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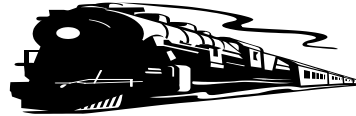
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CN Pensioners' Association of Manitoba

Meetings are normally held at 1:30 p.m. on the 1st Wednesday of the month except for the months of July, August and December. Please note that all meetings are cancelled until further notice due to Covid. Location of meetings (unless otherwise stated under our Special Events article) is at the Norwood Legion, 134 Marion St., Winnipeg.

www.cn pensioners.ca

www.facebook.com/cnpensionersmanitoba



December 2020

President's View - Ron Davis



Covid Update and More

It's hard to believe Christmas is just around the corner and then we will be entering 2021. The year 2020 has proven to be a very challenging year both locally and internationally as the world battles the Coronavirus. It has affected everyone, whether it be financially, socially, or medically. It has disrupted travel plans, and both family and organizational get-togethers.

The CN Pensioners' Association, both nationally and locally, has also been impacted with the cancellation of monthly meetings, guest speakers, annual events such as our picnic, golf tournament and our Christmas luncheon. As the number of infections continue to rise, it could be several more months before we are able to resume our monthly general meetings and activities. Therefore, all General Meetings and CNPA of Manitoba events will be cancelled until further notice. Hopefully, we will have better news for you in the April 2021 newsletter as to the situation. Bottom line – stay tuned!

However, we, the CNPA of Manitoba Executive want to let you know that we are still working behind the scenes for you. We continue to have our monthly Executive Meetings although we now do them virtually. We review our financial situation (all is good) and receive reports from all of our Committee Chairs. One of the questions that came up is what can we do for our entire Manitoba membership during this time, other than keeping in touch through our newsletter, website and Facebook page.



As we come to the end of another year, the Executive of the CN Pensioners' Association of Manitoba would like to wish all members and their families, a very safe, happy and healthy holiday season and all the best in 2021.



Executive Council 2021

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CNPA National Level

Bruce Anderson - Director

Joanne Gaborieau - Director

Patrick McMullin - Alternate
Director

Linda Schram - Pension and
Health Committee
Representative

Membership Report - Joanne Gaborieau

Regular Membership - 3647

Associate Members - 15

Total Paid Membership - 3662

Welcome to the following New Members. Hope to see you out at the meetings.

We look forward to your participation in the Association!

Maria Aguiar

Cheryl Alguire

Joyce Anthony

Terry Biegun

David Brunton

Dyanne Carpenter

Kelly Coulter

Bruce Craig

Mildred Ducharme

Lorne Erratt

Harvey Harapiak

Mark King

David Korney

Ken Kulbaba

Edward Kuleza

Gerry Lazaruk

Frank McIlhone

Donna Michaliszyn

Morris Mykytyn

Gail Ozubko

William Peatfield

Linda Perkins

Rolly Perron

Wayne Pielt

Roy Pownall

Nettie Rogowsky

Katalin Sarkany

Veda Sharma

Ronald Umpherville

Leona Van Osch

Curtis Walker

David Weseen

Michael Winiarz



We invite spouses to become associate members so that they can enjoy all the benefits of the association including the privilege of voting.

Treasurer Report - Bruce Anderson

The audit of the financial records for the CN Pensioners' Association of Manitoba, for the fiscal year September 1, 2019 through August 31, 2020 has been completed and verified to be in accordance with generally accepted Accounting practices. Walter Lesiuk, CPA CMA .

Congratulations to the following:

Railroaders
in the community



Bill Osachuk and his wife - received grants for the *Rainbow Stage* and *Canadian Blood Services*.

Please send info to tc2mccrindle@gmail.com

Special Events - Ernie Yakiwchuk

Our meetings are normally held at 1:30 p.m. on the first Wednesday of the month except for the months of July, August and December. All meetings and events are cancelled until further notice due to Covid. Location of meetings (unless otherwise stated below) is at the Norwood Legion, 134 Marion St.

When meetings resume, all are welcome to arrive after 12:30 p.m. to enjoy a coffee, donuts and a visit.

If you are interested in helping out in any way please contact Ernie at 204-254-1441.



Guest Speakers for Upcoming Meetings:

Due To COVID-19 all meetings have been **CANCELLED** until further notice.



Fridge Magnets

To let you know we are thinking of you, a suggestion was made at our October Executive meeting and a motion passed to have a fridge magnet made up and sent out to our entire Manitoba membership with this edition of our Newsletter.

This magnet displays our logo and lists our website, Facebook page, CN Pensioners toll free help line, Health Care plan number and toll free number as well as a spot where you can write your CN PIN number.

We encourage everyone to place it on your fridge or in your home office so the information is handy for when you or a family member might need to refer to it. Please tell your spouse and other family members about it in case they need to access assistance on your behalf.

We hope to be able return to normal sooner rather than later but in the meantime, we want to wish everyone a Joyous Christmas and a Happy and Healthy 2021! Please continue to be Covid Smart and Covid Safe!



Your Pin _____

CN Pensioners' Association of MB
www.cnpensioners.ca
www.facebook.com/cnpensionersmanitoba
Help Line 1-800-361-0739
Blue Cross 1-888-873-9200 Plan No. 93115



Virtual Meetings



We just want to let members know that your Executive is still hard at work for you despite Covid.

Above is a photo of our monthly Executive Meeting. We have been meeting virtually every month through Zoom.



stay safe



We are always looking for interesting stories about our CNPA of Manitoba members. If you want to let your former co-workers know what you are up to after retiring, let us help tell your story.

You can submit stories and photos to: **Tim McCrindle**
CNPA Publicity Chair
tc2mccrindle@gmail.com

Outreach Chair's Report - Rose Chapman 204-832-1105

Mail Outreach info to 186 Windham Rd, Wpg, R3J 3B8 or
email: rchapman17@shaw.ca

Outreach Committee:

George Lintick 204-254-1032
Linda Ksionzek 204-669-8308
Carson Hull 204-269-2692

Albert Delbaere 204-256-8419
Jack Moore 204-224-1019



*Please contact any member on the Outreach Committee with information on pensioners who are hospitalized, or ill at home, and on those who have had or will be celebrating **special birthdays** or **milestone anniversaries**.*

Remember - please keep us informed!

HAPPY BIRTHDAY WISHES TO:

Morris Bakun will be 84 on December 26th.
William Baran will be 88 on February 20th.
Edward Barker of Calgary AB will be 84 on January 8th.
Edward Barker of Devlin, ON will be 62 on December 23rd.
Linda Barnes will be 70 on January 3rd.
Nancy Bially was 87 on September 18th.
Nestor Bially was 89 on August 3rd.
Isabelle Brownlee was 101 on November 2nd.
Kathleen Godey will be 101 on February 1st.
Sophia Hull will be 101 on December 25th.
Art Jones will be 90 on February 3rd.
David Kane was 65 on November 23rd.
Garry Kesterke will be 80 on December 25th.
Peter Koralewicz was 95 on November 4th.
Charlotte Kuban was 75 on November 23rd.
Erica Lupky was 80 on November 12th.
Peter Lupky was 82 on October 19th.
Bernice McCrea was 102 on November 20th.
Lorna McRae was 89 on September 7th.

Juan Molina was 78 on November 11th.
Jack Moore was 65 on November 22nd.
Filidor Palavecino was 75 on November 2nd.
Alban Prejet will be 84 on February 26th.
Suzanne Prince will be 101 on February 4th.
Gerry Russell was 91 on November 2nd.
Olga Skrybalo will be 87 on January 7th.
Steve Skrybalo will be 88 on January 18th.
Alice Smith will be 87 on January 15th.
Ernest Smith will be 90 on December 22nd.
Dora St. Laurent was 101 on November 1st.
Margaret Stephen was 106 on November 23rd.
Irene Stevens will be 104 on January 1st.
Freeman Stevenson will be 90 on January 28th.
Bill Tataryn was 66 on November 10th.
Maurice Trudeau was 71 on September 27th.
Barry Unsworth was 88 on November 20th.
Margaret Wrobel was 73 on November 22nd.

HAPPY ANNIVERSARY WISHES TO:

Bert and Betty Andrews celebrated their 62nd Anniversary on December 4th.
Nestor and Nancy Bially celebrated their 67th Anniversary on October 10th.
Jack and Isobel Melville will celebrate their 59th Anniversary on December 9th.
Gilbert and Lorette Rioux celebrated their 55th Anniversary on November 27th.
Ronald and Judith Ross will celebrate their 50th Anniversary on February 26th.
Gerry and Mary Ann Russell celebrated their 48th Anniversary on October 14th.
Bill and Charlotte Tataryn celebrated their 24th Anniversary on September 16th.
Les and Arlene Thompson celebrated their 60th Wedding Anniversary on June 4th.
Maurice and Diane Trudeau celebrated their 50th Anniversary on September 19th.



Visit our website often at www.cnpensioners.ca to view our newsletters or our Facebook page www.facebook.com/cnpensionersmanitoba for updates and announcements.

To those previously mentioned on our Sick List, we hope that you are feeling much better, and well on the road to recovery. To those who are currently ill or still experiencing health problems, please know you are in our thoughts. The membership joins us in extending Best Wishes for improved health and a speedy recovery. We have received reports and updates on the following Pensioners since the last newsletter:

Sick list:

Diane Borowski had brain surgery in mid-May. She is back at home in Pinawa and is doing great.

Alice Claeys was in a boat accident in June when the boat that struck them went over the top of their boat, destroying it. She was badly bruised and is undergoing physio. She still has a lot of pain and stiffness in her shoulder and hip.

Dean Danforth is home is doing well. He has his driver's licence back and is keeping busy walking and working in his garage.

Albert Delbaere is slowly returning to "normal" following injuries from a fall last May.

Edward Drebit is not doing well. He's getting weaker and hasn't much of an appetite.

Denise Larocque is in now in Foyer Valade.

Steve and Olga Skrybalo are both doing well and are being well looked after in their assisted living residence. They haven't been going out as they would have to quarantine for 14 days on their return.

Gary Taylor is feeling great and is recuperating at home following completion of his chemo treatments. His cancer is in remission.

Obituaries: *The following pensioners have passed away since the last report:*



Albino Lopes Aguiar*	Janette Cruikshank*	Clarence Kozié	Lorraine Poersch, <i>wife of</i>
Keith Alguire*	Gilbert Dambly	Olga Kyrdiak*	<i>Ken Poersch*</i>
Gennaro (Jimmy) Altomare	Leo Degelman*	Marjorie Labarge*	Nicola Racciatti
A. Donald Anthony*	Nellie Dmytriw	Barry Law*	Brian Rand*
Ryan Arabsky, <i>son of</i>	Peter Ellie*	Doris Lewy*	John Samoil*
<i>Bill Arabsky</i>	Helen Ellis*	Marilyn MacDonald	John Sarkany*
Joyce Baerr*	Caroline Fotty, <i>wife of</i>	Violet Mackelson*	Kenneth Schoor*
Angelina Bautista*	<i>Harry Fotty*</i>	Maria Massaroni	Shirley E Scott
Catherine Beckles	Dorothy Francis*	Irene McGhie*	David Seagris*
Annie Bender*	Annie Gall	Marie McIntosh*	William (Bill) Simcoe*
Diane Benoit, <i>sister of</i>	Stella Gill*	Melville McMurray*	Bernice Smith
<i>Barry Bugara*</i>	William (Bill) Hancox*	Pamela Menard*	Dolores Mary Southall
Armand Berard	Gloria Heuvel*	Maria Miller*, <i>mother of</i>	Egon Stanik*
William Bergman*	Ollie Hnatyk	<i>Henry Miller*, and Kurt</i>	Gordon C Stein*
Ruth V Borys*	Ruth V Hodgins*	<i>Miller*</i>	Fred Swiscoski
Marie E Brasher*	Leonard Holmes*	Aline Mousseau*	Dorothy Tacium*
Roberto Buenaventura*	F. Larry Hrehirchuk*	Keith Palmer	Walter Tough*
John Burik*	Della C Hryhoryshen*	Vera Parker*	Jane Walker*
Norman Burnett*	Marion (Pinky) Iwanoczko	William Perkins*	Mona Wankling*
Marie Caribou*	Eileen Johnston*	Janet Perrick, <i>widow of</i>	John Warkentin*
Robert Carpenter*	Thomas Kerchimar*	<i>Peter Perrick, mother-in-law</i>	John Wolters
Diane Cechvala	Pauline Kohut*	<i>of Jack Moore*</i>	Vladimir Wonitowy*
Brian Church	Patricia M Koper*	Dorothy Pfeifer	Mary Yanke*
John Cochrane*	Jozsef (Joe) Kovacs*	Charles Pietracupa	Evelyn Zaboroski*
Giovanni Colatruglio	Bernice Kowalski	Michael Pinder*	Mary Zelenko*
Lori Cooper	Joe Kozak*		

The CN Pensioners' Association of Manitoba extends our sincere condolences to the family and friends of the deceased.



MEMBERSHIP RENEWAL - Cheque paying Members ONLY.

It's that time of the year for cheque paying members. Your **2021 fees are coming due** and we would appreciate you signing up for pension cheque deduction of \$1.00 a month. We encourage you to elect this method as it simplifies the tedious work and helps cut down trips to the bank, paper-work, phone calls, postage and second notices.

It saves you time! (There is no annual renewal)

It's quick and easy to do, just call 204-253-8103 and Joanne, the Membership Chairperson, will make the necessary arrangements for you, or call any of the Executive Committee volunteers, or Bruce Peacock, Treasurer in Moncton at 506-381-0028.

Cheque paying members should send \$12 for dues by December 31, 2020 to:

**CN Pensioners' Association of Manitoba
10 Greenwich Bay, Winnipeg, MB
R2J 1T6**

The membership application form is available on www.cnpensioners.ca, for personal cheque paying members who "hopefully" will sign up for CN Pension cheque deductions.

*****For those who can, please consider paying the PRD (Payroll Deduction) method rather than by cheque.**

REMINDER: PENSION CHEQUE DEDUCTION MEMBERS DO NOT HAVE TO RENEW EVERY YEAR.

PHONE AND E-MAIL UPDATES — Now is the time to make sure your phone number and email address is up to date, should we need to contact you. Please contact Joanne @ 204-253-8103 or joannegabor@hotmail.ca.

Publicity Report - Tim & Claudette McCrindle

Do you normally receive your newsletter by mail? Has it ever arrived late or not at all? Do you have a computer or tablet that you use for email? Are you connected to the Internet? Do you have an email address? Would you like to do your part to help our association save some money? If you can answer "Yes" to any of these questions, we would like to encourage all members who are receiving a hard copy by Canada Post to consider changing to an electronic copy.

"Did you know" that the printing and mailing costs for the 3 editions of our newsletter in our 2019-2020 fiscal year represented 40% of our total expenses, totaling **\$12,907.00**. Currently we have over 3650 members and just over 400 have signed up to get their newsletter electronically. We need your help to reduce the cost for mailing them out.

Benefits of an Electronic Newsletter:

1. Delivered as soon as it is published in full colour.
2. No delays with printing.
3. No "return to sender" due to wrong address.
4. No postal disruptions.
5. Huge savings with the cost of printing.
6. Huge savings with the cost of postage.

**** Remember, if you have any interesting stories worthy of mentioning, or if you are a Railroader in the Community, let us help tell your story. Send us an email and we would be happy to include it in a future publication. Deadline for any articles will be the first Thursday of the publishing month. (April, August & December)**

You can also view it on the web at: www.cnpensioners.ca Look at the last tab: "MORE / newsletters".



Ken and **Roena Johnston** were married April 17, 1943. Ken was a freight Conductor/Brakeman for CN until his passing January 20, 1975. They raised their two daughters, Beverly and Sharyn, in Winnipeg. Their younger daughter, Sharyn, passed away September 30, 2019 at the age of 70.

Roena has four grandchildren and eight great-grandchildren, all who love her dearly. She has one surviving sister, Mildred, who lives in Edmonton and will be 104 November 2020.



Always socially active, Roena, with a wonderful group of friends, would often lunch at Eaton's Grill Room, Rae and Gerry's or the Paddlewheel at The Bay. They also held season tickets to the Travelogues at the Winnipeg Concert Hall. For many years, Roena was very involved with the senior's group at her Church, Calvary Temple.

Roena now resides at the Golden Links Lodge in Winnipeg, Manitoba. Many thanks to the CN Pension Committee for the beautiful plaque, that is hanging on the wall in her room. She absolutely loves it.

Evelyn Edna Bales was born in the farming community of Fannystelle, MB, on September 19, 1920. She was the youngest of nine children and the only sibling who was a Canadian. Her family moved from Fannystelle to Monominto, then to Anola, east of Transcona.

Evelyn married Murray Stone Smith in 1937. He started his career at CN as a "call boy" and later became a switchman. They made their home in a war-time house in Transcona where Evelyn gave birth to two daughters. Illness forced her husband to retire in the 1970s after some 30-odd years with CN. Evelyn became a widow in 1984.

She was a homemaker for many years while the girls were growing up, later working outside her home at Woolco, Perth's, Pasta's Grocery Store, and the Transcona News. In the 1970s and 1980s, Evelyn went to Ceramic School where she made many beautiful lasting pieces and she also started taking piano lessons. Both hobbies lasted several years. She loved to read and watch her favourite TV programs and only gave up these pleasures in her 90s. Evelyn was relatively healthy all her life, overcoming breast cancer at age 81, and undergoing a complicated hernia operation at age 89.



Evelyn currently resides in the Luther Home in Winnipeg where she receives quality care. She moved out of her war-time house in 2019. At the Home, she participates in many of their activities, gets her hair done, attends church services, goes to therapy, and loves her meals. She is always happy to see family members whenever they can visit.



On behalf of the CN Pensioners of Manitoba, we would like to also acknowledge the following **Centenarians** for reaching their milestone. Plaques were sent and received.

Annie Hebert - Birthday was on August 2nd.

Gerdue Harris - Birthday was on August 25th.

HARVEY HOSFIELD BURSARY RECIPIENTS - 2020

Congratulations to the following recipients:



Brea McMahon



Kyle James



Hannah Belec



Danielle Demetriooff



Jude Dimond-Bauer

Brea McMahon - Brea is the Granddaughter of Angus McMahon. She is currently enrolled at the University of Winnipeg in the Bachelor of Arts degree program. Her goal is to obtain a Ph.D. in Sociology.

Kyle James — Kyle is the Grandson of Harry James. He is enrolled at the University of Manitoba to obtain a Bachelor of Science degree for the Engineering Program.

Hannah Belec — Hannah is the Daughter of Michael Belec. She is entering her second year of a Bachelor of Arts Honors Degree at the University of Manitoba to pursue her passion of History and Theatre. She also plans to obtain a Bachelor of Education.

Danielle Demetriooff — Danielle is the Granddaughter of William English. She is currently attending the Asper School of Business at the University of Manitoba pursuing a Bachelor of Commerce degree.

Jude Dimond-Bauer — Jude is the Grandson of Bernice Dimond. He is currently a fourth year Bachelor of Commerce Honors Degree student at the Asper School of Business at the University of Manitoba.

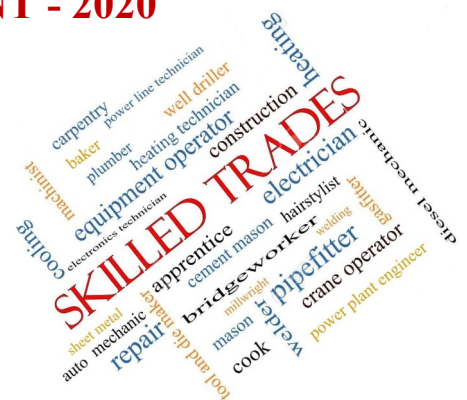
TRADE BURSARY RECIPIENT - 2020

Congratulations to the following recipient:



Riley Chapman

Riley is the Grandson of Art and Rose Chapman. Riley is currently enrolled in Level 3 welding course at Assiniboine Community College, and is completing his apprenticeship at Sperling Industries Ltd. His goal is to become a red seal welder then pursue a career as a high pressure welder.



NATIONAL COUNCIL SCHOLARSHIP RECIPIENTS - 2020

Congratulations to the following recipients :

Tori Shmon – Tori is the Daughter of Daryl Shmon. Tori has convocated with a Bachelor of Science in Physiology and Pharmacology. She has just begun her first year with the College of Medicine at the University of Saskatchewan. Her objective is to become a doctor in either surgery or pediatrics.

Morgan Rohatynsky – Morgan is the Granddaughter of Helen Libner. Morgan is attending the University of Saskatchewan to pursue a Bachelor of Science Degree, majoring in Cellular, Physiological and Pharmacological Studies.

Hannah Belec – Hannah is the Daughter of Michael Belec. Hannah is currently enrolled in a Bachelor of Arts degree with a major in History and minor in Theatre at the University of Manitoba. She then plans to obtain a Bachelor of Education.

Brea McMahon – Brea is the Granddaughter of Angus McMahon. Brea is attending the University of Winnipeg. Her Education objective is to obtain her Ph.D. in Sociology. Her goal is to become a social policy analyst with the Government or become a tenured professor and researcher at a Canadian university.

Ashley Smalley – Ashley is the Granddaughter of Joseph Smalley. Ashley is attending the University of Manitoba. She is studying to obtain a Bachelor of Science degree in Engineering. Her goal is to work towards having a career as a Biomedical Engineer.

On behalf of the CN Pensioners' Associations, we wish our recipients success in their studies and future endeavours.

A full report of the 2020 Scholarship Program will be in the Winter Edition of the National Newsletter.



To all Bursary and Scholarship Recipients

Did you receive your newsletter by mail this time? Do you have a computer or tablet? Are you connected to the Internet? Do you have an email address? If you can answer "Yes" to these questions, please consider changing from a mailed copy to an emailed copy, rather than by Canada Post.



Pension Report - Linda Schram

Pension Committee Representative

Pension increases will be a minimum of \$9.00 per month for eligible retirees and \$4.50 for surviving spouses. Maximum monthly increase is \$35.14. This will be effective in January 2021.

To be eligible for indexation, you must have been retired on or before December 31, 2016. Spouses of deceased retirees qualify if the deceased retiree would have met the above eligibility requirements.

In a meeting in November we received a report from the CN Investment Division that the fund is doing well and has exceeded their expectations.



Health Care Report - Linda Schram

Health Care Representative

I am pleased to report that there will be no increase in Blue Cross premiums for 2021. British Columbia and the Atlantic provinces were not so lucky and will have increases of 9% each.

One way of keeping costs down is to use a pharmacy that has lower prescription fees. Sobeys, Rexall and Shoppers have higher prescription fees than Walmart and the lowest being Costco.

The mail order pharmacy Alliance Central has been vetted by Blue Cross and has very competitive fees. It is for ongoing prescriptions. You can call them with your questions 1-833-815-5756. They are located in Winnipeg. You may be able to save yourself and the plan some money.

As the year comes to an end it's time to gather all your medical receipts that you haven't been reimbursed for and send them into Blue Cross. If you submit them online you will receive the funds within days.



We have been talking about a National Pharmacare Program. It seems like forever and while I assume it is still years away, it is finally making it to Parliament. A good first step at least.

A poll done by Angus Reid Institute shows that nearly 9 in 10 Canadians want a National Pharmacare plan and many of those are seniors. Seniors over 70 use 72% of all prescriptions.

In February 2020, Burnaby MP Peter Julian introduced Bill C-213 – the **Canada Pharmacare Act**, a historic step in the history of our country. The legislation will start the first hour of debate this month. The second hour of debate and the first Parliamentary vote will be in February 2021. Bill C-213 could be the law next year if all goes well.

We will be writing the federal government and actively lobbying on behalf of our CN Pensioners.

CN Community Board – Funding Grassroots Community Groups

CN now has a program designed to donate funds to grassroots community organizations in Winnipeg and across Manitoba.

Last year, during the CN 100 Celebrations in Winnipeg, CN announced the formation of the CN Winnipeg Community Board. Its mandate is to support local, grassroots organizations with smaller grant funding requests of up to \$20,000. It's part of CN's commitment to help build safer, stronger communities.

The Community Board's focus is on four main areas:

- **Health and Safety** - of all members of the community
- **Civic Engagement** - to bring people together and promote quality of life
- **Environmental Sustainability** - to protect the environment and enhance green spaces
- **Innovation** - to support innovation through transportation education and research

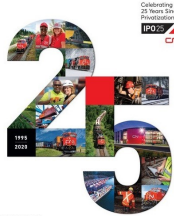
To be eligible, applicants must be non-profit registered charities, and must submit applications through CN's Grantstream on-line website.

Over the last year, the CN Winnipeg Community Board has provided financial support to nearly twenty local organization. Recipients include food banks, women's, family and youth resource centres and programs, community health centres, and others. As so many Manitobans struggle to cope with Covid pandemic-related challenges. The Community Board is paying special attention to organizations and programs that are helping people meet immediate needs: food, shelter, physical and mental health.

The CN Winnipeg Community Board is chaired by David Angus, former president and CEO of the Winnipeg Chamber of Commerce and now president of the Johnston Group. Its members include other prominent Winnipeg business and community leaders, as well as local CN senior leaders Paul Hackett (General Manager Network Operations) and David Radford (Sr. Director, CN Campus Winnipeg). Jim Feeny represents local CN pensioners, and local CN Public Affairs Manager Jasdeep Devgan is the Board secretary.

Many CN pensioners volunteer time and money to a variety of community organizations that may be eligible for funding under this program. If you would like more information on eligibility and how to have your organization apply for funding, please contact Jim Feeny at jim.feeny2@cn.ca

Are you interested in keeping up with what CN is doing? For your reading pleasure, check out the CN website at <https://WWW.CN.CA>. Just click on the "Learn More" button or on the top ribbon select "Media".



**25th Year of our
Privatization,
On
Nov 17, 2020**

CN celebrated the 25th anniversary of the IPO that converted CN from a Crown Corporation into a publicly owned corporation. Check out this commemorative virtual book. It takes you through the years since the IPO and notes specific events pertinent directly to CN as well as worldwide events that were occurring on the same timeline.

**100
CN**

**Celebrating 100 years
CN Shatters Grain
Record by Delivering
Biggest Month Ever**

Record comes as company prepares to receive new grain hopper cars sooner than planned
Montreal, October 30, 2020 CN (TSX: CNR) (NYSE: CNI) has exceeded the previous record of 2.88 million metric tons of Canadian grain moved set in October 2019, and is on track to exceed the previously unattained 3 MMT mark. This unprecedented performance follows seven record months of Canadian grain movement in March, April, May, June, July, August, and September.



**UNITED
FOR
RECOVERY**

CN has prepared a 2020-2021 Winter Plan as required by the provisions of the Canada Transportation Act.. This plan sets out the actions and innovations they have implemented to enable them to maintain their operations through the winter at a level acceptable to the needs of all their customers, while ensuring they operate in a safe and efficient manner.



Meet Your Executive

As President Ron Davis mentioned in his message, *your CNPA of Manitoba Executive continue to volunteer their time to serve you – our membership.* What better time than to meet your Executive and learn how each one adds value to our Association to make it work for you! Although each Executive member focuses on specific roles, they all chip in whenever and wherever needed. Should any of our members need to contact one of our Executive, their phone number and email address can be found on the left hand side of Page 2 in every edition of our Newsletter.



Standing Left to Right: Bruce Anderson, Patrick McMullin, Dave Kane, Serge Poulin, Ron Davis, John Mozol, Tim McCrindle, Ernie Yakiwchuk, Albert Delbaere.

Sitting Left to Right: Janet Lewis Anderson, Rose Chapman, Linda Schram, Joanne Gaborieau, Claudette McCrindle

Ron Davis – President: Ron has served as President since 2010 overseeing all aspects of the Manitoba Association. Ron previously served as Secretary of the Manitoba Association from 1995 to 2004 and has also served as President, Past President and Advisor of the National Council of CN Pensioners as well as Pension Committee Representative. Ron also enjoys arranging the Annual Golf Tournament.

Linda Schram – Vice-President: In this role, Linda assists the President in overseeing all aspects of the Association. She is the main contact for arranging the Centenarian Plaques for our pensioners who celebrate their 100th birthday. Linda has previously served as Member at Large, Special Events Chair, assisted with Hospitality for the Manitoba Association and was instrumental, along with Janet Lewis Anderson in developing both the Harvey Hosfield and Trade Bursaries. She also served as Director on the National Council. In addition, she sits on both the Pension Committee and the Health Care Committee representing the Prairie Region. She also co-chaired the CN 100 Celebration in Winnipeg.

John Mozol – Past President: Having served as President from 2007 to 2009, John now sits on the Executive as Past President in more of an advisory role, jumping in when and where he's needed. He is also responsible for chairing the annual elections.

Patrick McMullin – Secretary: Patrick has served in this role since 2009, recording all minutes of our Executive and General Meetings and managing our equipment inventory. You will also see Patrick roaming around at our various events capturing the memories on his camera. He is currently sitting on the National Council as Alternate Director for the Prairie Region.

Bruce Anderson – Treasurer: Initially Bruce joined the Executive as Member at Large before taking over the Treasurer duties from Jerry Dunford in 2019. As Treasurer, Bruce prepares the monthly financial statement recording all receipts and disbursements and ensures that we remain financially viable and healthy. Bruce also serves at the National level as Director for the Prairie Region and 1st Vice-President of the National Council. Bruce was also Chair of the CN 100 Celebration in Winnipeg.

Joanne Gaborieau – Membership: Joanne took on the Membership Chair role in 2016. She is responsible for collecting membership dues from those who are unable to pay automatically through their pension. She encourages new retirees to join our Association and prepares welcome packages for new members. Joanne is responsible for keeping an accurate record of contact information for all Manitoba members as well as updating our membership when it is necessary to do so following a member's passing. She serves as Regional Scholarship Chair and also serves on both the Harvey Hosfield and Trade Bursary Committees. At the National level, she originally served as Alternate Director and now serves as one of the Directors for the Prairie Region.

Tim & Claudette McCrindle – Publicity: As Publicity Chair, Tim along with his wife Claudette (Member at Large) are responsible for publishing our Manitoba Association Newsletter 3 times per year. In this role, they encourage the membership to contact them with stories of interest to our pensioner population. Tim also chairs both the Harvey Hosfield and Trade Bursary Committees and he and Claudette also sit on the Prairie Scholarship Committee with Joanne. At the National level, Tim acts as the Regional Editorial Rep for the National newsletter.

Rose Chapman – Outreach: As Outreach Chair, Rose keeps track of those who are ill and those who pass away. She also keeps track of happier events such as milestone birthdays and anniversaries preparing monthly reports as well as submissions to the Manitoba newsletter. In order to do this, Rose relies on her Committee consisting of George Lintick, Linda Ksionzek, Carson Hull, Albert Delbaere and Jack Moore to keep her informed. She asks that any member contact her or her committee with information on pensioners who are ill, hospitalized or are celebrating special birthdays or anniversaries.

Ernie Yakiwchuk - Special Events: As Special Events Chair, Ernie is responsible for bringing us interesting and informative guest speakers and for organizing our big events such as the annual picnic and Christmas luncheon. He says that topic suggestions are always welcome. Although 2020 has been quiet for Ernie due to the Coronavirus, he is looking forward to being able to resume our general meetings and hopes to plan something special to welcome everyone back.

Janet Lewis Anderson – Webmaster: In this role, Janet maintains our Manitoba website and Facebook page. She is also responsible for maintaining an online email platform which she uses to send out the newsletter electronically as well as notifying the pensioners with updates on issues relevant to the membership. She previously sat as Outreach Chair and Newsletter Editor and chaired both the Harvey Hosfield & Trade Bursary Committees and was instrumental in their development along with Linda Schram. At the National level, she served as Director for close to 13 years including 3 years as National Newsletter Editor and several as Regional Scholarship Chair.

Serge Poulin – Hospitality: In this role, Serge helps ensure the meeting room is properly set up for the monthly Executive and General meetings; has coffee, tea and donuts available for both meetings and also provides lunch for the Executive between the two meetings. Like Ernie, this year has been rather quiet for Serge, but he too is looking forward to when we can all meet in person again.

Albert Delbaere - Member at Large: As a Member at Large, Albert gives the Safety briefing at the start of each meeting as well as helps out wherever necessary. Albert has also been the contact person for the bi-annual Shooting Star trips. He previously served as Alternate Health Care Rep for the Prairie Region.

Dave Kane - Member at Large: In this role, Dave greets the members at the door at each general meeting. He ensures the members sign in, and if it happens to be a birthday month for a member, he gets them to put their name in for the birthday draw. Dave also looks after all of the door prize tickets.

In addition to all of the above, your Executive works hand in hand as a team and enjoys volunteering their time for you! Thank you to the Manitoba Executive and members as we are proud to be one of the most successful Councils in the country.

Staying in Touch - - - Now, and even more especially over the holiday season, it's important to stay in touch with friends and loved ones. If you have time, pick up the phone and call someone just to see how they are doing.

What you need to make a video call

Do you have a computer, tablet or smartphone? Want to learn how to make a video call.

Whatever device you're using, you're going to need it to have a camera. Using your smartphone for video calling is a great option. Mobiles are lightweight, easy to move from one room to another, and often have front-facing and rear-facing cameras that you can swap between. Most modern tablets will also have a built-in camera.

If you're using a computer, you'll need to activate the built-in webcam or purchase a plug-in webcam if that's not an option. These plug into a USB port and sometimes ship with additional third-party software to help you tweak the picture settings. There are countless video calling apps available, but we've picked out four of the most popular: Apple FaceTime, Facebook Messenger, Skype and WhatsApp. All four services work on smartphones (FaceTime only works on Apple devices, though). If you want to use your computer to video call, your best bets are Skype or Facebook Messenger. All of these are free to download and use over wi-fi. But note that if you're using them over a 3G, 4G or 5G connection, you'll eat into your mobile data allowance. Crucially, if you're using an app to video call, the person you're trying to contact will need the same app. For help, just Google how to make a video call on your computer or smartphone.

Railroaders In The Community CN Introduces Exciting New Program

helping people, changing lives.



How the CN Railroaders in the Community Works:

CN is proud of the hundreds of employees, their families, and pensioners who give generously of their time to local causes through our CN Railroaders in the Community program. They are part of the fabric of the many cities, towns and villages across our entire North American network, helping to make their communities better places to live and work.

CN supports their efforts by providing charitable donations to the organizations where CN railroaders volunteer.

Each hour of volunteer work earns a \$15 reward, up to a maximum of \$3,240 per employee per year (including volunteer hours completed by family members) and \$2,250 per pensioner per year (including volunteer hours completed by their spouse/surviving spouse). There is a maximum of 150 hours per calendar year for which you can claim rewards.

Incentive Bonus: if you are a current member of the CNPA (paying your \$1 per month membership), CN will give an additional reward of \$100 to one of the charities you volunteered for. This is another great reason to become a member of the CNPA, and to enter your 2020 volunteer hours into the new platform before Dec. 31.

How the Incentive Bonus Works: At the end of each calendar year, the CNPA will send a list to CN of all Pensioners who have paid their membership fee. CN will cross-reference this list with the Pensioners who applied for volunteer awards in RRITC in that calendar year. Through the Spark website, CN will send \$100 to a single charity that each member volunteered for. If a member volunteered for more than one charity, CN will contact the Pensioner in early January to ask them which charity should receive the bonus \$100. The bonus payments will be entered in January with the funds being transferred by mid-February. Please note that there is one (1) \$100 bonus **per PIN** and applies equally to surviving spouses.

As the RRITC program ends December 31st and restarts January 1st annually, all awards are reset. Therefore, any volunteer hours for the current year should be entered into Spark in that year in order for the bonus to be paid out in January/February. In order to qualify for the bonus \$100 for your charity, the minimum volunteer time is just one hour.

There is no limit to the number of organizations an employee, their family members, CN pensioners and the spouses/surviving spouses of CN pensioners can volunteer with.

Thanks to our new digital platform, you can now easily track your volunteer hours and see when the donation to your charity was made.

Normal volunteer rewards are transferred electronically to the eligible organizations on a monthly basis.

Check out the exciting new features of the Railroaders in the Community program on the website at: <https://cn.benevity.org>

Step-by-Step Guide:

To assist you in navigating the new program, CN has prepared a Step-by-Step Guide. You can find the link to this guide by visiting the Manitoba Website at <https://www.cnpensioners.ca/railroaders-in-the-community.html>. Click on the link to view it and then follow the instructions to enter your volunteer hours in the new platform. **Please note that an FAQ (Frequently Asked Questions document) is coming soon. We will announce it's availability on our website, Facebook page and next newsletter.**

Note: Should you encounter any difficulties logging in, using the new platform, or questions about the Incentive Bonus, please email Lorenza at railroadersinthecommunity@cn.ca.

**CN PENSIONERS
ASSOCIATION OF
MANITOBA**

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We're on the web -
www.cnpensioners.ca

We're on Facebook -
[www.facebook.com/
cnpensionersmanitoba](http://www.facebook.com/cnpensionersmanitoba)

Frequently Called Numbers

The CN Pensioners' Help Line 1-800-361-0739.

Always have your PIN to better identify you when making inquiries.

If you move, call the above number.

If you are married at the time of retirement, make sure that CN has your spouse's name on file.

Changing banks, with direct deposit, never close your old account until the cheque shows up in the new account.

Change of Address, Pension and Rail Passes info.	1-800-361-0739
Canada Pension & Old Age Security	1-800-277-9914
Canada Custom & Revenue Service	1-800-959-8281
Blue Cross National Claims Direct Plan 93115	1-888-873-9200
Income Tax Preparation & Questions - Jim Miln	204-253-0137
Health Links/Info Santé	204-788-8200
	or 1-888-315-9257
CN Police	1-800-465-9239, #3

Phone numbers for International Employees:

U. S. Railroad - Fargo	1-877-772-5772
U.S. Social Security - Grand Forks	1-888-617-0456

For Travel Savings with Collette, visit

<https://www.gocollette.com/en-ca/landing-pages/partners/cnpa>

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