



CN Pensioner Association of Manitoba

Meets the first Wednesday of the month at 01:30 P.M.
at the
Norwood Legion, 134 Marion St.

Fall Edition 2009



Members:—Check out our Website — www.cnpensioners.ca
Get involved in The Forum....our online community!
See what's new.

Janet Lewis Anderson

President John Mozol urges you to mail to your respective Member of Parliament the accompanying insert found with this newsletter. Postage to your MP is free when mailed to Ottawa.

The PBSA 85, (the Pension Benefit Standard Act 1985 with regulations), the Income Tax Act the First Regulator, the "Superintendent of Financial Institutions and the Second Regulator Revenue Canada are the vehicles that protect the rules and regulations that govern the CN Pension Plan.

"The Group of Seven", companies that have directed their chief financial officers in their respective companies to lobby the Federal Government to change the PBSA., CN is one of these Companies. Your MP can and should make sure that CN pensioners must be protected within the PBSA at all times. In these trying times the Group of Seven will try their best to get changes in their favour.

Don't hesitate, do it today, 40,000 plus pensioners can make a difference.

5-PIN BOWLERS NEEDED

Wally Payonk, President at 338 2130 and **Marge Jacobson**, Secretary at 222 6012 and **Dean Danforth**, Treasurer at 452 9203 are there for more information.

5-Pin bowlers needed for your CN Vet's Bowling League. This is a mixed league, whether new or experienced, all are welcome.

We bowl at Mosienko Lanes at Redwood and Main at 10.00 AM every Thursday, starting September 10th., \$8.00 includes bowling, annual banquet and prizes.

Come on down and meet your fellow pensioners and have a little fun and exercise. Lots of parking on site.

John Mozol, President welcomes you all to come out and meet old friends and fellow pensioners your input is needed. **Diane Walton**, your **Special Events Chair** always has interesting guest speakers to enlighten us.

As there will not be another newsletter out before our November regular meeting, take notice that at the Nov. meeting we have our elections for our local Association executive and Committee Chairs. Please consider letting **Bill Cameron**, our nominating chair know that you will let your name be considered for one of the positions. **Bill's** number is 256 6488

Regular meetings start up again on Wednesday, September 2nd. at 13.30. Hope to see you there.

.....
President Dave Simpson of the National Council writes in part to remind all CN pensioners that, your name could be randomly picked by the computer two or more years in a row to fill out a questionnaire asking you to fill out your name, address, date and your signature. That you complete the document and mail it back to Mercer.

With over 40,000 CN pensioners receiving pension cheques Mercer is responsible for making sure that the proper person is in fact receiving the pension cheque.

That it is important to advise Mercer your change of address when you move. They mail out some 10,000 requests annually to verify that the person receiving the CN pension cheques is the right person. Mercer sends out up to three requests, when not receiving any information, Mercer will stop sending out the CN pension cheque.

Your CNPA's Annual Golf tournament played at Kingswood Golf & C.C. on June 9th was completed even though the weather, as usual didn't cooperate. Around the 13th hole the clouds opened up and we got a soaking, by the 16th it let up enough to finish 18 holes.

Lorne Gardiner showed the way with a round of 82, **Joe Tachinski** 90 & **Bob Sharpe**, 91 deserve honourable mention. 32 players then sat down to a delicious steak dinner and **Ron Davis**, our Golf coordinator did a masterful job of keeping things moving while handing out prizes to one and all.

Ron deserves better recognition for all his work so we have decided to double his wages. Thanks **Ron**.

2009 Executive**President**

John Mozol 885 6031
kayomoz@shaw.ca

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National Council Directors

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jelretiredmama@hotmail.com

Karl Olafson, author of, "Sentimental Journey", advises that, "Chapters-Indigo wants me to attend a couple of signing-discussion events starting on Sept. 12th., 1 to 5 P.M at the St. Vital Shopping Centre."

"A blog site:—
asentimentaljourneybook.blogspot.com

Membership:— Wayne Zaharia

As of Aug. 31st membership is as follows:—

Payroll deduction	3,003
Fee paid by cheque	187
Total paid membership	3,190
Exempt	1

Total membership 3,191

We welcome the following new members:—

Bakker, Derek	Balichowski, Wayne
Barsby, Paul	Bially, Nestor
Blair, Marcel	Bogoslawski, Frank
Bowker, Donald	Buckels, Evelyn
Christopher, Charles	Chubey, Darlene
Comte, Roger	Currey, Robert
Doherty, Rick	Dorosh, Margaret
Dunn, Gordon	Eckert, Merlin R.
Fulthorpe, Joe	Garlinski, Gary
Garlinski, Stella M.	Garneau, Mervin
Gaucher, Paul	Geldart, Leighton
Greer, Kenneth	Helbren, Eric
Heshka, Inga	Ireland, George
Jarmoszko, Krystyna	
Johnson, R. Wayne	Klaue, James
Kler, Atamjit	Korosec, Anton
Lamoureux, Gerald	Mansky, Wolfgang
Manuel, Rajkumar	Mawhinney, Marie
McEachan, Brian	McLaughlin, Hector
Morris, Nelson	Nelson, Leonard
Olszewski, Doug	Orvis, Walter
Ozykowski, Dorion	Poitras, Jean-Paul
Rapaway, Theresa R.	Ritsema, Edward
Schick, Jacob E.	Sciberras, Stella
Scott, Sarah	Self, Denise
Smith, Kenneth	Snead, Georgette
Thompson, John	Tucker, Robert
Uhrich, Shirley	Warkentin, John
Wazny, Elizabeth	Westover, Margaret
Wheaton, Ted	Widenmaier, Rudy
Wilkinson, William	Wilson, Richard
Wojna, Mary	

Remember, if you move please let me know.

Wayne at 694 5133

Treasurer's Report:—

Ernie Borowski

Ernie presents his monthly report at our regular meetings.

Come on out to the meeting if you have any questions.

Carson Hull..Secretary & N.C. Dir.

ATTENTION, ALL CN PENSIONERS LIVING IN DAUPHIN/GRANDVIEW & SURROUNDING ARE.

Fred Embryk, who is a CN pensioner in the Grandview Area, would like to hear from you. He can be reached at 204 546 2609.

We, your Committee in Winnipeg and Fred would like very much to meet with as many of you as possible in the Fall of 2009 in your Area. The reason for meeting is to find out if there are enough of you interested to make it worth while in forming a Local Council for your Area to have monthly meetings.

The majority of areas across Canada have a number of Local Councils spread around the Province they live in. Here in Manitoba the only Local Council in existence at present is the one in Winnipeg. Even Saskatchewan does better with far fewer CN pensioners.

Please call Fred!

Christmas Luncheon

CNPA will be hosting a luncheon on Wednesday, December 2nd at the Masonic Centre. Tickets will be available at the Sept.-Oct.-Nov. meetings (\$15.00 ea.).

Arrangements to purchase tickets can also be made by calling Linda Schram at 255 5636 or Diane Walton at 1303.

No tickets will be sold at the door. Cheques should be made out to CN Pensioners Assoc.

There will be no regular pensioners' on December 2nd.

Membership cont.

There are approximately 2,000 pensioners/survivors in Manitoba who are not members of our Association. If you know any of these we would appreciate you signing them up. Unfortunately because of the Privacy Act we are unable to access these names from Mercer. Remember an organization is only as strong as it's membership and we need your help in making ours stronger.

Outreach Committee

Bob Gill Chair 256 3897
Mel Rusiecki— 255 1361

Hank Gosselin 255 2722
Geo. Lintick 254 1032

Thanks to the above Committee for their assistance in keeping us updated on the well being of our members. Don't forget to keep us posted on "happy events" such as marriage or milestone anniversary or birthday that may be occurring amongst our membership.

To those previously mentioned on our Sick List, we hope that you are well on the road to recovery and good health. To those that are currently ill or still experiencing health problems, please know you are close in our thoughts and the membership joins me in extending Best Wishes to you. We have received updates and reports on the following Pensioners since the last meeting. (an asterisk * denotes member).

Ann Burtney*	was in Concordia Hospital with heart and breathing problems, now home recuperating.
George Gates*	had a stroke and is now in Riverview Health Centre.
Karl Hahlwes	was in Grace Hospital for colon surgery, now home recuperating.
Denis LeGal*	had a knee replacement at Concordia Hospital on June 2nd and had other knee done June 7.
Bill Kuka	had a stroke and is now in Riverview Health Centre.
Karl Olafson*	was in the hospital and had surgery to correct aorta aneurysm, now home recuperating.
Robert Paetsech*	was in the hospital for medical reasons.
Sam Pubben*	now in Riverview Health Centre.
Carole Trush	wife of Larry Trush* had knee replacement surgery June 4th, now home recuperating.

Special Anniversaries

Birdie & Ken Archer	celebrated their 60th Wedding Anniversary July 8th.
Elizabeth & Gordon Archer*	celebrated their 55th Wedding Anniversary June 18th.
Dianna & William Baron*	will celebrate their 54th Wedding Anniversary October 8th.
Olga & Alex Boyko*	celebrated their 57th Wedding Anniversary June 7th.
Bonnie & Don Grabowski	celebrated their 50th Wedding Anniversary in July.
Art Lounsbury*	celebrated his 90th Birthday June 18th.
Lawrie A. Marchylo	in our May Newsletter it was announced that Mr. Marchylo celebrated his 88th Birthday on May 28th, I was given the wrong age It was his 80th. We apologize for this misunderstanding.
Mary & Stan Stepler*	celebrated their 50th Wedding Anniversary in July.
Julie & Henry Telenko*	celebrated their 50th Wedding Anniversary August 1st.
Pauline & Peter Wowchuk*	celebrated their 63rd Wedding Anniversary June 9th.

Congratulations!!

Here are our most recent Birthday of the Month Winners—We encourage all members to come out to our monthly meeting—especially if you are having a birthday that month—you too could be a winner, you must be at the meeting to be a winner—

June	William Phillip Carrol
July	Pierre Cote

The following pensioners have passed away since the last report,
(an asterisk denotes* member of the Manitoba Pensioners' Association).

Our condolences go out to the Family and Friends of the deceased.

Marie Adamchuk	Josephine Aminot*	Ernie Andrusyk
Les Archibald	Vernon Ashton	John Atamanchuk*
Rose Babyck	Stanley Bachinsky*	Randy Bilton husband of Mona Bilton*
Emma Bowes	Freda A. Burton	Robert Cadigan
Roderick F. Campbell*	Andre Champagne	Agnes Champion-Taylor*
Tena Chernenkoff	Richard R. Chrusch	Elizabeth Copeland*
Katherine Dankewich	Enzo Durante*	Philip R. Eger*
Charlie Evans	Robert B. Ferguson*	Katherine Fingler
Egnace F. Garlinsky*	Mike Gawiak*	Napoleon J. Germain
Nelson Gresko	Elizabeth Gretchen*	Bryant Gunhouse
Alexander Heshka*	David Hiebert*	Nellie Hiebert*
Dmytro Holowaty	Guenter Hoppensack*	James H. Johnston*
Laurent Jolicoeur*	Horace Jones	Harry Kaye*
Leonard J. Klause*	John Klos*	Dorothy Kokot
Helen Kon	Terry Kowalski wife of Joe Kowalski*	
Joseph E. Lamarche*	Martin G. Lawrie*	Erwin L. Lenius*
Rahe Lewis*	Antoninina Mako	Hugh Mawhinney*
Margaret McConnell	Kenneth Meadwell	Peter Nyznyk*
Angela Pingitore	Michael Rapaway*	Margaret Ritchie
Francis Robinson	Don Ryz*	Daphne Sawler wife of Andrew Sawler*
Fredric P. Sciberras*	Stanley B. Smith*	Peter Synrski
Alec Sokaiuk	Bernice Stefaniuk	Evelyn Stefaiuk
William L. Tarr	R. Bruce Turriff*	William Ukrainec
Walter Wade*	Donald E. Walsh	Rudolph Wojciechowsk
Michael Wojna*	Zenith Yaroshewsky*	John R. Zelinsky

Retirement Party Notice:—

The TCRC Division #583 Retirement Banquet and Dance will be held on Saturday, November 7th, 2009 at The Canad Inns Regent Casino Hotel 1415 Regent Ave. West.

For more information and/or tickets phone **Mel Rusiecki** at 255 1361 or **Rick Small** 232 5835 or **Ken Fox** at 832 3720

Website Report

Janet L. Anderson
www.cnpensioners.ca

Welcome back! Hope everyone had a safe and enjoyable summer.

What's New— Not much new to report over the summer, but here we are back at preparing for another year of informative meetings and fellowship.

If anyone has any interesting stories to tell of or photos to share, we encourage you to use our forum. Or if you think it warrants positioning on one of our other web page please contact me with your story. You can reach me by e-mail at janet@cnpensioners.ca.

Cruising—Well in just one month, we will be embarking on a once in a lifetime cruise to the Mediterranean and Greek Isles. We are so looking forward to this fabulous cruise and to sharing this experience with our Pensioner friends. We hope you will join in wishing us all Bon Voyage! We will be sure to give you full reports of our activities when we return. For those of you who want to track our sailing, we will do a daily blog in our forum. Just go to www.cnpensioners.ca/forum. After you have logged in, just go to the Travel, Culture & Society category.

Moose Jaw Mineral Spa Tour October 25th to 28th.

Unfortunately, it doesn't look like there were many takers for the trip to Moose Jaw, as we had to give back the block of unused seats.. If the timing of the trip just wasn't right for you, Fehr-Way Tours does offer this trip at other times throughout the year. So if you are still interested in taking this trip this October or at some future date, please contact Fehr-Way Tours at 989-7011

Scotland Calling

Marion Laing

Ms. Laing asks in her quest, "To find some information on my grandfather, Robert Cowie, (now deceased)".

"He emigrated to Canada, (Winnipeg), from Scotland in 1928 have found out from his death records that he worked as a Machinist for CNR in Winnipeg for 20 years (1942 until 1962). He then retired and lived in Victoria BC until his death in 1973. Do you think any of your readers or their relations would have known of him or know of any photographic archives which may include him. I am afraid I never knew him nor have I seen any photographs of him so am keen to find any information I can get."

I quoted from her e-mail to me, (and Sandra Barnes) and her e-mail address is,

marion.laing4@btopenworld.com

Special Events Report:—

Diane Walton 269 1303

Hope everybody had a great summer, in spite of the weather and that you are ready and eager to return to our monthly meetings. We have some very interesting topics and speakers lined up and we hope to see you there—remember.... The FIRST WEDNESDAY of each month at 1.30 pm at the NORWOOD LEGION. However, remember.....THERE IS NO MEETING IN December at the LEGION AS DECEMBER 2nd IS THE CHRISTMAS LUNCHEON AT THE MASONIC CENTRE, CORYDON & OSBORNE.

Thanks to Dr. Rick Holley, U of M Food Science Faculty for his June 3rd presentation on "How safe Is Your Food".....gave us lots of information to think about when purchasing or cooking food....very good response from those attending.

Upcoming Speakers are:—

SEPTEMBER 2nd—Pat Kuchma, Taoist Tai Chi Society of Canada—demonstration and discussion about the benefits of this ancient art—something we can do in our old age!!!!

OCTOBER 7th—Bill Curtis, Manitoba Genealogical Society, will introduce us to the method and sources available to start tracing your family tree—come with questions and he will give you the information you need to get started.

NOVEMBER 4th—Rob Dunbar, Royal Canadian Legion—learn about the many projects, social events and benefits that are offered to veterans and their families and friends. Scheduled in November the week before Remembrance Day—a good reminder of what has been sacrificed by others so that we may enjoy our freedom.

Will be going away on yet-another cruise in November but will be available for suggestions or ideas for programs and speakers.

Hope to see you soon at one of the meetings!!!

.....

Think about it.....

when you spell 'race car' backwards, you get the same thing or

the word 'eat', move the letter 'e' to the end and you have, "ate" the past tense of eat.

Symington Yard 50th Anniversary Karl Olafson

It was 50 years ago, in 1959, that the planning and drawings for the new electronic hump yard at Symington in St. Boniface were completed and construction began. At that time I was barely holding a position as swing night clerk/messenger in the chief dispatcher's office on Water Ave. R.C. (Roy) Brown was the chief. It was the only job I could hold after having to move from Atikokan when the Roadmaster's office there was abolished. On my rounds of the Federal Building one day I ran across Ross McKinnon; he remembered me from Atikokan. He asked me if I was interested in joining Bill VanDeventer's construction group as a materials clerk. It was an easy decision for me.

The construction period was to be for a three year period and VanDeventer, along with his assistants Dave Holloway and Charlie Hughes led our staff of something like fifteen people. Our office was in a Butler building set up at the entrance to the new yard site across from Dawson and Elizabeth Roads in South St. Boniface.

This period, until the yard went into service in 1962, was to be one of my most interesting and enjoyable experiences while with CN. It was a heady time for us. Winnipeg was to get a state of the art electronic hump yard which was the talk of the day amongst the transportation industry. Bill VanDeventer, who hailed from Sioux Lookout, will be remembered by some of the old timers. Bill had been a brakeman out of Sioux when he joined the RCAR. On his discharge he attended the University of Manitoba where he graduated in Engineering. Bill was a pleasure to work for. I will relate here some of my memories of this project.

One of the necessary tasks, prior to draining and grading was to take up Paddington yard. This yard, which consisted of something like ten or eleven tracks, was almost surrounded by swamp and water. There was a large population of various species of ducks who made this their summer home. It was my job to record every piece of rail that was taken up, loaded, waybilled and forwarded on to Transcona to be salvaged. A lot of this rail was called "Russian rail", which had found its way to Canada in the 1800s.

Our construction staff was a mixture of various people who came with a wealth of experience in their own fields. Dave Holloway was a soils specialist who was forever sending off samples to the university for analysis. Charlie Hughes was a South African civil engineer who had been recruited by Major Charles in England.

Our grading supervisor was Art Doberstein from the Transcona work equipment department. Bill Wilson, who had been a Roadmaster in the Winnipeg Terminals, joined us as track construction supervisor. Jim Rodrigues was our speedswing operator. We also had two survey crews working out of our office.

Our office staff also consisted of Colin Hamilton as draftsman, along with Phil Pytrie who had also been recruited by Major Charles from British Rail in England.

Our accountant was Norm Hall from the Regional Comptroller's office, (to whom I reported), and our steno was Joyce Akerstream. We also had one stores person from Transcona assigned to us.

We all brought our lunch to work, (as there were no eating places nearby). During our one hour lunch break there was at least one game of bridge going on in addition to the odd game of chess. The chess games were of the quick variety as no one wanted to have to carry over a game to the next day.

One of the most challenging tasks in the early stages was to attempt to drain the yard site of water. Large rental equipment worked as excavating for the placement of large culverts to cross the entire yard site. Charlie Hughes was in charge of this work and fought against time and weather to have a ten foot culvert installed and backfilled prior to freeze-up. He lost the battle with both and the results were near catastrophic. When returning to work one morning, everyone was amazed to see the ten foot culvert that had reared up out of the partly backfilled ditch and appeared like one huge serpent coming out of the ground in various locations. I'm sure Charlie had never encountered anything like the Manitoba gumbo in South Africa.

Once the grading had been completed, trainload after trainload of gravel from Rivers pit was hauled all of one summer to build up roadbeds to support the trackage. Not until the roadbeds were completed could the track laying begin. One extra gang foreman I remember was John Happychuk. He lived at Navin near the Sprague Sub. main line. I had remembered John from the time he was section foreman at Morgan on the Quibell Sub. I had attended the school car at Morgan in 1938 with some of his children. One of our timekeepers for the extra gangs was **Borge Gade** at the time. **Borge** would many years later become President of our local pensioners' association.

Please look for the conclusion of **Karl's** piece in the next edition of our newsletter.

National Council Directors:— 2008-2009

Atlantic Region

Walter Agnew Moncton
Reg Hebert Moncton VP
Bruce Peacock Moncton Treasurer
Bren Everard St. John's NL

Quebec Region

Jean-Noel Cloutier Jonquiere VP
Claude Lyonnais St. Hubert QC
Luc Grenier Beloeil
qc

Ontario Region

David Simpson President
Jim Meers Bellville
Sylvester Peplinski Thorold VP

Prairie Region

Gary Heasman Saskatoon
Carson Hull Winnipeg VP
Janet L. Anderson Wpg.

Mountain Region

Chuck Lewis Coquitlam
Sig Poeppel Kamloops
William Whiteman Edmonton V.P.

Past President:

Ron Davis Winnipeg

Executive Secretary:—

Wayne Greenland Mount Pearl NL

Liaison Officer

Peter Maslak London

These people all volunteer their time to represent you. Legitimate expenses are paid. **Women are encouraged to run for Directors positions on**

Sub-Groups—Get-Together

T'Cona Carmen 08.00 1st Wed.	Canad Inn Regent W. Stu	453-2330
T'Cona Machinist 08.30 last Wed.	Canad Inn, Regent W. Law	222-5831
Tr. Electricians 08.00 2nd Tues.	Canad Inn Regent W. Irv.	222-1534
Tr. M&P Supr. 09.00 3rd. Tues	Windsor Park Inn	237-7204
Tr. Pipe Fitters 09.00 3rd. Wed.	Canad Inn Regent W.	269-0104
Tr. Car Shop Sup Noon last Tues.	Belgium Club	222-2894
Marketing & Sales Noon 4th Wed.	R.C. Legion 360 DeVries	694-5133
Disp-Operators 08.30 2nd Tues.	Windsor Park Inn	774-0079
Various Manag. Noon 2nd Thurs	Perkins off Fermor	261-8727
Sheet Metal 08.30 3rd Wed.	Canad Inn Regent W.	222-2010
Signals 09.00 3rd Thurs.	Smitty's on Regent	668-8493
CAW Stires 09.00 1st Tues	Windsor Park Inn	339-0720
Signals Sup. 09.00 3rd Thurs	Windsor Park Inn	256-5101
Yard Office 09.00 1st Tues.	Canad Inn Regent W.	222-8532
Trainmen 08.30 2nd Thurs.	Windsor Park Inn Mel	255 1361
Engineering 09.00 last Thurs.	Windsor Park Inn	
Accounting Sup. 11.30 2nd Tues.	Alto's Pembina Hwy.	237-0566

The accompanying phone numbers are the contact person for that particular group. For more information, please contact that number.

Please Note:—Pensioners & Qualifying Beneficiaries

A qualifying beneficiary is defined as a partner, (wife) who was married prior to the CN pensioner retiring. In the case of a wife, the period of marriage is one day before retiring and with a common-law relationship is proof of living together one year prior to retirement.

A son of a surviving CN pensioner phoned the other to advise me of his father's passing away. He asked me why his father had not had his wife of many years as his beneficiary with his CN documents that were registered with Mercer?

Phone 1-800-361-0739, Mercer and ask them to mail out the appropriate beneficiary form, make it easy for your executor of your estate.

From the Globe and Mail of June 2nd reads that the Canada Pension Plan will be phased in year 2011 to 2016 that if you retire under age 65 your CPP will be reduced 7.2% annually. Currently, the reduction is .5% a month or 6% annually. The earliest one can claim CPP is at age 60. If you keep working past age 65 and delay collecting CPP, for each year you wait, you'll get an extra 8.4% That means that someone who waits until age 70 will get a 42% higher payment than they would have at age 65.

Snowbirds might be interested in this:—

___ Total number of days spent in the U.S. in 2008, plus one-third the number of days in 2007 plus one-sixth the number of days in 2006. If the total is more than 182 the I.R.S says form 8840 is mandatory to be filed with the U.S, as a result, they are subject to U.S. tax on their worldwide income.

For more info. Write the IRS, Austin TX, 7330-0215

If your looking to buy a new car, your CNPA has a deal with any participating Ford Dealership. To get the proper procedure go to www.fordpartner.com, click on this link and fill in the appropriate forms.

The code is 0C208, that is zero c 2 zero 8. It works as I pressed the links above and got the application. This includes Fords, Lincolns and Volvo vehicles.

The "old gent" was out for a walk and while walking over a small bridge he hears the frog say, "Say up there, if you give me a kiss I'll turn into a beautiful woman and be yours for the rest of your life."

The "old gent" picks up the frog and puts it into his pocket.

The frog says, "Didn't your hear what I said?" He answers, "Yes, I heard, but at this stage in my life, I would rather have a talking frog!"

Letters to the Editor are much appreciated . If you have something of interest to share with other CN pensioners I'll be happy to pass it along. Mailing address :—
122 Borebank St., Winnipeg MB, R3N 1C9

This Newsletter is mailed out by your local Association quarterly. Total cost of the newsletter is born by the Assoc.
Summer edition—June, July & August.
Fall edition September, October & November
Winter edition December, January & February
Spring edition March, April & May

Election of local CNPA executive at the November mtg.

The Pensioner's Help Line number:— 1 800 361 0739

Always have your P.I.N. to better identify you when making inquiries. Adjustment to tax deducted off your cheque, advise the above number. If you are married at the time of retirement, make sure that CN has your spouse's name on file. Direct Deposit, never close your old account until your cheque shows in the new account.

Canada Pension and Old Age Security information
1 800 277 9914
Canada Customs & Revenue Service, re income tax
1 800 959 8281
Blue Cross, contract number is 93115 775 0161

Phone Numbers for International Employees

U.S. Railroad Retirement Fargo ND 1 877 772 5772
U.S. Social Security Grand Forks 1 701 772 5518

Address for CN Scholarships:—

Association of Universities & Colleges
600—350 Albert St.,
Ottawa ON K1B 1B1

Meals on Wheels

Do you want to meet a real need in your Community?

Meals on Wheels always need drivers and/or servers, seven days a week. Deliver once a week, twice a month or spare when you can.

Call Shirley at 956 7711

Daily, 41 drivers are needed to deliver more than 600 hot noon time meals to clients.

Volunteers in Mailing the Newsletter:—

Tom Cassels, Lyle Corbett, Joe & Myrtle DeReuck, John Derksen, Lorne & Myrna Gardiner, Eleanor Grey, Hank & Verona Gosselin, Marge Jacobson, Lloyd Love, Tom Nicholl, Karl Olafson, Chontel Paterson, Alban Project, Bill Reilly, Mel Rusieki, Gerry Savoie, Gordon Stein, Egon & Helga Stanik, Wally Thompson plus Members of the Executive and their wives.

Carson Hull at 269 2692 is your contact if you want to order a CN pensioner's jacket, golf shirt or other accessories. There is a surcharge of 15% on xxxl
Carson needs a minimum order of 24 units to receive the price he quotes.

Jim Miln, retired CN pensioner compiles personal income tax returns.

Jim retired from Transportation at Symington in 1988 and has filed income tax returns prior to then.

He is familiar with recipients who receive U.S. Social Security and Railroad Retirement benefits and foreign tax credits.

His phone number is 253 0137

Choice Hotels:—The CNPA has a discount agreement with Choice Hotels.

Phone 1 800 424 6423 and quote your ID# 00064447 and give the City, time, arrival, departure etc. Always have your PIN to better identify you and as a CN pensioner.

Their website is www.choicehotels.ca. This information appeared in the Spring edition of the N.C. Newsletter.

Interesting reading authored by local CN Pensioners:

In One Lifetime by Theresa Shanoha— 774 7390
A Sentimental Journey by Karl Olafson—256 5221

Christmas Luncheon 2009:—

Linda Schram 255 5636

Mark your calendar so you don't miss this upcoming event, **Wednesday, December 2nd, 2009**, at the Masonic Centre, (Osborne St. & Corydon) .

(There will be no regular meeting at the Norwood Legion on Dec. 2, 2009.

Member of Parliament

House of Commons,
Parliament Buildings,
Ottawa, ON K1A 0A6

Dear

The CN Pensioners' Association of Manitoba is one of 48 local associations across Canada that represents the social, fraternal and economic interests of all CN Pensioners within their geographical areas. These 48 local associations fall under the umbrella organization of the National Council of CN Pensioners Association Inc., which represents approximately 41,000 CN pensioners from coast to coast.

Over the past several years changes have been put in place to protect Defined Benefit Pension Plans. Several temporary fixes have been put in place but have faltered. Companies, employees and retirees with private pension plans must be protected by new and updated rules or laws. We, like many other pensioners, believe that immediate action is needed by the Federal Government to establish permanent solvency deficit funding rules to deal with the problems that have only been dealt with on a temporary or exception basis in the past.

On behalf of the members of this Association I ask that you use your best efforts with the Government of Canada, and in particular the Department of Finance, to ask that they pay particular attention to the following items which are of great concern to our membership with regard to the future health of their pensions.

1. The Pension Benefit Standards Act (PBSA) 1985, should be strengthened to better protect pensions rather than weakened to favour corporations.
2. Under the current PBSA rules, corporations can pay off a pension deficit over five years, and up to ten years under certain restrictions. Corporations have proposed changes to the legislation that would allow them to take up to ten years to repay pension deficits without any restrictions whatsoever. We believe that if the five year period is to be extended to ten years, such extensions could only be possible with the consent of all plan members. The need to protect members' benefits should be of paramount importance.
3. We support the requirement for plan sponsors to fully fund any deficit on plan termination, with such funding in a lump sum or amortized over a period of five years. We believe that the Federal Government should follow legislation in B.C., Manitoba, Quebec and Ontario that requires full funding of pension shortfalls upon wind up. There is no justification for the current situation in federal jurisdictions whereby an employer can voluntarily wind up the pension plan, continue in operation, and provide the employees with less than their full pension plan. It is imperative that any outstanding obligation be treated as

secured debt of the sponsor and rank ahead of any of the sponsor's unsecured debt.

4. It is imperative that we have strong legislation that would strictly limit plan sponsors taking "contributions holidays" especially when a plan has a deficit. The financial goal of every pension plan should be to reach fully funded status as soon as possible.
5. Presently, the Income Tax Act limits the level of a pension plan surplus threshold to 110 percent. To change the Act to allow for at least 125 percent pension surplus threshold would provide a financial cushion should the plan incur future funding problems.
6. Finally, the Government should consider limiting the percentage of the pension fund that may be invested in equities and other risky ventures.

This is such an important issue with all pensioners and especially those of our Association, I would appreciate a reply requesting your views on this issue.

Thank you for your attention to our request.

Yours truly,