friends Casino Trip



September 15th —18th, 2019. Payment deadline is August 12th, 2019. **Only \$145.00 Canadian. ALL TOURS INCLUDE :** Transportation, 2 Nights Hotel Accommodations, Casino Rebate

- •\$30 "STAR CASH" (free slot play placed on card)
- •\$15 Food Coupon

the afternoon meetings.

- •\$10 Return Offer for future visit (valid for 60 days)
- •\$15 Exchange Offer (Exchange \$150/night at 5 cents above casino cage rate)

Please contact Albert Delbaere at 204-256-8419 or

albert1a@mymts.net for more information or to reserve your seat.



Frequently Called Numbers

The CN Pensioners' Help Line 1-800-361-0739.

Always have your PIN to better identify you when making inquiries.

If you move, call the above number.

If you are married at the time of retirement, make sure that CN has your spouse's name on file.

Changing banks, with direct deposit, never close your old account until the cheque shows up in the new account.

Change of Address 1-800-361-0739 Canada Pension & Old Age Security 1-800-277-9914 Canada Custom & Revenue Service 1-800-959-8281 Blue Cross National Claims Direct 204-775-9261 Income Tax Preparation - Jim Miln 204-253-0137

204-788-8200 or 1-888-315-9257 Health Links/Info Santé CN Police 1-800-465-9239, #3

Phone numbers for International Employees:

U. S. Railroad - Fargo 1-877-772-5772 U.S. Social Security - Grand Forks For Travel Savings with Collette, visit 1-888-617-0456

https://www.gocollette.com/en-ca/landing-pages/partners/cnpa

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